



AFTER SCHOOL ACADEMY
Fall 2023 SESSION

AUGUST 21-DECEMBER 1, 2023

Registration Deadline
Tuesday, August 15, 2023

After School Academy Fall 2023 Session

The Shlenker School After School Academy (ASA) provides an enriching and exciting extension to our daily school curriculum. With several new classes this fall, there are even more opportunities to learn and have fun! All classes are held at The Shlenker School for ease of transition from regular school classes. All ASA instructors are responsible for their own program design. Classes meet once per week from 3:20pm until 4:20pm.

Students will be dismissed by ASA instructors from the front lobby of the school. The instructor will ensure that each child's parent/guardian is outside before releasing the child. Please make sure your child understands that he/she may NOT exit the school until the instructor sees that the parent/guardian is there for pick up.

Please carefully note the date that your child's class begins and ends as well as any dates when class will not meet due to school holidays and closures.

Registration

Classes will be filled as registrations are received on a **first-come, first-served basis**. Classes will be canceled if the minimum registration numbers are not met. You will be notified as soon as possible if a class is canceled.

Registration is complete and your child's place is assured ONLY when payment has been made through the online registration process.

No refunds will be issued if a student is absent, but make-up classes will be offered if an instructor is absent. Students who withdraw from a course before classes begin will receive a full refund. Those who withdraw after having attended ONE class may receive a partial refund. Withdrawals after more than one class will not receive a refund.

Please note: You will only be notified if a class does not meet the minimum enrollment or if the maximum enrollment has already been reached. Otherwise, your child will be enrolled and ready to begin classes!

Additional Details

Pick up time for all classes is 4:20pm. Children who are not picked up by 4:20pm will be taken to Extended Day and billed \$25 as a drop-in. On the enrollment form, you may choose to pre-enroll your child in After School Academy Extended Day for the day of his/her after school class. In case of emergency, please call the Shlenker office by 4:00pm to ask if your child can be placed in Extended Day.

To secure a space for your child, please complete the registration form and submit your payment by clicking on the link below **no later than Tuesday, August 15, 2023*.**

The registration form is located on the Parent Portal on The Shlenker School's website at www.theshlenkerschool.org. Once on the website, please log into the Parent Portal and click on Elementary Fall 2023 After School Academy under Resources to access the registration form.

[After School Academy—Fall 2023 Registration Form](#)

For questions, please contact Laurel Albea at 713.270.6127 or lalbea@shlenker.org.

After School Academy

Fall 2023 Session Schedule at a Glance

Monday, August 21–Friday, December 1, 2023

All classes are from 3:20–4:20pm

MONDAY 11 sessions No classes 9/4, 9/25, 11/6, and 11/20	TUESDAY 14 sessions No class 11/21	WEDNESDAY 13 sessions No classes 10/11 and 11/22	THURSDAY 14 sessions No class 11/23	FRIDAY 12 sessions No classes 9/15, 11/17, and 11/24
Beginner Chess Grades 1-5 \$244	Advanced Chess Grades 1–5 \$313	Mr. Blanton's Junior Master Gardeners Grades 3–5 \$325	Mr. Blanton's BackYard Rangers Grades 1–5 \$350	Tippi Toes Hip-Hop/Jazz Grades K-3 \$330
Shlenker Stars Choir Grades 2-5 \$275	Let's Make a Play Express Children's Theatre Grades 3-5 \$350	Theatre Games for Kids Grades 1-2 \$325	Soccer Shots Ages 5–8 12 sessions (9/5-11/27) \$255 +\$35 enrollment fee unless your child was enrolled for Fall 2022	Building Brains Lego Engineering/STEM Grades K–5 \$300
Zumba Kids Grades K-5 \$275	NEXPLORE Build a Bot Grades K–5 \$420	Lettuce Cook Grades K–5 \$550	Lettuce Cook Grades K–5 \$550	Yoga Fun for Boys and Girls Grades K–5 \$300
NEXPLORE Art Rods Grades K-5 \$330	Fun with Frisbees Grades K–5 \$363	Houston Basketball Academy Grades K–5 \$325	Coding and Video Game Design in Scratch Grades K–5 \$344	
Mad Science Grades K-5 \$275				

After School Academy—Fall 2023 Session

Beginner Chess (Grades 1-5)—3:20-4:20pm

The game of chess helps develop logical and creative thinking and encourages social development. This class will be taught by experienced chess instructor, Rob Kalvin, who makes each lesson enjoyable and engaging for each student. Beginning and experienced chess players are welcome. Lessons are tailored to the level of each participant. Each weekly session will consist of one 30-minute chess lesson followed by a practice and play period in which chess etiquette, rules, and tactics are emphasized.

