Carrots

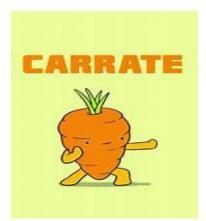
- Carrots are a root vegetable.
- Carrots are 87% water.
- The average person will consume 10,866 carrots in their lifetime!
- Carrots are the second most popular type of vegetable after potatoes.
- Did you know?? Wild rabbits actually do not eat wild carrots!
- The heaviest carrot weighs 22.44 pounds and was grown by Christopher Qualley of Otsego, Minnesota.



Dip Ideas for your Carrots:

- 1. Ranch Dressing
- 2. Hummus
- 3. Peanut Butter
- 4. Cheese Cup or Sauce
- 5. Spinach Dip





Carrot Joke:



