

# O'Fallon Township High School Resource Guide

Resource	Phone	Address	Service	Notes
Alcoholics Anonymous	618-632-8815	O'Fallon Trailer 108 Carbon Hill Rd. O'Fallon, IL 62269	Daily meetings; support group	Central Service Office 618-251-4000-South Roxana, IL <a href="http://www.aa-district14.org/meetings.php">http://www.aa-district14.org/meetings.php</a> District 14 contact #: 800-307-6600
Call For Help	618-397-0968	9400 Lebanon Rd East St Louis, IL 62203	Rent/utility assistance, rapid rehousing, transitional housing-homeless single mothers, homeless mentally ill program, victims of rape/sexual assault/abuse	
CARES Line (Crisis and Referral Entry Services)	1-800-345-9049		Automated telephone response system for mental health crisis for children and youth	Parents/guardians call concerning their young child, determines SASS assessment (through Chestnut), only allowed for children on Medicaid
Children First Foundation	618-235-6192 618-236-2099-St. Clair-Sara (appts.) 618-251-6214-Madison-Bev (appts.)	1909 Dublin Blvd # B, Belleville, IL 62221	Assist children and parents in separation & divorce situations. Mandated 4 hour classes for divorcing parents-parents may not attend together, St. Clair and Madison Counties	Also have family exchange centers to facilitate the exchange of children from one parent to another. (parents don't have to see one another)
Children's Hospital	BJC Behavioral Health # 314-729-4004		New adolescent inpatient behavioral health. IOP pending.	Admittance to inpatient through ER. Can call BJC Behavioral Health # with questions.
Church of Christ	618-397-1659	9955 Bunkum Rd Fairview Heights, IL 62208	The Clothing Closet-open Tuesday mornings (website has official openings)	<a href="http://www.fairviewheightschurch.org/index.html">http://www.fairviewheightschurch.org/index.html</a>
Compassionate Friends	618-977-0924	Heartlinks Grief Center, 5110 W Main St, Belleville, IL	Organization for those who have lost children, group meets 1 <sup>st</sup> Monday of the	Dorothy is the contact person. <a href="mailto:dlbrisk@gmail.com">dlbrisk@gmail.com</a>

		62226 (meeting location)	month at 6:30 p.m.	
Daylio	n/a	App	Mood tracker and diary app for Android and coming soon to iOS/Apple	<b>Free</b> Allows user to select mood for the day including activities completed that day. Charts activities and mood to help see patterns. Can also keep an "old school" journal.
Delmar Dental	618-877-4488  618-258-8460	1820 Delmar Ave, Granite City, IL 62040  2 Terminal Drive, Suite 8 Bethalto, IL-62024	Dental Services through Southern Illinois Healthcare Foundation (other services available to low income families, too)	Accepts Medicaid, Medicare, TRICARE, and other major insurances, sliding fee scale available
Doil, Cynthia "Cindy"	618-256-9595	404 W Martin St, Scott AFB, IL 62225		<a href="mailto:MSG.SLO@amc.af.mil">MSG.SLO@amc.af.mil</a> .
Doss, Becky	314-251-8885 # for Mercy Hospital Dietician Services	615 S New Ballas Rd. St. Louis, MO	Clinical Dietician with experience in eating disorders	Need referral from doctor Some insurances cover Medical Nutrition Therapy, contact them first to check.
First Transit	877-725-0569		Provides non-emergency medical transportation	Must call with doctor's name, phone #, appointment time etc. Only for families on Medicaid
Gateway Foundation	877-505-4673  St. Louis Area Outreach Coordinator-Matt Germann	Carbondale 877-505-4673 Swansea 877-505-4673	Alcohol and Drug Treatment Centers-provides inpatient, day treatment, and outpatient services to men and women.	Private insurances-most major, private pay, Medicaid Locations vary on services provided-Carbondale has inpatient for adolescents (not locked down) Swansea has outpatient for adolescents Referral form available at RecoverGateway.org
Good Samaritan Shelter	618-876-0607	1825 Delmar Blvd. Granite City, IL 62040	Temp housing & basic needs for homeless women and children	
Hearts in Faith, NFP	314-529-0214 heartsinfaith.wordpress.com	Wood River, IL	Support groups and programs for teen moms	
Holy Angels Shelter	618-874-4079	1410 N 37th St, East Saint Louis, IL 62204	Shelter for women & children (for 6-9 weeks)	Case management for rent/mortgage assistance, referrals for counseling, seeking employment etc.
House of Hope	(913) 262-8885	7044 Antioch Rd,	"House of Hope (Kansas City) is a	<a href="https://www.houseofhopekc.net/">https://www.houseofhopekc.net/</a>

