O'Fallon Township High School Resource Guide

Agency	Therapist	Address	Phone	Service	Insurance/Pay
A Thousand Words	Jan Georgen, Art Therapist	111 Union Hill Rd Fairview Heights, IL 62208	618-394-8952		Accepts most insurances including TRICARE
Appleton, Diana	LCSW, BCD (does not see adolescents because she's nearing retirement and doesn't want an attachment to form)	153 N. Main Street Shiloh, IL	618-219-8271	Anxiety/depression Family counseling No marital therapy	Blue Cross Blue Shield, no TRICARE
Arbor Counseling	Cathy Daesch, Art therapist, LGBTQ friendly, Kim Rydgig, LCPC, Kathleen McMullan, LCSW http://www.arborcounselors.com/	208 West Pointe Dr. Suite B Swansea, IL 62226	618-235-3857	Sees children as young as 3, depression, anxiety, grief, healing from childhood or adult traumas, relationship issues, ADHD, and behavioral challenges in children	Major insurances including, but not limited to Blue Cross/Blue Shield, TRICARE, Aetna, HealthLink, and Cigna.
Balanced Solutions Counseling, LLC	Vicki Ginder, LCSW, MSW Clinical Director Kacie Wall, LCSW, MSW Kelli Silhavy, LCSW, MSW Numerous other therapists A contract dietician (work with eating disorders)	4972 Benchmark Centre Drive Swansea, IL 62226-2028	618-207-3456	Individual/Family/ Group, **Eating Disorders,** Addiction, Depression/Mood Disorders, OCD/ Anxiety Disorders,	Private Pay, TRICARE Blue cross blue shield Anthem United healthcare Aetna Cigna

				Grief/ Adjustment Disorders FREE community in-services (for prevention efforts)	HealthLink Value options
Baptist Children's Home & Family Services	Mark McCormick, LCPC, Director of Metro East	Pathways Counseling Metro East 4950 Old Collinsville Road Swansea, IL 62226	Swansea: (618) 624-4060 Edwardsville: (618) 447-0257 Wood River: (618) 251-9790	Individual & family counseling, residential care for teens experiencing difficulties or pregnancy, therapeutic play room for young kids, parenting groups	Accepts most insurances including TRICARE
Beckstrom-Radcliff, Kristin	MSW, LCSW, LGBTQ Friendly	3 Eagle Center, Suite 2 O'Fallon, IL	618-616-1235 kbradcliffe@gmail.com	See children, adolescents, families	Accepts TRICARE and most major insurances
Beckwith, Lori	Was an elementary school counselor years ago, private practice now	Columbia, IL	618)-391-0076	Adolescents, teens, families, mindfulness/meditation, family mediation, holistic approach to therapy, not big on medication	Private pay or takes major insurance, No TRICARE
Benson, Amanda	Counselor, MA, LCPC	1161 Fortune Blvd Suite 400 Shiloh, Illinois 62269	618-830-8146 (direct cell phone) 618-390-4295	Adolescents aged 15+ (no geriatrics), anxiety, depression/mood disorders	Accepts TRICARE and most major insurances
Belleville Counseling Associates	5 therapists Linda Spriggs, LCSW Jean Hasenstab, PhD, LCSW Paula Downs-office manager	5 Executive Woods Ct. Lower Level	618-277-7570 (to reach any therapist)	Sees children as young as 4, play/sand tray therapy	Accepts TRICARE and most major insurances, sliding

		Swansea, IL 62226			fee scale for those uninsured.
The Brown Clinic	Linda Busch, LCSW Ashley Brown, LCSW	4460 N Illinois St Ste 7 Swansea, IL 62226	618-222-7277		
Call For Help	Kara Bordeaux-Sexual Assault Victims Unit Counselor Megan Denton Gillette, LCPC	9400 Lebanon Rd East St Louis, IL 62203	618-397-0963 Counseling services: 397-0968	Crisis Intervention, Sexual Assault Victim's Program, Transitional Living Program (residential), Resources for Homeless, Outpatient Counseling Services	Sliding fee scale, Some services free, Medicaid
Cardinal Glennon Adolescent Office	Dr. Dianne Elfenbein Dr. Marianne Dunstan Dr. Meghan Guerra Jenny Furtak, MSN, RN, CPNP Theresa Forsythe, Secretary		314-268-6406	Issues related to normal puberty, growth & development, psychosocial development, some behavioral issues, menstrual issues, sexuality, sexually transmitted diseases, eating disorders	All Major insurances, financial assistance available for underprivileged patients

