

Albuquerque Public Schools (APS) does not endorse any specific resource. APS is not financially responsible for services obtained through these agencies. Please give families a minimum of three resources and explain their financial responsibility.

Resource List Zones 1-4

Mental Health

A Child's Voice, www.acvnm.org

- 5201 Venice Ave. NE Suite A, 87113 (505-916-2007)
- 2440 Louisiana NE Suite 300, 87110 (505-302-1660)
- 500 Unser Blvd NE Suite 103, Rio Rancho, 87124 (505-404-0554)

Age to Age Counseling, 5916 Anaheim Ave. NE, 87113, www.agetoage.net
505-291-6314

Albuquerque Psychiatry and Psychology, 4308 Carlisle Blvd. NE Suite 210 87107,
www.appnewmexico.com, 505-247-1921

Albuquerque United Behavioral Health, 3901 Louisiana Boulevard NE Ste. C, 87110,
www.albuquerqueunited.com, 505-916-5186

Alexander J. Paret & Associates, 500 Marquette Ave NW Suite 1200 87102,
www.paretandassociates.com, 505-340-6400

Ali Calhoun, LCSW, LADAC, 6501 Wyoming Blvd NE Bldg C, Ste. 210, 87109,
505-391-2850

All Faith's, www.allfaiths.org, 505-271-0329

- 1709 Moon St. NE 87112
- 8401 Constitution Ave. NE 87110

AIMkids Bernalillo County Family Services, 6208 Montgomery Blvd. NE Ste. C, 87110

Shauna Bearman, FFT Supervisor, 505-249-2074, <https://amikidsbcfs.org>

Attachment Healing Center, 1025 Hermosa Dr. SE, 87108,
<https://www.attachmenthealingcenter.com/> 505-237-0061

Autism Learning Partners, 3311 Candelaria Rd. NE Suite 3311-A 87107,
www.autismlearningpartners.com, 888-805-0759

Awake and Aware, LLC 10555 Montgomery Blvd. NE Bldg 2, 87111, 505-503-7946,
www.awakeawareabq.com

Bridges, Inc. - Success with Autism, ABA Center Location 9019 Washington St. NE Building A 87113, Office Location 5200 Pasadena NE Suite F 87113,
www.bridgesautism.com, 505-856-6880

Centro Savila, <https://www.centrosavila.org/> 505-312-7296 (bilingual services available)

- 1317 Isleta Blvd. SW (Main office)
- 831 Isleta Blvd. SW
- 7401 Copper Ave. NE

Cheryl Benedetto, MA. LPCC, RPT-S, cbenedettocounseling@gmail.com,
505-289-1139 - only able to provide telehealth

Children's Grief Center of New Mexico and Grief Resource Center, 4125 Carlisle Blvd NE, 87107, www.childrensgrief.org or www.griefnm.org, 505-323-0478

Children's Treatment Center, 6611 Gulton Ct. NE 87109, 505-296-3965

Christopher Alexander, Ph.D, 2320 Grande Blvd SE Suite C, Rio Rancho 87124,
www.alexanderphd.com, 505-898-1117

Circle of Life Behavioral Health Network, 2201 San Pedro Dr. NE Bldg 1 Suite 220 87110, 505-830-3153 (assisting the Native American community)

Community Lighthouse, 3301 Candelaria Rd. NE Suite B, 87109, www.tclhnm.com,
505-273-6300

Cottonwood Counseling, 6330 Riverside Plaza Lane NW Suite 260 87120,
www.cottonwood-counseling.com, 505-226-2839

Counseling ABQ, 2900 Louisiana Blvd. NE, A2, 87110, 505-209-2442,
<https://counselingabq.com/>

Counseling Associates of Albuquerque, LLC, 4004 Carlisle Blvd. NE Ste. J, 87107,
www.therapynm.com 505-414-3883

