

RED PEARS



- There are about 3,000 variety of pears grown around the world.
- A pear is 84 percent water.
- The wood from the pear tree is used to make furniture & musical instruments.
- Pears can be either green, red, yellow, or brown.
- Can be stored in the fridge after they are ripe for 2-3 days.



YOGURT PEAR POPS

INGREDIENTS

- 2 ripe red or green Anjou USA Pears
- 1/2 cup yogurt
- Milk, as needed, to thin yogurt
- 1/2 cup each, chocolate chips, chopped nuts, shredded coconut, or any favorite toppings
- 8 Kabob Skewers

DIRECTIONS

Have a parent help you slice the pears, top to bottom, in 1/2 inch pieces. Skewer pear slices and lay on a tray lined with parchment paper. In a small bowl, whisk together yogurt and milk until mixture is thin enough to drizzle with a spoon. Drizzle pears with yogurt mixture and melted chocolate (if desired) and decorate with your favorite toppings. Place pears in freezer for 20-30 minutes, or until toppings have frozen. Enjoy!