

# 2023

CALENDAR YEAR

# SEPTEMBER

CALENDAR MONTH

# Lakota JH Cross Country

SUNDAY

FIRST DAY OF WEEK

aaaa	aaaa	aaaa	aaaa	aaaa	aaaa	aaaa
27	28	29	30	31	01	02
					practice at Liberty Junior	
03	04	05	06	07	08	09
Labor Day - No School	Practice at Ft. Liberty Playland	Practice at VOA CC	Practice at Ft. Liberty Playland	Mason Junior High CC @ Corwin Nixon 4:30 GV; 5 GJV; 5:30 BV; 6 pm BJV		
10	11	12	13	14	15	16
practice @ Ft. Liberty Playland	Kings Invitational @ Kingswood Park	Practice at Keehner Park near log cabin	practice at VOA CC	Practice at Plains Junior		
17	18	19	20	21	22	23
2 mile run on your own, Plains Course will be open	Vic Roberts Invite @ Plains Jr. Boys Open 4:30; Girls JV 4:55; Boys JV 5:20; Girls Var 5:45; Boys Var 6:10; Girls Open 6:35	practice @ Ft. Liberty Playland	Practice at VOA CC	Practice at Keehner Park near log cabin	Practice at Hopewell Junior	
24	25	26	27	28	29	30
2 mile run on your own, Hopewell Course will be open	Hopewell Invite @ HJS Girls 7th 4:45; Boys 7th 5:15; Girls 8th 5:45; Boys 8th 6:15	practice @ Ft. Liberty Playland	Practice at VOA CC	Sycamore Invite @ Summit Park, Blue Ash (new location)	Practice at Ridge Junior	
01	02	03	04	05	06	07