Caritas Family Solutions	Elke Hansen, Regional Director	8601 West Main Street Belleville, IL 62223-1719 (other locations, in Mt. Vernon, Carterville, East Alton)	618-394-5900 (for counseling) 618-213-8715 (Kelsey Jones)	Depression, anxiety/panic, grief, social phobias, anger management, children in divorce	Private Insurance is accepted, Proof of Income required for sliding fee scale, all major insurances, no TRICARE, no Medicaid/ Medicare
CASI (Counseling Associates of Southern Illinois)	http://www.casicounseling.org/casi-counselors-therapists/ each clinician specializes in different areas. Bob Clipper-mediation w/ adults who are divorcing & custody evals, children of divorce Sheri Miller-adolescents & family Maria Middleton-sexual abuse survivors, eating disorders, relaxation techs, divorce counseling Rob Stoelzle-children and adults Christianne Judy-adolescents Scott Baer-children & adolescents Janice Sheridan-individuals, couples & families, trauma/abuse, communication, depression/anxiety Jane Fitzpatrick- crisis intervention	1669 Windham Way Suite B O'Fallon, Il 62269	618-622-2579 Evening and Weekends available	Marital and Relationship Problems •Depression and Anxiety •Panic Attacks •Sexual Relationship Problems •Teen Issues •Grief and Loss •Trauma Work •Separation Anxiety •Work and Career Issues •Life Transitions •Stress Management •Parenting and Family Issues •Conflict Resolution •Pre and Post-Divorce Counseling	Major insurances including TRICARE

				•Pre-Bariatric Psychological Evaluation •Gottman Method Couples Counseling •ADHD •ODD •Mediation •EMDR •Eating Disorders •Custody Evaluations •Testing •Autism Assessment	
CHASI (Children's Home and Aid Society of Illinois)	LGBT Friendly; http://www.childrenshomeandaid.org/	2133 Johnson Road Suite 104 Granite City, IL 62040	618-235-5335 (Belleville Office) 618-452-8900 (Regional Office)	Counseling, crisis intervention, homeless youth program ages 10-17 (Basic Center Program)	Sliding fee scale
Chestnut Health Systems	Jamie Martens	12 N. 64th St. Belleville, IL 62223	618-397-0900	Outpatient, crisis intervention, psychiatric services, supported residential, community support	Sliding fee scale, accepts medical card
Chilakamarri, Srinivas Dr.	Group Psychiatric Services PC, Psychiatrist- Affiliated with St. Anthony's	10004 Kennerly Rd Suite 362b Saint Louis, MO, 63128	314-849-0450	ADHD, Bipolar Disorder/ Manic Depressive Disorder, Depression, Depressive Disorder, Insomnia, Psychiatry, Schizophrenia, Sleep Disorder	Anthem Blue Cross Blue Shield, Blue Cross Blue Shield, Cigna, First Health (Coventry Health Care), HealthLink, Humana, MultiPlan

Clayton Behavioral	Large staff of Therapists, adult and child psychiatrists, LCSWs, etc. (approx. 30) https://claytonbehavioral.com/bios/ Robert Riley, MAADC II Ned Presnall, LCSW	9890 Clayton Road Suite 100 Saint Louis, MO 63124	314-222-5830 https://claytonbehavioral.com/contact-us/	Substance abuse/mental health treatment, trauma, mindfulness, many free groups	Each provider is different, see bio to determine pay, program therapists are private pay only
Comprehensive Behavioral Health Center of St. Clair County	**Not taking new patients for mental health services at this time (as of 8/30/2016)**	505 South 8th Street East St. Louis, Illinois 62201	618-482-7330	Opiate Treatment; Federal Probation (Referrals), SMARTS (Inpatient Treatment), Children and Adolescent Services; and Parenting for Success (Young teenage mothers up to age 18).	Molina, Harmony, Meridian and Medicaid
Conner, David	MD, Psychiatrist	Executive Woods Ct Ste 2 Swansea, IL 62226	618-222-9383	Sees individuals aged 18+	Major insurances including TRICARE
Corn, Kathy	LCPC, St. Louis Behavioral Medicine Institute http://www.slbmi.com/	521 W. Main St. Ste.201B Belleville, IL 62220 (other locations available)	618-825-0051	children, adolescents and adults with anxiety disorders, mood/depressive disorders (including bi-polar disorder), autism/Asperger's disorder, ADHD/ADD and	

