



AGENDA

May 16, 2023
SHAC Meeting



- Welcome & Introductions
- Review & Approve Meeting Minutes – 03/21/2023
- **Health Education**
Cook’s Children Project ADAM- Sarah Thieroff
- **Health Services**
District Clinic Update (Discuss “Hot Chip Sales”)- Ana Encinas
- **Nutrition Services**
Local Wellness Plan- Abigail Trevino
Triennial Assessment- Abigail Trevino
- **Physical Education**
Fitbit Progress- PE Coaches
CATCH (K-8) renewal- Dr. [Lori Nunez](#)
- **Family/Community Involvement**
SHAC Family Night AAR
Back to School Bash- Aug 4, 2023 5-7 pm?
- **Other Question, Comments, Concerns**
- Next Meeting: **September 19th at 1:30 pm**



SHAC Goals (2022-2023)
Increase SHAC activities
Increase involvement
Ensure program activities are fully developed

Mission Statement

The mission of the Alvarado Independent School District School Health Advisory Council is to facilitate opportunities for the overall life-long health and wellness of the Alvarado Community.

Vision Statement

It is the vision of the Alvarado Independent School District School Health Advisory Council to ensure Alvarado becomes an emotionally and physically healthy community.

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TSHAC Guiding Principles

Assuring a healthy future for all **T**exans will guide the work of this committee.

To that end, we will work to **S**upport a healthy and safe school environment that fosters learning.

We will dedicate our efforts to goals that will produce **H**ealthier minds and bodies through effective school health education and services.

Achieving **A**cademic success by providing leadership to those who teach and empower our students will be our sustaining and overarching charge.



We will champion the practice of **C**oordinated School Health to effectively reach our goals and objectives through the eight components of coordinated school health programming.