		Overland Park, KS 66204	Christian-based nonprofit residential therapeutic home for teenage girls ages 12-17 who are struggling emotionally and behaviorally with adoption, trauma or other life disappointments.	
Housing Resource Center	314-802-5440 618-825-3330	800 N Tucker Blvd # 3, Saint Louis, MO 63101		Most shelter and transitional housing programs require intake through the Housing Resource Center.
IL DCFS	618-257-7500	1220 Centreville Avenue Belleville, IL 62223		Advocacy Office: 800-232-3798; 217-524-2029 Complaints about DCFS directed here Child Abuse Hotline: 800-252-2873

Il Dept. of Human Services	618-583-2300	Family Community Resource Center 225 N 9th St East St Louis, IL 62201	Receives applications for Cash, SNAP, and Medical Assistance	
Illinois Masonic Children's Homes	708-352-4240 618-684-8870	LaGrange Murphysboro	Serving children ages 4-16 with dysfunctional families, low academic achievement, depression/anxiety and poor self-esteem, abuse/neglect, poverty	Long term residential <b>care</b> , no cost, children remain in custody of their parents/guardians, children attend local schools, voluntary, do not allow children with severe behavioral problems  Contact either November Davison or Francisco Enriquez (program directors/associate administrator)
Illinois Center for Autism	618-398-7500	548 South Ruby Lane Fairview Heights, IL 62208	FREE monthly support group for children with Autism and their parents/family	Contact Christina Haren 618-398-7500 ext. 304 Support Group held 3 <sup>rd</sup> or 4 <sup>th</sup> Wednesday of month from 10-12:00 p.m.  Other groups available to individuals with Autism that focus on social skills-cost per session
Karla Smith Foundation	618-624-5771	14 Park Place   Suite B Swansea, IL 62226	Support groups for those who have loved ones with mental illnesses and those who've lost loved ones to suicide.	Belleville, IL support group for mentally ill- 1st & 3rd Thursdays of every month; 7 - 8:30 p.m.; Peace Chapel Contact: Tom and Fran Smith 618-628-3129  Belleville, IL support group for those who lost someone to suicide; 2nd & 4th Thursdays of every month; 7 - 8:30 p.m. Contact: Tom & Fran Smith: 618-628-3129
Kids in the Middle	314-909-9922	2650 South Hanley Road Suite 150 Maplewood, MO 63144	Group, individual, and family counseling for children and parents going through divorce or separation. Will meet with clients long after divorce as well.	All private pay, sliding fee scale

Lincoln's Challenge Program	1-800-851-2166 217-892-1314- Recruiting Coordinator Office 618-874-5420-st . Clair Regional Recruiter Terrell.m.johnson2. ctr@mail.mil	205 Dodge Avenue Rantoul, Illinois 61866	Alternative Education for at-risk students aged 16-18. Must be high school dropout. Focus on 8 core objectives which include academic excellence-can earn GED, job skills and life skills, etc.	<b>No cost</b> to students or families other than uniforms and toiletries. <a href="http://www.ngycp.org/state/il">www.ngycp.org/state/il</a>
McCallum Place	800-828-8158 After hours: 844-311-9144 St. Louis: 314-968-1900	231 W. Lockwood Ave., Ste 201 St. Louis, MO 63119	Treatment of eating disorders via inpatient and intensive outpatient care	Anthem Blue Cross, United Health Care, Aetna Health Plans, Mercy, Cigna and MHNet. No Medicare or Medicaid.
Mercy Behavioral Health	314-251-6565  314-525-7275	Mercy East  Mercy South (Hyland Behavioral Health)	Counseling, medication therapy, dual diagnosis treatment, chemical dependency treatment	Inpatient and IOP; Used to be St. John's and St. Anthony's--now all under Mercy.
Mercy Ministries		St. Louis, MO	Christian inpatient treatment for women aged 13-28 for a variety of issues.	FREE of charge  Other locations available, pregnant teenagers who wish to join the program will specifically be placed in the Nashville, TN home.
Moms on a Mission	<a href="mailto:Momsonamission618@gmail.com">Momsonamission618@gmail.com</a> Also on Facebook	441 McBride Ave, Dupou, IL	Assistance for homeless or other families in need	Non-profit public charity
Mosaic Pregnancy & Health Center	618-355-9977  618-451-2002	115 Lincoln Place Ct Ste 102, Belleville, IL 62221  2019 Johnson Rd. Granite City, IL 62040	STD/STI testing, pregnancy testing, ultrasounds, childbirth and parenting classes	<b>Free</b> Services, with completion all 4 classes receive material assistance- diapers, wipes, bottles, formula, blankets, onesies Completely confidential ReL8 Curriculum in schools-contact Julie at 618-451-2002.
Narcotics Anonymous	618-398-9409 Edwardsville			Several Meeting locations across Belleville, Collinsville, E. St. Louis, and more. <a href="http://www.naws.org/meetingsearch/">http://www.naws.org/meetingsearch/</a>