Counseling & Psychotherapy Institute, 803 Tijeras Ave. NW, 87102, cpinow.org
505-243-2223

Elevation Counseling, 6612 Gulton Ct. NE, 87109;
<https://www.elevationcounseling.com/> 505-888-1686

Enhancement Center Mental & Behavioral Health, www.ecmentalhealth.com,
505-891-1583

Engender, Inc., 2632 Pennsylvania St NE, Suite E, 87110;
<https://engenderwellness.com/>; 505-242-4400

The Evolution Group, 218 Broadway Blvd. SE, 87102,
<http://www.theevolutiongroup.com/>, 505-242-6988

Faith+Grace Therapeutic Services, 7400 Hancock Court NE, Suite D, 87109,
www.faithgrace.today, 505-990-8576

Family Workshop, <http://www.familyworkshopcounseling.com>

- 7027 Montgomery NE #F, 87109, 505-880-0100
- 2218 Southern Blvd. #14, Rio Rancho 87124, 505-994-0161

First Nations Community Healthsource, fnch.org

- Zuni Healthcare Center, 5608 Zuni Rd. SE, 87108, 505-262-2481
- All Nations Wellness and Healing Center, 6416 Zuni Rd. NE, 87108,
505-717-2704
- Truman Healthcare Center, 625 Truman St. NE, 87110, 505-248-2990
- Central Healthcare Center, 7317 Central Ave. NE, 87110, 505-308-8060

Healthy Families of Albuquerque, LLC, www.healthyfamiliesabq.com/ 505-842-9911

- Main Office 1805 Carlisle Blvd. NE, 87110
- 1709 Girard Blvd. NE, 87106
- 4011 Barbara Loop SE #204, Rio Rancho, 87124

Holistic Mental and Physical Health, 2601 Wyoming Blvd. NE, 87112,
<http://albuquerquementalhealth.org/index.html> 505-503-0272

The Manzanita Counseling Center, The University of New Mexico Manzanita Hall;
(Free service; will only see children individually 11 years+)
<https://coe.unm.edu/departments-programs/ifce/counselor-education/manzanita-counseling-center.html>; 505-277-7311

Meridian Behavioral Health, Inc., 1122 Central Ave. SE, ABQ, NM 87102
Meridianbxhealthinc.com, 505-639-5916

NM Solutions <http://www.newmexicosolutions.com/contact/>

- 707 Broadway NE, Suite 500, 87102; 505-268-0701
- 2551 Coors Blvd NW, 87120; 505-833-2300

Open Hearts, Open Minds Counseling Center, LLC, www.openhearts-openminds.com, 505-401-1802

Open Skies Healthcare, <http://www.openskieshealthcare.org/>

- Bernalillo County, 707 Broadway Blvd. NE #401, 87107, email:
info@openskieshealthcare.org, 505-342-5454
- Sandoval County, 2600 American Rd. SE Suite 216, Rio Rancho 87124,
505-891-9797

Outcomes Inc., 1503 University Blvd. NE, 87102, <https://outcomesnm.org>,
505-243-2551 or 800-677-2947 (bilingual services available)

People Works NM, 1005 21st St. NE #B, RR, 87124, <https://peopleworksnm.org/>
peopleworksnm@gmail.com, 505-990-4186

Perfectly Imperfect/Tree Frogs, 146/148 Quincy St. NE, 87108,
<http://perfectlyimperfectnm.com/>, 505-550-1306

Pinwheel Healing Center, 1424 Deborah Rd. Suite 205, Rio Rancho 87124,
www.pinwheelhealing.com, 505-636-6100, Ages 14+

Raven Counseling & Wellness, 10511 Golf Course Rd NW Suite 102, 87114,
www.ravencounseling.com, 505-508-0808

Red Mountain Family Service (Treatment Foster Care Services), 2001 Spring Dr. SE,
Rio Rancho, 87124, www.redmountainfamilyservices.com, 505-994-0364

