



JACKSON COUNTY SCHOOLS
WELLNESS COMMITTEE AGENDA
FEBRUARY 25, 2021

Welcome and introductions

What is the Wellness Committee?

A collective group to create and facilitate an environment of health and wellness for the district. The Child Nutrition and WIC Reauthorization Act requires all districts to establish local school wellness policies.

Review of prior activities

Policy and Procedure Overview

Local Wellness Policy Assessment Comparison with a Model Policy

Nutrition Guidelines for School Meals

Nutrition Education

Physical Activity Opportunities and Physical Education

Employee Wellness

Other School Based Activities (Community Outreach)

Local School Wellness Policy Compliance and Triennial Assessment

Assessment of wellness policy to determine the success of wellness goals. Review draft document.

Results will need to be posted.

Questions and comments

Next meeting date and time

This institution is an equal opportunity provider.