



Primary School - Guidance Scope and Sequence

Grade level	Quarter 1	Quarter 2	Quarter 3	Quarter 4
	AAC Core Values	Social and Emotional Learning skills (SEL)		
		Self- Awareness	Self-Management	Social Skills
	Responsibility Excellence Integrity Respect Compassion	Empathy, Compassion Self confidence Self esteem	Emotions Stress management Being responsible Having patience	Social boundaries Personal space Healthy communication Collaboration
Pre-K	-Classroom rules and routines -Following instructions	-Work on being independent : eating, clothing	-Verbalizes wants and needs -Emotional self regulation	-Show compassion to peers -Social interaction
KG1-KG2	-Skills to connect with others by using the core values	-Expressing needs and making requests -Making good choices -Introduction to the impulse self-control	-Self control -Personal space -Accept being told “no”	-Engage cooperative activities with peers -Social interaction with peers -Collaboration with peers during activities
1st - 2nd	-Activities and small projects about Core values	-Building personality	-Learning : How to identify and express our emotions ? -Setting boundaries	-Respect others -Social awareness -Understanding others' emotions -Attentive listener
3rd-4th	-Learn to be responsible for his own actions	-How to make decisions ?	- Analyze emotions -Coping strategies	-Empathy for others -Compassion -Tolerance -Respect others
5th	-Core values : Community projects and activities.	-Introduction to puberty -Values -Responsibility -Making-decisions/choices -Problem-solving	-Understand / Accept our emotions -Coping skills -Self esteem	-Respect differences -Healthy peer communication -Body image -Conflict resolution -Social media

Middle School - Guidance Scope and Sequence

	Quarter 1	Quarter 2	Quarter 3	Quarter 4
	Emotional skills	Social skills	Study skills and Organization	Growth Mindset
GRADE 6	<p><i>Focus on the value of compassion</i></p> <p>Main goal: Defining emotions and their purpose</p> <p>Skills :</p> <ul style="list-style-type: none"> - Identifying physical changes caused by emotions - Recognizing facial expressions and distinguishing emotions - Developing coping skills for stress and intense emotions - Strengthening self-esteem - Being self-confident 	<p><i>Focus on the values of Respect and compassion</i></p> <p>Main goal: Mastering relationships</p> <p>Skills:</p> <ul style="list-style-type: none"> - Being aware of verbal and non-verbal communication cues. - Being an attentive listener. - Developing refusal skills - Examining and practicing social skills (making friends, starting conversations, belonging in a group, being assertive, resolving conflicts, setting boundaries etc.) -Resisting peer pressure 	<p><i>Focus on the values of Excellence and responsibility</i></p> <p>Main goal: Being organized and working efficiently</p> <p>Skills:</p> <ul style="list-style-type: none"> - Reviewing extrinsic and intrinsic motivation - Test-taking skills - Mnemotechnics: memorizing tricks and tips - Time management - Task organization (fixing priorities, environmental setting). - Increasing concentration 	<p><i>Focus on the values of Integrity and responsibility</i></p> <p>Main goal: Adopting a growth mindset</p> <p>Skills:</p> <ul style="list-style-type: none"> - Exploring career opportunities - Developing healthy habits (sleep schedule, eating healthily etc.) - Developing knowledge on mental health (anxiety disorders, cyberaddiction, eating disorders) - Embracing diversity

	Quarter 1	Quarter 2	Quarter 3		Quarter 4
GRADE 7	<p>Focus Value : Compassion</p> <p>Main theme : Bullying</p> <p>Main Objectives : Understanding the impact of bullying</p> <p>Topics addressed : Physical Bullying, Verbal Bullying, Social Bullying...</p> <p>Skills developed : Recognizing bullying and its different types Drawing the line between joking and bullying</p> <p>Final Project : Making of informative Anti-Bullying Posters</p>	<p>Focus Value : Respect</p> <p>Main theme : Differences</p> <p>Main Objectives : Understanding the importance of inclusion Having a basic understanding of what it may feel like to have a learning disability</p> <p>Topics addressed : Learning disability</p> <p>Skills developed : Interact properly with people with disability Identify their personal feelings and attitudes regarding disability</p> <p>Final Project : Research on famous figures who were different</p>	<p>Focus Value : Responsibility</p> <p>Main theme : Technology Safety</p> <p>Main Objectives : Understand the impact of technology on development</p> <p>Topics addressed : Dangers of video games, impact of screens on development</p> <p>Skills developed : Use technology in a safe and responsible way.</p> <p>Final Project : Making of a PSA (public service announcement) video.</p>	<p>Focus Value : Integrity</p> <p>Main theme : Risk Taking</p> <p>Main Objectives : Reflect on own risk-taking behavior Understand how to avoid risky situations Increase awareness of peers, family and media as influences on personal decision making</p> <p>Topics addressed : Types of risky behavior, peer pressure</p> <p>Skills developed : Identifying risky behavior Identify safe risk-taking</p> <p>Final Project : Class Presentation</p>	<p>Focus Value : Excellence</p> <p>Main theme : Self-Esteem</p> <p>Main Objectives : Identifying ways to improve self-esteem</p> <p>Topics addressed : Building Self-esteem, confidence, Self esteem destroyers.</p> <p>Skills developed : Drawing the line between self esteem and arrogance.</p> <p>Final Project : “Things I love about myself” Rap song.</p>
		Quarter 1	Quarter 2	Quarter 3	

GRADE 8

Focus Value :
Compassion
Main theme :
Bullying
Main Objectives :
Understanding the impact of bullying
Topics addressed :
Physical Bullying, Verbal Bullying, Social Bullying
Skills developed :
Recognizing bullying and its different types
Drawing the line between joking and bullying
Final Project :
Making of informative Anti-Bullying Posters

Focus Value :
Respect
Main theme :
Differences
Main Objectives :
Understanding the importance of inclusion
Having a basic understanding of what it may feel like to have a learning disability
Topics addressed :
Learning disability
Skills developed :
Interact properly with people with disability
Identify their personal feelings and attitudes regarding disability
Final Project :
Research on famous figures who were different

Focus Value :
Responsibility
Main theme :
Technology Safety
Main Objectives :
Understand the impact of technology on development
Topics addressed :
Dangers of video games, impact of screens on development
Skills developed :
Use technology in a safe and responsible way.
Final Project :
Making of a PSA (public service announcement) video.