Rio Grande Counseling and Guidance Services, 1010 Las Lomas NE, Suite 4, 87102;
<http://riograndecgs.com/>; 505-246-8700

Sage Neuroscience Center, 7850 Jefferson St. NE Ste 300, 87109;
www.sageclinic.org; 505-884-1114

Share NM Resource Directory, sharenm.org/nm-resources (SHARE NM hosts largest, most up-to-date and comprehensive resource directory for community resources and social services)

Southwest Family Guidance Center & Institute <https://swfamily.com/>, 505-830-1871

- Albuquerque Main Office, 2221 Rio Grande Blvd. NW, 87104
- Albuquerque Old Town Office, 901 Rio Grande Blvd. NW, Suite G-250, 87104
- Albuquerque East Office, 2612 Texas St. NE, 87110
- Corrales Office, 2469 Corrales Road NW, Suite F; Corrales, 87048

Southwest Pueblo Consultants & Counseling Services, LLC, 2921 Carlisle Blvd NE Ste. 101, 87110, www.swpccs.com, 505-241-9316

Streetwise Inc., 3232 Candelaria Rd. NE, 87107, streetnm.org 505-323-3785

Talking Circles Therapy and Wellness, 4004 Carlisle Blvd NE Suite A-2 87107,
www.talkingcirclestherapy.com, 505-261-9770

- Odilia Mendez, LPCC (Bilingual) - works with elementary students & families

The Family Connection, 2441 Cabezon Blvd SE, Rio Rancho 87124,
www.nmfamilyconnection.com, 505-717-1155

The Treehouse, 901 Rio Grande Blvd. NW Suite H-160, 87104

<https://www.treehousenm.com>, 505-278-0807

UNM Children's Psychiatric Center, 1001 Yale Blvd NE. 87131, 505-272-2890

UNM Psychiatric Emergency Services (Adults), 2600 Marble Ave. NE 87106

505-272-2800 or 505-272-2920, Urgent Care - 505-272-9038

Wild Magnolia Wellness, Los Ranchos, NM 87107, www.wildmagnoliawellness.com,
505-433-7561

YDI Prevention, Intervention & Treatment, 6301 Central Ave. NW, 87105, ydinm.org
pit@ydinm.org, 505-352-3444

Inpatient

Mesilla Valley Hospital, 3751 Del Rey Blvd., Las Cruces 88012; 575-382-3500; No-cost
assessment 800-877-3500

www.mesillavalleyhospital.com/programs-and-services/adolescents/

Peak Behavioral Health, 5055 McNutt Rd., Santa Teresa 88008; 575-589-3000; Free
confidential assessment: 575-268-2017; <https://www.peakbehavioral.com/>

Presbyterian Kaseman Hospital, 8300 Constitution Ave. NE, 87110; 505-291-2540,
<https://kaseman-hospital.phs.org/services/Pages/clinics.aspx>

The Sandhill Center, 15 Jemez Dr., Los Lunas, NM 87031, 505-866-9271,
info@sandhillcenter.org, <https://sandhillcenter.org/>

Health

Casa De Salud, 1608 Isleta Blvd. SW, 87105, <https://www.casadesaludnm.org/>,
505-907-8311

First Choice Community Healthcare, <http://www.fcch.com/>

- Alameda Health Center, 7704-A 2nd St. NW 87107, 505-890-1458
- Alamosa Health Center, 6900 Gonzales Rd. NW 87121, 505-831-2534
- North Valley Health Center, 1231 Candelaria NE 87107, 505-345-3244.

