

May & June 2023 – Fridley High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday May 1st Main: General Tso Chicken Brown Rice Sweet Chili Chips Assorted Veg & Fruit Growler Grill: Cheeseburger Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday May 2nd Main: Kick'n'Chicken Biscuit Mashed Potatoes & Gravy Corn Assorted Veg & Fruit Growler Grill: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday May 3rd Main: Big Daddy's Pizza Roasted Broccoli Assorted Veg & Fruit Growler Grill: Mini Corn Dogs Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday May 4th Main: Mac'n'Cheese Chicken Tenders Garlic Green Beans Assorted Veg & Fruit Growler Grill: Cheese or Turkey Pepperoni Pizza Greens & Grains: Cordon Bleu Wrap, PBJ, Shaker Salad	Friday May 5th Main: Walking Beef Tacos Mexican Beans Mexican Fixings Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sandwich
Monday May 8th Main: Ravioli Breadstick Assorted Veg & Fruit Growler Grill: Calzones or Swiches Sandwich Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday May 9th Main: Enchilada Bake Tostitos Elote Corn Mexican Fixings Assorted Veg & Fruit Growler Grill: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday May 10th Main: Hamburger on Bun Baked Beans Coleslaw Assorted Veg & Fruit Growler Grill: Buffalo Chicken Dip with Chips Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday May 11th Main: Walking Beef Tacos Mexican Beans Mexican Fixings Assorted Veg & Fruit Growler Grill: Cheese or Turkey Pepperoni Pizza Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday May 12th Main: Homemade Cheesy Bread Marinara Sauce Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sandwich
Monday May 15th Main: Chicken Burrito Bowl Chips Queso Southwest Pinto Beans Assorted Veg & Fruit Growler Grill: Cheeseburger Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday May 16th Main: Mac'n'Cheese Chicken Tenders Broccoli Craisin Salad Assorted Veg & Fruit Growler Grill: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday May 17th Main: Orange Chicken Brown Rice Sweet Chili Chips Roasted Broccoli Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday May 18th Main: Hot Dog on Bun Parmesan Potatoes Assorted Veg & Fruit Growler Grill: Cheese or Turkey Pepperoni Pizza Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday May 19th Main: Cook's Choice Steamed Corn Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sandwich

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Monday May 22nd Main: General Tso Chicken Brown Rice Sweet Chili Chips Broccoli Craisin Salad Assorted Veg & Fruit Growler Grill: Mozz Bites & Marinara Sauce Greens & Grains: Parfait, Italian Sub, Buffalo Chicken Wrap	Tuesday May 23rd Main: Lasagna Roll Up Garlic Bread Asparagus Assorted Veg & Fruit Growler Grill: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: PBJ, Crispy Chicken Salad	Wednesday May 24th Main: Cheeseburger on Bun Potato Wedges Baked Beans Assorted Veg & Fruit Growler Grill: Southwest Burger Greens & Grains: Parfait, Chicken Caesar Salad, Taco Salad	Thursday May 25th Main: Homemade Pizza Assorted Veg & Fruit Growler Grill: Mini Corn Dogs Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday May 26th Main: Cook's Choice Roasted Carrots Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Salad
Monday May 29th Memorial Day – No School	Tuesday May 30th Main: Crispy Chicken Drumstick Dutch Waffle Assorted Veg & Fruit Growler Grill: Spicy or Regular Crispy Chicken Sandwich Greens & Grains: Shaker Salad, PBJ, Crispy Chicken Salad	Wednesday May 31st Main: Orange Chicken Rice Sweet Chili Chips Assorted Veg & Fruit Growler Grill: Chicken Dumplings with Fried Rice Greens & Grains: Parfait, Chicken Caesar Wrap, Taco Salad	Thursday June 1st Main: Crispy Chicken Sandwich Parmesan Potatoes Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Chicken Cordon Bleu Wrap, PBJ, Shaker Salad	Friday June 2nd Main: Cook's Choice Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Crispy Chicken Wrap, Turkey Pesto Sandwich
Monday, June 5th Main: Cook's Choice Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Parfait, Assorted Sandwiches	Tuesday, June 6th Main: Cook's Choice Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: PBJ, Parfait, Assorted Salads	Wednesday, June 7th Main: Cook's Choice Assorted Veg & Fruit Growler Grill: Cook's Choice Greens & Grains: Cook's Choice	Thursday, June 8th Main: Cook's Choice Assorted Veg & Fruit Growler Grill: Closed Greens & Grains: Cook's Choice	Summer Break