				other mental health problems	
Cornerstone Counseling	Tiffany Marsh Tammy Bowles 8 different counselors	2016 Vadalabene Dr Ste A, Maryville, IL 62062	618-288-8787	Sees clients for a variety of different reasons, offers EAPs for parents who work at Anderson Hospital, Scott Air Force Base etc.	All major insurances-no Meridian, Molina plans
Counselors Associates, Ltd.	Multiple therapists	Maryville Office Shiloh Office	972-1568 206-8350	Individuals, couples, families, groups Anxiety, behavior, depression, grief, trauma, etc.	Major insurances Each therapist accepts one client pro-bono
Family Life Consultants	Michelle, office manager 7 total clinicians http://www.familylifeconsultants.com/therapists Sanda Becker-Warden, LCSW, ACSW, BCD Amanda McCalister, MSW, substance use, LGBT, adolescent/adult Kelsey Osborn, MSW, mental health, foster care, trauma, crisis intervention, self-injury, depressive disorders, anxiety/parenting dynamics	2014 Vandalia Street Collinsville, IL 62234	618-345-9536	Children through adults, individuals, couple and group therapy-varies by psychotherapist, bariatric evals, ADHD evals **Mind and Body Image Center** Body Image Group, Eating Disorder Treatment	Sliding fee scale, accepts all major insurances including TRICARE, accept EAP and private pay
Family Hospice of Belleville	Jane Edgar, LCSW, ACHP-SW – Director of Social Work or Diana Cuddeback, MSW, LCSW – Heartlinks Program Director	5110 West Main Street Belleville, Illinois 62226-4729	618-277-1800 Myheartlinks.com	Grief counseling for children/families, pet therapy, music therapy, Veteran care	Medicare

Fezzi, Raymond	LCSW, EMDR Certified **Does not accept patients under age 18**	6220 S Lindbergh, Suite 201 Saint Louis, Missouri 63123	314-227-9266 rayfezzi@gmail.com	Relationship difficulties, depression, anxiety disorders, and addictions among others	Major insurance, TRICARE and Medicare
Friesen, Darren	MD, Psychiatrist	1750 S Brentwood Blvd Saint Louis, MO 63144	314-968-2111	Sees Children, Adolescents, teens, specializes in multiple diagnoses; Autism Spectrum	Private Pay, clients bill insurance on own
Dr. Fournier (Mary)	MD Wash U Adolescent Medicine http://pediatrics.wustl.edu/adolescent/	Memorial East 1414 Cross Street Shiloh, IL St. Louis Children's Hospital St. Louis Children's Specialty Care	314-454-2468	Evaluation and management of adolescent menstrual problems; birth control counseling, including Nexplanon and IUD placement and removal; screening and treatment of STDs; evaluation and treatment of anxiety, depression and eating disorders	
Gardner, Jodi MSW, LCSW	PSOP Resource Center or Homebound, Associated with SWIC		618-234-4410 ext. 7031	counseling for adults 60+ and their caregivers	FREE
Gateway Regional Medical Center	Child & Adolescent Psychiatry	2100 Madison Ave , Granite City, IL 62040	618-798-3888 Resource Center	Child & Adolescent Psychiatry, ages 6-17, family group and individual therapy, 100 bed	Free care available to those not financially stable, can also apply for