- Rio Grande High School SBHC, 2300 Arenal Rd SW 87105, 505-873-0220 ext. 50086
- South Broadway Health Center, 1401 William St. SE 87102, 505-768-5450
- South Valley Health Center, 2001 N. Centro Familiar, SW, 87105, 505-873-7400

First Nations Community Healthsource Zuni, 5608 Zuni Rd. SE, 87108, 505-262-2481

First Nations Community Healthsource Truman, 625 Truman St. NE, 87110, 505-248-2990

Medicaid Enrollment Program at APS, Brian Bolding - 505-855-5261 or Christina Almanza - 505-855-9820

NM Department of Health Midtown, 2400 Wellesley Dr. NE, 87107, 505-841-4100

NM Department of Health NE, 8120 La Mirada NE, 87109, 505-332-4850

NM Department of Health NW, 7704 2nd St. NW, 87107, 505-222-6500

NM Department of Health South Valley, 2001 El Centro Familiar SW, 87105, 505-873-7477

NM Department of Health SE, 7525 Zuni SE, 87108, 505-841-8928

NM Department of Health Taylor Ranch, 6911 Taylor Ranch Rd. #C12 NW, 87120, 505-899-8574

Share NM Resource Directory, sharenm.org/nm-resources

Crisis

Agora Crisis Center, UNM 1; MSC 02 1675 87131, 505-277-3013 or 855-505-4505, <http://www.agoracares.org/>

Albuquerque Family Advocacy Center, 625 Silver SW, 87105, 505-243-2333 <https://www.cabq.gov/albuquerque-family-advocacy-center/main>

Barrett Foundation Women and Children, 10300 Constitution Ave. NE, 87112, <https://www.barrettfoundation.org/> 505-246-9244, 505-243-4887, receptionist@barrettfoundation.org (email)

Domestic Violence Resource Center, 625 Silver SW, Suite 185, 87102,
www.dvrcnm.org Main 505-843-9123 or Helpline 505-248-3165

National Center for Missing & Exploited Children, 800-843-5678,
<http://www.missingkids.com/>

National Domestic Violence Hotline, www.thehotline.org, 800-799-7233 (SAFE)

National Suicide Prevention Lifeline, 800-273-8255,
<https://suicidepreventionlifeline.org/>

NM Coalition Against Domestic Violence, 2340 Alamo Ave. SE #120, 87106,
<https://www.nmcadv.org/> 505-246-9240 info@nmcadv.org (email)

New Mexico Crisis and Access Line, 855-662-7474 Open 24/7/365,
www.nmcrisisline.com or Peer to Peer Warmline for calls or text to connect to a peer
855-466-7100 Calls 3:30pm-11:30pm or Text 6pm-11pm

New Day Youth and Family Services, <https://www.ndnm.org/>, 505-260-9912
info@ndnm.org

Rape Crisis Center of Central NM, 9741 Candelaria Rd. NE, 87112,
<https://rapecrisiscnm.org/programs-and-services/>, 505-266-7711
info@rapecrisiscnm.org (email)

S.A.F.E. House Shelter and Family Empowerment, PO Box 25363, 87125,
<https://www.safehousenm.org/>, 505-247-4219, info@safehousenm.org

SANE Sexual Assault, 625 Silver SW, 87102, info@abqsane.org, 505-883-8720
<https://abqsane.org/services/>

Share NM Resource Directory, <https://sharenm.org/nm-resources>

YDI Independent Futures Youth Transitional Services, 505-212-7405,
<https://www.ydinm.org/program/independent-futures/> (outpatient transitional living
services)

LGBTQ+

Casa Q, PO Box 36168, 87176, 505-565-5810

Engender, Inc., 2632 Pennsylvania St NE, Suite E, 87110; 505-242-4400;
<https://engenderwellness.com/>

Equality NM, 400 Gold Ave. SW, Floor 7, 87102, info@eqnm.org, 505-224-2766

PFLAG, 136 Washington St. SE, Suite E, 87108, 505-873-7373

Transgender Resource Center NM, 149 Jackson St. NE, 87108, 505-200-9086

Common Bond NM, 505-636-0845, <https://www.commonbondnm.org/>

Tutoring

A+ Academic Coaching, 2500 Louisiana Blvd. NE #305, 87110,
arlene@apluscoaching.com, 505-888-7643

