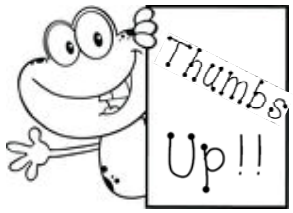
Name:

Take Control



How I Stay Calm

How I Manage Frustration

How I Stick to It

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