For more information, please contact Rob Kalvin at 713.863.0603 or equilibrium@sbcglobal.net.

There will be no classes on September 4, September 25, November 6, and November 20.

Price \$244

Class minimum: 8

Class maximum: 16

Class sessions: 11



Shlenker Stars Choir (Grades 2-5)—3:20-4:20pm

Come sing with your friends at Shlenker. Join the Shlenker Stars Choir, led by Music Specialist, Ms. Hochman, and be ready to shine! Weekly rehearsals will give you the chance to sing for fun and get ready for school performances.

For more information, please contact Ms. Hochman at repelbon@shlenker.org.

There will be no classes on September 4, September 25, November 6, and November 20.

Price \$275

Class minimum: 10

Class maximum: 15

Class sessions: 11



After School Academy—Fall 2023 Session

MONDAY | Class Descriptions

Zumba Kids (Grades K-5)—3:20-4:20pm

Zumba® Kids is designed to combine movement, music, community, and a healthy lifestyle for children. These fitness classes are rocking, high-energy dance parties packed with specially choreographed, kid-friendly routines and the music kids love (such as hip-hop, reggaeton, cumbia and more). Zumba® Kids inspires kids to express themselves through movement and play while effectively improving their overall health and well-being. Kids love it because it's on the cutting edge and fun. Parents love it because of the effects it has on kids: increasing focus, building self-confidence, boosting metabolism, creating nutritional awareness, and enhancing coordination.

All classes are taught by a certified Zumba® Kids instructor.

For more information, please contact Dori Larea at 786.768.6111 or dori@nexploreusa.com.

There will be no classes on September 4, September 25, November 6, and November 20.

Price \$275

Class minimum: 6

Class maximum: 12

Class sessions: 11



NEXPLORE Art Rods (Grades K-5)—3:20-4:20pm

Students will learn the basics of 3D design, sculpting, and modeling which will release their creativity, and let their imagination go in this fun and engaging art program. We use an inventive and fun material called Art Rods which is a brand new modeling material (a foam rod with wire core) and is perfect for prototyping inventions, creating art, teaching children alphabet letters, or assisting STEAM kids. The rods are fun, colorful, squishy, and an extreme creativity tool. Students can make dozens of objects like animals, airplanes, pencil holders, flowers, and more. Creations can be taken home to share with family and friends.

For more information, please contact Dori Larea at 786.768.6111 or dori@nexploreusa.com.

There will be no classes on September 4, September 25, November 6, and November 20.

Price \$330

Class minimum: 10

Class maximum: 15

Class sessions: 11



After School Academy—Fall 2023 Session

Mad Science (Grades K-5)—3:20-4:20pm

Calling all Junior Mad Scientists! Put on your goggles and lab coat...it is time to have some FUN! Join us this fall as we learn science through hands-on experiments and interactive demonstrations! Our Mad Scientists make science easy to understand and spark imaginative learning! Enroll today and science will become your favorite subject!

For more information, please contact Arpitha Alluri at 713.663.7623 or visit <https://houston.madscience.org/>.

There will be no classes on September 4, September 25, November 6, and November 20.

Price \$275

Class minimum: 10

Class maximum: 20

Class sessions: 11



After School Academy—Fall 2023 Session

Advanced Chess (Grades 1-5)—3:20-4:20pm

The game of chess helps develop logical and creative thinking and encourages social development. This class will be taught by experienced chess instructor, Rob Kalvin, who makes each lesson enjoyable and engaging for each student. For this class, students should already be familiar with how all the pieces move, including *castling*, *en passant*, and *pawn promotion*. Lessons are tailored to the level of each participant. Each weekly session will consist of one 30-minute chess lesson followed by a practice and play period in which chess etiquette, rules, and tactics are emphasized.

For more information, please contact Rob Kalvin at 713.863.0603 or equilibrium@sbcglobal.net.

There will be no class on November 21.

Price \$313

Class minimum: 8

Class maximum: 16

Class sessions: 14



"Let's Make a Play Together!" (Grades 3-5)—3:20-4:20pm

In this exciting and inspiring 14-week residency, students are led through the process of creating and performing their own one-act play. Students will create their own characters, choose a conflict and design a plot to maximize the drama. At the end of the residency, they will perform the play for an invited audience. Using the nuts and bolts of theatre (writing, performing and storytelling), students will learn important social and emotional skills like perseverance, leadership and teamwork. Students are especially encouraged to attend every class as each class builds on the previous classes so consistent attendance is critical.