National Suicide Hotline	1-800-273-8255		Talk with a counselor	Can also text the word "start" to 741-741 to text back and forth with a counselor
O'Fallon Community Food Pantry	618-624-7040	801 E. State Street O'Fallon, IL 62269	Food pantry, toiletry and hygiene items	Food Pantry Hours: (only one visit/month) Monday 9:00 am - noon Tuesday 9:00 am – 3:00 pm Friday 9:00 am - 3:00 pm Need SSN and proof of residence
O'Fallon Township	618-632-3517 Township Office	801 E State Street O'Fallon, IL 62269		Rotary van- \$1.00 rides, seniors free, curbside pickup Monthly rummage sales (2nd Sat. of month) General Assistance for needy families
Office of Rehabilitative Services	618-235-5300	601 S High St, Belleville, IL 62220	Assistance for people with disabilities looking for jobs or living independently, STEP program-high school students	
Planned Parenthood	618-277-6668	Lakeland Square, 4529 N. Illinois St. Belleville, IL 62226	Birth control & morning after pill, STD testing, men's and women's health care, pregnancy testing	Insurances accepted: Aetna, Anthem Blue Cross Blue Shield PPO, Blue Cross Blue Shield Federal, Cigna, Coventry PPO, Harmony, Health link, Healthlink State of Illinois Illinois Department of Public Aid Medicare IL-NGS, Meridian, Molina BC and women's exams are typically covered for free.
Project Rachel	888-456-HOPE (4673) national hotline		Post-abortion counseling	Belleville Contact: Laurie Phone: 888-456-HOPE (4673); 618-235-9601 ext. 133
S.A.F.E Alternatives <small>Self-Abuse Finally Ends</small>	800-366-8288	St. Louis, MO	Individual/family therapy and treatment for self-injurious behaviors, includes psychotherapy groups	<a href="http://selfinjury.com/">http://selfinjury.com/</a>  Psychotherapy groups meet Wednesdays from 5:30-7:00 p.m. at the STL clinic  Most major insurances, no Medicaid
SASS Program	1-800-345-9049		State hotline connects families to services	
Sexual Assault and Response Program (SAPR)	618-256-7272 24/7 phone number  618-256-4196	Scott Air Force Base	guidance and support for victims of sexual assault, unit commanders, first responders and those who wish to prevent or respond to sexual assault crimes	ONLY for military, or DOD civilians and their dependents Major General James Johnson-Director Assigned Victim Advocate and Legal Counsel if client chooses
SIU School of Dental Medicine	618-474-7000	2800 College Ave Alton, IL East St. Louis	Provides all dental services at a discounted rate	Medicaid accepted, will bill insurance Can pay in two installments if a larger procedure is performed-like orthodontics