Focus Value :
Integrity
Main theme :
Risk Taking
Main Objectives :
Reflect on own risk-taking behavior
Understand how to avoid risky situations
Increase awareness of peers, family and media as influences on personal decision making
Topics addressed :
Types of risky behavior, peer pressure
Skills developed :
Identifying risky behavior
Identify safe risk-taking
Final Project :
Class Presentation

Focus Value :
Excellence
Main theme :
Self-Esteem
Main Objectives :
Identifying ways to improve self-esteem
Topics addressed :
Building Self-esteem, confidence, Self esteem destroyers.
Skills developed :
Drawing the line between self esteem and arrogance.
Final Project :
“Things I love about myself” Rap song.

High School - Guidance Scope and Sequence

	Quarter 1	Quarter 2	Quarter 3		Quarter 4
GRADE 9	<p>Focus Value : Compassion</p> <p>Main theme : Bullying</p> <p>Main Objectives : Understanding the impact of bullying Finding efficient ways to deal with bullying</p> <p>Topics addressed : Sexual Harassment, Bullying out of school...</p> <p>Skills developed : Recognizing bullying and its different types Responding to bullying as a victim or a witness. Raising awareness through a short movie</p> <p>Final Project : Making of a Movie</p>	<p>Focus Value : Respect</p> <p>Main theme : Differences</p> <p>Main Objectives : Understanding the importance of inclusion</p> <p>Topics addressed : Stereotypes Skills developed : Discuss individual differences Identify different stereotypes regarding race, ethnicity, religion, disability...</p> <p>Final Project : Writing of a Slam poem about unity</p>	<p>Focus Value : Responsibility</p> <p>Main theme : Technology Safety</p> <p>Main Objectives : Understanding the link between technology use and civic responsibility</p> <p>Topics addressed : Dangers of social media (oversharing, catfishing, body image...)</p> <p>Skills developed : Identify the potential dangers of social media Use technology in a safe and responsible way</p> <p>Final Project : Team debate</p>	<p>Focus Value : Integrity</p> <p>Main theme : Risk Taking</p> <p>Main Objectives : Reflect on own risk-taking behavior Understand how to avoid risky situations Understand the effects of substance use on major life areas.</p> <p>Topics addressed : Drug consumption, Sexual risk taking.</p> <p>Skills developed : Identify safe risk-taking</p> <p>Final Project : Presentation on drugs</p>	<p>Focus Value : Excellence</p> <p>Main theme : Career Awareness and Preparedness</p> <p>Main Objectives : Understanding the connection between academics and their future career Exploring the many types of careers that exist, different working environments</p> <p>Topics addressed : Types of career, career choice, family influences.</p> <p>Skills developed : Identifying Personal assets</p> <p>Final Project : Profiling a student</p>

	Quarter 1	Quarter 2	Quarter 3		Quarter 4
GRADE 10	<p>Focus Value : Compassion</p> <p>Main theme : Bullying</p> <p>Main Objectives : Understanding the impact of bullying Finding efficient ways to deal with bullying</p> <p>Topics addressed : Sexual Harassment, Bullying out of school...</p> <p>Skills developed : Recognizing bullying and its different types Responding to bullying as a victim or a witness. Raising awareness through a short movie</p> <p>Final Project : Making of a Movie</p>	<p>Focus Value : Respect</p> <p>Main theme : Differences</p> <p>Main Objectives : Understanding the importance of inclusion</p> <p>Topics addressed : Stereotypes</p> <p>Skills developed : Discuss individual differences Identify different stereotypes regarding race, ethnicity, religion, disability...</p> <p>Final Project : Writing of a Slam poem about unity</p>	<p>Focus Value : Responsibility</p> <p>Main theme : Technology Safety</p> <p>Main Objectives : Understanding the link between technology use and civic responsibility</p> <p>Topics addressed : Dangers of social media (oversharing, catfishing, body image...)</p> <p>Skills developed : Identify the potential dangers of social media Use technology in a safe and responsible way</p> <p>Final Project : Team debate</p>	<p>Focus Value : Integrity</p> <p>Main theme : Risk Taking</p> <p>Main Objectives : Reflect on own risk-taking behavior Understand how to avoid risky situations Understand the effects of substance use on major life areas.</p> <p>Topics addressed : Drug consumption, Sexual risk taking.</p> <p>Skills developed : Identify safe risk-taking</p> <p>Final Project : Presentation on drugs</p>	<p>Focus Value : Excellence</p> <p>Main theme : Career Awareness and Preparedness</p> <p>Main Objectives : Understanding the connection between academics and their future career Exploring the many types of careers that exist, different working environments</p> <p>Topics addressed : Types of career, career choice, family influences.</p> <p>Skills developed : Identifying Personal assets</p> <p>Final Project : Profiling a student</p>