For more information, please contact Tim Fried-Fiori at 713.682.5044 or email at executivedirector@expresstheatre.com.

There will be no class on November 21.

Price \$350

Class minimum: 6

Class maximum: 15

Class sessions: 14



After School Academy—Fall 2023 Session

NEXPLORE Build a Bot (Grades K-5)—3:20-4:20pm

Calling all engineers and scientists! Build a Bot Workshop is an inquiry-based, fun, and hands-on STEAM experience designed for K-8th grade students who aspire to build robots. In this program, students will build a series of robots, each of which operates with a different mechanism and designed for a unique purpose such as: Vacu-Bot, Brush Bot, Drawing Bot, Crawling Bot, Walking Bot, Spider Bot, as well as propeller and solar cars. This program is fully aligned with NGSS standards, and on top of it all, students get to keep and play with their creations.

For more information, please contact Dori Larea at 786.768.6111 or dori@nexploreusa.com.

There will be no class on November 21.

Price \$420

Class minimum: 8

Class maximum: 15

Class sessions: 14



Fun with Frisbees (Grades K-5)—3:20-4:20pm

Ultimate Frisbee is one of the fastest growing sports in the country. With parallels to football, soccer, basketball, and other field sports, Ultimate Frisbee encourages teamwork, strategy, and athleticism. While nurturing competition, we seek to develop character and sportsmanship, integral aspects of Ultimate Frisbee due to self-officiating. Kids love the fun and fast-paced action, while parents will love the healthy cardio and minimal equipment. Your instructors, Jimmy Zuraw and Shiru Liu, have competed nationally and internationally. They currently play for Texas professional Ultimate Frisbee teams and captain the Houston men's and women's club teams, respectively. They both have experience coaching elementary through high school players at Texas Ultimate Summer Camp and Houston Ultimate Frisbee Summer Camp. Additionally, they lead the fundraising committee for Houston Ultimate Community to help grow the sport, especially starting at a youth level.

Each child will receive a special Frisbee to use during class and will be able to take it home to keep on the last day of class.

For more information, please contact Jimmy Zuraw at 610.952.8241 or jimmyzuraw@gmail.com.

There will be no class on November 21.

Price \$363

Class minimum: 10

Class maximum: 15

Class sessions: 14



After School Academy—Fall 2023 Session

Mr. Blanton's Junior Master Gardeners (Grades 3-5)—3:20-4:20pm

Parents, did you develop a love of gardening during your youth? With such busy lives today, our children are missing out on that opportunity. Every Wednesday this fall, students can experience the joy of making things grow! Gardens are amazing spaces and learning how to grow your own food is a transformative experience. Each week, students will explore one of eight different topics about gardening and end the weekly program as a certified Junior Master Gardener!

All classes are taught in The Shlenker School Garden and Fruit Orchard by Mr. Blanton, a certified Organic Fruit and Vegetable Garden Specialist. The JMG program is an international youth gardening program of the University Cooperative Extension Network, which includes Texas A&M University.

For more information, please contact Mr. Blanton at 713.270.6127 or email jblanton@shlenker.org.

There will be no classes on October 11 and November 22.

Price \$325

Class minimum: 2

Class maximum: 12

Class sessions: 13



"Theatre Games for Kids!" (Grades 1-2)—3:20-4:20pm

A great introduction to theatre arts for younger kids that also teaches them confidence! In this 14-week residency, kids will play theatre and improv games designed to teach them the basics of theatre while exploring their self-expression, how to take the spotlight, how to work effectively in groups and much more. By its very nature, a kids drama class can help children to express themselves and form strong bonds as they work together and support each other each week. Designed for kids to have maximum fun, the class will teach students important life skills that can serve them in all parts of their lives.

For more information, please contact Tim Fried-Fiori at 713.682.5044 or email at executivedirector@expresstheatre.com.

There will be no classes on October 11 and November 22.

Price \$325

Class minimum: 6

Class maximum: 15

Class sessions: 13



After School Academy—Fall 2023 Session

Lettuce Cook (Grades K-5)—3:20-4:20pm

Our program will allow you to take a night off from cooking and have dinner prepared by your very own chef! Your Shlenker chef will bring home a pan of the food they have prepared for your family to enjoy (generally 8" x 8"). We will let you know ahead of time what the children will prepare during each class so you can plan your meal accordingly. Kids are meant to create, not sit and watch. It's amazing what kids can accomplish! Cooking with *Lettuce Cook's* Chef Brittany helps children gain confidence and independence. The look on their face when you taste what they have prepared is PRICELESS! No cooking demonstrations here, your child does it ALL from start to finish. Class fee includes instruction, food, and supplies!