				inpatient facility for mental health patients	discounted rates w/in 60 days
Gullo, Cindy	Therapist https://cindygullo.com/	1218 Paragon Dr. O'Fallon, IL 62269	618-806-9507 cindy@cindygullo.com		Blue Cross Blue Shield, private pay
Hall-Davis, Jacquelyn (Jackie)	MD, Psychiatrist **Approx. 4 month wait for new appointments. (Feb 2017)**	O'Fallon, IL Private Practice	618-622-9240	Child/Adolescent psychiatry	Only TRICARE
Horizon Hope Counseling (Christian-based)	Dr. Steve Heitkamp, Director, D.Min, LCPC , Wendy Arneson, MA, LCPC, NCC , John Frisbie, M.Div. MAMH, LCPC, Rick Fagan, MA, LPC , Amy Morby, MSW, LCSW , Katie Kibort, MA, LPC, NCC	785 Wall St., Suite 200 O'Fallon, IL 62269	618-367-2194	Individual Counseling, Couples/Marriage Counseling, Family Counseling , Child/Adolescent Counseling, Work/Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution, Pre-Marital Workshops, Couples Workshops, Parenting Support/Workshops, Grief Counseling/Workshops, Work and Career Issues, Clergy/Congregational Support	First Evaluation: $150, On-Going Counseling: $130, Adjusted Fee Scale, (based on income), Major insurances accepted

Hoyleton Youth and Family Services		Hoyleton, Salem, Belleville, Fairview Heights Marion, Wood River, locations of offices and residential facilities	618-688-4727 (Behavioral Health Department)	Individual, group and couple therapy. Behavioral Health (child sexual abuse, child/family in foster care, court fitness counseling), Residential Services ages 9-21, Child Welfare Services	Medicaid
I Think I Can Learning Center		125 N Ruby Ln Fairview Heights, IL 62208	618-398-4226	Child/Adolescent Psychiatry	Accepts TRICARE, no HealthLink or Medicaid
Klee, Kitty	Therapist	110 Fullerton Rd, Swansea, IL 62226	618-239-6853	Sees children, adolescents, and families, specializes in treating behavior issues and self-injury	Accepts TRICARE, Blue Cross Blue Shield, Cigna
Lehr, Lori	LCPC, therapist (same office as Elizabeth Volkman)	520 Fullerton Rd Ste B, Swansea, IL 62226	618-277-5300	Children age 8+, anxiety, depression, sexual trauma, ADD, EMDR Therapy	Self-pay or insurance only (major insurances), Accepts TRICARE
Lewis, Christopher	MD; Endocrinologist; Transgender Center @ Children's Hospital	St. Louis	855-646-7267		
Lincoln Prairie Behavioral Health		5230 S 6th Street Rd, Springfield, IL 62703	217-585-1180 888-501-1180	Psychiatric hospitalization, boys & girls ages 3-17, partial hospitalization & outpatient also available	
Dr. Loth (Annemarie)	MD; Psychiatrist St. Louis Behavioral Medicine Institute	Chesterfield, MO	314-289-9411		

	https://www.slbmi.com/staff-members/annemarie-loth-md	(Also has City of St. Louis and Belleville offices)	(New patient intake number for all locations)		
Marcus, Stuart	Therapist, ACSW		314-482-6617	Adolescents, marriage	
MADD	Contact person: Kim Dillard- chairperson for WalkLikeMADD in O'Fallon	1430 Branding Lane - Suite #104 Downers Grove, Illinois 60515	618-409-7900- Kim 630-541-6099- Illinois office of MADD	Emotional support to those victims of drunk/drugged driving. Also provide criminal justice process assistance	**Free** services
McHenry, Melissa		Belleville, IL	618-444-1331	Domestic issues, Eating Disorders, Anxiety, Cutting and Depression	Wide variety of insurances accepted.
Molitor, Rebecca	LGBTQ friendly	1 Eagle Center Ste 2 O'Fallon, IL	618-567-0821	Attachment disorders (adopted/foster children), identity issues with lesbian, gay, transgender individuals, trauma, certified in prenatal bonding	Private pay, major insurances, no TRICARE
New Horizons Behavioral Health	Contact Person: Devon www.nhbh.com Ph.D. psychologist on staff does testing for child/adolescents	910 N Main St Edwardsville, IL 62025	618-659-8787	Counseling services for children through adults	No TRICARE, accepts Blue Cross Blue Shield
Pacini, Tracy	Psychiatrist, LGBTQ Friendly	Granite City, IL	618-512-1919	ADHD	
Dr. Park (Robin)	MD, Psychiatrist http://sparrowps.com/about-us/	777 Craig Rd Suite 100 Creve Couer, MO	314-991-1033		Aetna Better Health Anthem BCBS Blue Cross Blue Shield Aetna Coventry GHP Mental Health Network TriCare