So. Illinois Health Care Centers				All Take Medicaid
<b>Centreville</b>	Behavioral Health: 618-332-2083	6000 Bond Avenue Centreville, IL-62207		Behavioral Health, Internal and Family Medicine, Nephrology, Pediatrics, OB/GYN, Dental Services <b>Mother &amp; Child Center &amp; Adult Care Center located here</b>
<b>Washington Park</b>	618-875-4701	5540 Bunkum Rd East Saint Louis IL, 62204		
<b>West Belleville</b>	OB/GYN: 618-394-0712 Family Practice: 618-398-8840 Behavioral Health: 618-398-9850	7210 W Main St Ste 102, Belleville, IL 62223		Behavioral Health, OB/GYN, Family Practice, Internal Medicine, Dental services
Spectrum Wilderness Program-Touch of Nature	618-453-1121	Southern Illinois University Mail Code 6888 Carbondale, IL 62901	Therapeutic Recreation	Camp Little Giant- for anyone with special needs-physical, cognitive etc. 1-2 weeks long-contact Vicki.
St. Clair County Health Department	618-233-7703	19 Public Sq Ste 150, Belleville, IL 62220	Education and referral of services, promote healthy lifestyles	<a href="http://www.health.co.st-clair.il.us/Pages/default.aspx">http://www.health.co.st-clair.il.us/Pages/default.aspx</a> WIC clinic: 618-233-6170
St. Claire County Intergovernmental Grants Dept.	618-277-6790	19 Public Sq Ste 200, Belleville, IL 62220	Divisions: Community Development; Community Services and Workforce Development	Emergency Home Repair (825-3209) Low Income Home Energy Assistance Program(257-9246)- Utility Bill Assistance H2O Heater replacement/repair, rent/mortgage assistance, scholarships, job skills training/readiness <a href="http://www.co.st-clair.il.us/departments/grants/Pages/default.aspx">http://www.co.st-clair.il.us/departments/grants/Pages/default.aspx</a>
St. Clair Housing Authority	618-277-3290	1790 South 74th St., Belleville, IL 62223	Housing assistance for low income families.	Section 8 housing- privately owned homes Property based programs
St. Louis Children's Hospital	314-454-5437	4444 Forest Park Ave Suite 2600 St. Louis, MO 63108	Child & Adolescent Psychiatry Center, Infant-21 years	At least a dozen psychiatrists on staff Major insurances including TRICARE and Medicare.
St. Vincent DePaul	618-632-4270		Phone calls or home visits to assist families in poverty	Manages a soup kitchen-Cosgroves Kitchen @ 3718 State Street in East St. Louis

T.A.S.C Treatment Alternatives for Safer Communities	618-277-0410	218A W. Main St., 2nd Floor Belleville, IL 62220		Contact: Julie Chambers, MA, CARS, PHR; jchambers@tasc.org
Teen Helpline	314-454-8336	Through Children's Hospital	Helpline for parents of teenagers	<b>Free</b> M-F 9-4 (phone availability) Parents can remain anonymous
Teen MOPS	618-632-6223	1111 E US Highway 50 KidsLife Center O Fallon, IL 62269-2823		Mondays (2x per month) from 9:00-11:30AM
Touchette Regional Hospital	618-332-5265- inpatient 618-332-5374- outpatient	5900 Bond Ave, Centreville, IL 62207	Inpatient services, Intensive Adolescent Outpatient Program -12-17 year olds, 2-5 p.m. therapy and medication management.	
Violence Prevention Center	618-235-0892	605 E Main St, Belleville, IL 62220	Provides women and children a safe place away from domestic violence  Crisis Hotline Emergency Shelter Counseling Services/ support groups, Art therapy Legal Advocacy Services Prevention Services- education Shelter Shop- can buy gently used items, or receive vouchers to shop there	<b>Free services</b>

Walgreens (SSM Health Express Clinic)	1-844-776-7200	Fairview Heights	Care for minor injuries, vaccinations, wellness/sport physicals	Sports/camp physicals typically not covered by insurance (approx. \$60 dollars) No appointment necessary-open 7 days a week Accepts all major insurances including TRICARE
WIC (Women, Infant, Children)	618-233-6170	19 Public Square, Belleville, IL 62220	“provides nutritious foods, education, counseling and support for pregnant women, new mothers, infants and children up to age 5”	WIC prescreening tool can be utilized (takes 15 minutes to complete-This is NOT an application) <a href="http://wic.fns.usda.gov/wps/pages/start.jsf">http://wic.fns.usda.gov/wps/pages/start.jsf</a>