About Chef Brittany: After culinary school and working in a couple of restaurants, she had the opportunity to mentor under an executive chef who helped her realize she could (and should) take the two things she loves (cooking and children) and find her true happy place. It was then, a little over 8 years ago, Lettuce Cook was established.

For more information, please contact Chef Brittany at 281.253.5485 or visit lettucecookchefs@gmail.com.

There will be no classes on October 11 and November 22.

Price \$550

Class minimum: 10

Class maximum: 12

Class sessions: 13



Houston Basketball Academy (Grades K-5)—3:20-4:20pm

Basketball is one of the most popular sports worldwide. Its influence has created a deep rooted culture in many countries, especially here in America. Our mission is to positively impact our student athletes on and off the court. Within this beautiful game you will learn skills and lessons that you can apply in all areas of your life. With the guidance of The Houston Basketball Academy's very own, Coach Kempton and other HBA coaches, kids can expect to learn the fundamentals of basketball, teamwork, and leadership skills in a safe and fun environment. Our coaches have a passion for basketball and experience coaching youth of all ages!

For more information, please contact Coach Cody Stiff at 407.595.5977 or info@houstonbasketballacademy.org.

There will be no classes on October 11 and November 22.

Price \$325

Class minimum: 10

Class maximum: 15

Class sessions: 13



After School Academy—Fall 2023 Session

Mr. Blanton's BackYard Rangers (Grades 1-5)—3:20-4:20pm

What's this bug? Can you name that tree? Who left those tracks behind? Join Shlenker Science Specialist and resident naturalist, Mr. Blanton, for a weekly exploration of The BackYard every Thursday. Students will observe the habitat needs of different flora (plants) and fauna (animals) that live in The BackYard and investigate ecosystems. Each BackYard Ranger will complete a make and take project at the end of each class.

For more information, please contact Mr. Blanton at 713.270.6127 or email at jblanton@shlenker.org.

There will be no class on November 23.

Price \$350

Class minimum: 2

Class maximum: 12

Class sessions: 14



Soccer Shots (Ages 5-8)—3:20-4:20pm—September 5-November 27

Soccer Shots is an engaging children's soccer program with a focus on character development. The caring team positively impacts students' lives on and off the field through best-in-class coaching, curriculum, and communication. The coaches are the best trained in the business. Their expert-approved curriculum is age-appropriate and aligns with childhood education standards. In addition, Soccer Shots provides an exceptional customer experience and ongoing communication with parents.

**STUDENTS MUST REGISTER THROUGH THE SOCCER SHOTS WEBSITE—
www.soccershots.org/houston.**

For more information, please call 281.995.7208 or 281.253.8338, email houston@soccershots.org, or visit www.soccershots.org/houston.

**PLEASE NOTE: SOCCER SHOTS HAS 12 CLASS SESSIONS. LAST CLASS IS NOVEMBER 27.
There will be no class on November 23.**

Price \$255 + \$35 enrollment fee*

Class minimum: 5

Class maximum: 12

Class sessions: 12



**Please note, if your child was enrolled in Soccer Shots for Fall 2022, you do not have to pay the required enrollment fee. If your child was not enrolled in Soccer Shots for Fall 2022, you will be required to pay the \$35 enrollment fee.*

After School Academy—Fall 2023 Session

Lettuce Cook (Grades K-5)—3:20-4:20pm

Our program will allow you to take a night off from cooking and have dinner prepared by your very own chef! Your Shlenker chef will bring home a pan of the food they have prepared for your family to enjoy (generally 8" x 8"). We will let you know ahead of time what the children will prepare during each class so you can plan your meal accordingly. Kids are meant to create, not sit and watch. It's amazing what kids can accomplish! Cooking with *Lettuce Cook's* Chef Brittany helps children gain confidence and independence. The look on their face when you taste what they have prepared is PRICELESS! No cooking demonstrations here, your child does it ALL from start to finish. Class fee includes instruction, food, and supplies!

About Chef Brittany: After culinary school and working in a couple of restaurants, she had the opportunity to mentor under an executive chef who helped her realize she could (and should) take the two things she loves (cooking and children) and find her true happy place. It was then, a little over 8 years ago, Lettuce Cook was established.

For more information, please contact Chef Brittany at 281.253.5485 or lettucecookchefs@gmail.com.

There will be no class on November 23.