					UMR Value Options Magellan Carpenter's / Laborer's Cigna Healthlink United Behavioral Health United Health Care Mercy BJC
Pierson, Brittany	LCPC, EMDR certified, office located at Cornerstone Counseling, self-employed **New patients-wait time-2 weeks** Tues, Wed, Fri, evening hours available Off on Mon. and Thurs.	2016 Vadalabene Dr Ste A, Maryville, IL 62062	618-920-2238	Teens & adults, anxiety, depression, adjustment disorders, stress management trauma, CBT and EMDR therapy approaches	Self-pay or private insurances, most major insurances including TRICARE
Piney Ridge Center	http://woodridgecare.com/index.html	1000 Hospital Rd, Waynesville, MO 65583	573-774-5353	Residential treatment for boys & girls ages 6-18 struggling with behavior problems, mental illness, and sexual misconduct Length of stay varies from 7-12 months depending on client progress and situation	Many insurance plans, funds through Board of Education, DCFS contracts for individuals in their care, some forms of Medicaid
Porter, Dawn	Child and Adolescent Psychiatrist	Granite City, IL	920-3735		
Provident Counseling	http://www.providentstl.org/AboutUs/ClinicalStaff.aspx	141 Market Place Ste 206 Fairview Heights, IL 62208	First appointment 1-800-782-1008, 618-698-7250	Children through adults, individual/family	Sliding fee scale, each therapist accepts different insurance

Psychiatric Services of Southern Illinois	Chalfant, Jeffrey, MD- sees patients 18+ Kati Michalas, LCPC-eating disorders, depression Mistie Tennant, MAPC-ages 11+, depression/anxiety, bipolar Kelsey Quade, MA, LCPC, NCC http://drchalfant.com/psychiatric_therapist.htm	2900 Frank Scott Parkway W., Ste. 990 Belleville, IL 62223	618-236-6501	Varies by therapist	TRICARE, Health link, Medicare, Anthem, Mhnet, United Healthcare, Cigna, Aetna, BCBS of IL, Humana
Reinert, Ken,	MD, General Physician	Green Mount Rd Ste 108 O'Fallon, IL 62269	618-624-5510	Good with ADHD, Depression, etc., sees primarily military	All major insurances
Rothweiler, Jeff	Ph.D. Psychologist	13001 North Outer 40 Road Children's Specialty Care Center Chesterfield, MO 63017	314-454-6069	Children up to 18, specializes in boys with behavioral issues	No IPA, accepts some TRICARE
Sewing, Bryan	DO, psychiatrist, 3 other therapists on staff knowledgeable about spectrum	11709 Old Ballas Rd Ste 103 Saint Louis, MO 63141	314-432-2428	Knowledgeable about Asperger's Syndrome	Anthem
Sterling, Carol	LCPC	2900 Frank Scott Pkwy W Ste 956a Belleville, IL 62223	618-624-5796	Specializes in treating eating disorders/emotional issues, individual counselling adults and adolescents, marriage counseling	Accepts TRICARE and other major insurances
Ugarte, Leticia	Psychiatrist, Affiliated with St. John's Mercy	Bellerive Executive Park	314-251-6898 314-628-6550	ADHD/ADD, Bipolar Disorder / Manic Depressive Disorder,	Aetna, Anthem, Anthem MO Direct Access

		970 Executive Parkway Dr Saint Louis, MO 63141		Depression, Depressive Disorder, Insomnia, Schizophrenia, Sleep Disorders	w/HAS, BCBS Blue Card, BCBS Illinois, Cigna, Great West, Home State Health Plan, Humana, Multiplan
United Way Helpline	Automated answer, provide area code, then speak to a representative- 24/7	Via phone	2-1-1 800-427-4626 (Missouri and Southwest Illinois)	Automated service providing referrals for food, clothing, medical assistance, government agencies, social service programs, and financial assistance. Social workers and clients can call.	FREE
Washington University Department of Psychiatry	7 different attending child and adolescent psychiatrists	660 S. Euclid Ave. St. Louis, MO 63110	314-286-1700	**Possible 6 month wait**, Mood Disorders, Child/Adolescent Psychiatry, Perinatal Behavioral Health, **must be referred by a physician**	Some Medicaid slots, most major insurances
Watson, Linda	MSW, Affiliated with PSOP (Programs and Services for Older Persons) SWIC		618-234-4410	Counseling for caregivers of older adults, support group for grandparents raising grandchildren	FREE