



P.E CURRICULUM INTENT

At Bishops Itchington Primary School, we aim to develop our pupils so they become physically active and engaged with a wide range of different physical activities.

We ensure that our pupils gain a range of experiences and skills to develop their physical fitness, skills, balance, and co-ordination. Our pupils learn how to co-operate with each other to work as part of a team.

The children thoroughly enjoy two full lessons of P.E. a week where we introduce a balanced curriculum. The areas we cover are dance, gymnastics, athletics, and invasion games.

We encourage physical activity through a range of lunchtime and after school clubs, the children will compete against each other within the school and against other schools on a regular basis.

As a school we promote healthy lifestyles for the children in our school through lessons, informative assemblies and out of school activities to aid our children's understanding of a healthy and balanced diet. We ensure children are aware of the dangers of drugs, smoking and alcohol and that exercise can lead to positive mental and physical health.

We use our Sports Grants effectively by funding a whole-school skipping day, Taekwondo, staff training, sports equipment and activity equipment for lunchtimes and PE lessons.



IMPLEMENTATION

- In Early Years, Key Stage One and Key Stage Two, two one-hour PE lessons a week are taught by our teaching staff.
- Our children in year 4 swim for the whole academic year once a week. This ensures they swim regularly over a sustained period and develop and build on skills from lesson to lesson. Swimming is taught by qualified and experienced teachers at the local swimming pool in Southam.
- We have based our four house groups to reflect the diverse men and women who have excelled in their sport. House points are awarded to pupils for being positive role models and for sporting events and competitions. The Year 6 children are House Captains and Vice Captains.
- During the academic year we host a variety of different clubs giving children the opportunity to access extracurricular activities. Some of these include running, football, netball, tag rugby, dodgeball and multi-skills.
- Alternative activities such as Taekwondo are also run after-school by qualified teachers.
- In the summer, the children in Year 3 participate in may pole dancing, learning the skills of co-ordination, rhythm and teamwork whilst taking part in celebratory traditional dance.
- We have a whole school cross-country competition within our house groups and Year 6 have their own team that competes in a league on Saturday mornings. There is also a running club that takes place afterschool during the Autumn term.
- In our weekly Celebration Assemblies, we encourage children to share their sporting achievements that have been obtained outside of school. This raises the expectation and ambition of every child and those of the parents who join us at the assembly.

IMPACT

We measure the impact of our curriculum through the following methods:

- The number of children who participate in sports competitions.
- The number of Year 6 children who can swim 25 metres.
- Tracking how well pupils have achieved against progressive skills and knowledge for each year group.
- Pupil interviews about their involvement in and enjoyment of P.E.
- The number of children who participate in extracurricular lunch-time and afterschool sports clubs.