Price \$550

Class minimum: 10

Class maximum: 12

Class sessions: 14



Coding and Video Game Design in Scratch (Grades K-5)—3:20-4:20pm

Students will be assessed at the beginning of the session to see which group below is a good match for their interests and abilities. Students beginning in Coding Foundations will move up to Video Game Design when they are ready.

Coding Foundations

In this class, students will use hands-on tools, apps, and games to learn the fundamentals of coding on tablets and computers as well as typing. Students will work through multiple levels of our Coding Foundations curriculum in preparation for Scratch. No experience required!

Video Game Design in Scratch: Super Powered

Save the world in this super hero-themed Scratch class. Students will design video games and projects using this block-based coding language designed by MIT for kids! In this class, we'll mix antidotes, chase bad guys, and save the day! No experience required!

For more information, please contact James Thornock at james@coderkids.com or visit www.coderkids.com.

There will be no class on November 23.

Price \$344

Class minimum: 6

Class maximum: 16

Class sessions: 14



After School Academy—Fall 2023 Session

Tippi Toes Hip-Hop/Jazz Fridays (Grades K-3)—3:20-4:20pm

Tippi Toes Hip-Hop/Jazz is a high-energy class that infuses the latest styles of street dancing. Using popular and current music, students will learn choreography quickly along with various dance elements including isolations, leaps, turns, and current Hip-Hop and Jazz techniques. Classes will encourage students to step outside the box by bringing their own individual style and personality to the learned skills. Our version of Hip Hop dance is extremely tasteful and clean, and our priority is offering age-appropriate material. No prior dance experience required.

For more information, please contact Kelly Keller and Kasey Pazdernik at 713.291.2431 (text or call) or email thesisters@tippitoesdance.com.

There will be no classes on September 15, November 17, and November 24.

Price \$330

Class minimum: 6

Class maximum: 12

Class sessions: 12



Building Brains Lego Engineering/STEM (Grades K-5)—3:20-4:20pm

Trained instructors use LEGO Duplo and K'NEX educational kits to BUILD math science skills. Our specially designed building kits have gears, levers, and pulleys. Students build simple machines that really work, while BUILDING fine motor skills and confidence. Classes are designed to reinforce classroom curriculum. Students use colors, sizes and shapes to build simple machines and then perform scientific experiments to see how they work. Several new and exciting machines are built every day. Literacy skills are improved by memorizing poems with hand motions for gears, levers, and pulleys that reinforce how they work and what they do.

As students advance, they will BUILD simple machines using gears, levers, and pulleys and then MOTORIZED them using LEGO and K'NEX educational kits and curriculum while BUILDING math and science skills. Using the newest LEGO educational kits, students challenge one another to create, build, and test the best designs. Students will learn why a machine works and how to manipulate a machine to go faster or slower. Fine motor skills, critical thinking skills, imagination, and confidence will increase in this fun-filled class atmosphere. We also teach division using gear ratios.

For more information, please contact Kim Koenig at 713.204.0770 or kim@buildingbrains.biz.

There will be no classes on September 15, November 17, and November 24.

Price \$300

Class minimum: 6

Class maximum: 15

Class sessions: 12



After School Academy—Fall 2023 Session

Yoga Fun for Girls and Boys (Grades K-5)—3:20-4:20pm

Yoga FUN is all about stillness AND movement! We practice breathing techniques and meditation, but we also stretch, strengthen, dance, and balance (sometimes on our heads). In this class, students will have a blast putting together different sequences, playing tons of yoga games, performing, and creating their own yoga adventures! We will also discuss valuable mindfulness topics and complete fun crafts to reinforce these ideas. Topics include: how to handle your worries, being present, practicing gratitude, and the power of our thoughts and words. Kids' yoga helps to increase confidence, build concentration, develop self-awareness, and manage stress.

For more information, please contact Julie McConn at 281.686.0282 or julierozyoga@gmail.com.

There will be no classes on September 15, November 17, and November 24.

Price \$300

Class minimum: 6

Class maximum: 12

Class sessions: 12



To secure a space for your child, please complete the registration form and submit your payment by clicking on the link below **no later than Tuesday, August 15, 2023***.

The registration form is located on the Parent Portal on The Shlenker School's website at www.theshlenkerschool.org. Once on the website, please log into the Parent Portal and click on Elementary Spring 2023 After School Academy under Resources to access the registration form.

After School Academy—Fall 2023 Registration Form

For questions, please contact Laurel Albea at 713.270.6127
or lalbea@shlenker.org.



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713.270.6127 | www.theshlenkerschool.org