Club Z In-Home Tutoring Services, www.clubztutoring.com/albuquerque, 505-313-0073

Huntington Learning Center, 8201 Golf Course Road NW, 87120, 505-897-9100

Kumon Tutoring, 5850 Eubank Blvd. NE, 87111, 505-250-0621

Oasis Lifelong Adventure Tutoring, 3301 Menaul Blvd. NE #18, 87107,
OasisAbq@oasisnet.org, 505-884-4529

Sylvan Learning Center East, 10555 Montgomery Blvd. NE, #70, 87111, 505-404-9332

Sylvan Learning Center West, 10200 Golf Course Rd. NW, Suite G, 87114,
505-545-8361

The Tutor Doctor, info@tutordocor.com, 505-384-6110

YDI Education, Employment and Training, 6306 Central Ave. NW, 87105,
<http://www.ydinm.org/education-employment-and-training.aspx>, 505-352-3469

Food/Shelters/Housing/Utilities

Assistance League Albuquerque, 5211 Lomas NE, 87110,
www.assistanceleagueabq.org 505-226-0367

Good Shepherd Homeless Center, 218 Iron Ave. SW, 87102, 505-243-2527

Hope Works/Day Shelter, 1201 3rd St. NW, 87102, 505-843-9405

Human Services Department Income Support Field offices (SNAP - Supplemental Nutrition Assistance Program), www.hsd.state.nm.us, 800-432-6217 or contact specific ISD Field Office

- Living in the NW part of the county/city - 1041 Lamberton Pl. NE 87110, 505-222-9200
- Living in the SW part of the county/city - 3280 Bridge Blvd. SW 87121, 505-841-2300
- Living in the SE part of the county/city - 1711 Randolph Rd. SE 87106, 505-383-2600
- Living in the NE part of the county/city - 4330 Cutler Ave. NE 87110, 505-222-9200

Joy Junction Shelter, 4500 2nd St. SW, 87105, info@joyjunction.org, 505-877-6967
****must not have criminal background to qualify***

LIHEAP (Low-Income Home Energy Assistance Program), www.hsd.state.nm.us, 800-283-4465

NM Beds 4 Kidz, PO Box 7311, 87194, upb4soncontact@gmail.com,

Rio Grande Food Project, 600 Coors Blvd. NW, 87121, rgfp@rgfp.org, 505-831-3778

Roadrunner Food Bank Resource List (mobile food pantry information included), info@rrfb.org, 505-349-5340/505-247-2052

Safelink (free cell phones), www.safelinkwireless.com, 800-723-3546

Share NM Resource Directory, sharenm.org/nm-resources

Society of St. Vincent de Paul, 4120 Menaul Blvd. NE 87110, 505-346-1504

The Rock at Noonday Meals, 2400 Second St. NW, 87102, 505-246-8001

The Salvation Army, 411 Broadway Blvd SW 87102,
www.salvationarmyalbuquerque.org, 505-872-1171

The Storehouse Food, 106 Broadway Blvd. SE, 87102, info@storehousenm.org,
505-842-6491

The Storehouse West, 1030-F Veranda Dr. SE, Rio Rancho, NM 87124,
storehousewest.org, 505-892-2077

Women's Housing Coalition, angieludi@yahoo.com, 505-884-8856
womenshousingcoalition.com and click on "resources"

Legal

New Mexico Legal Aid, 301 Gold Ave. SE 87102, 833-545-4357 (intake line M-Thurs.
10am-4pm), 866-416-1922 (business line), <https://www.newmexicolegalaid.org/>

Pegasus Legal Services for Children, 3201 4th St. NW 87107, 505-244-1101,
www.pegasuslaw.org

Other

Catholic Charities of New Mexico, 505-724-4670 - Offers a wide range of services
including housing/rental assistance, immigration and citizenship legal services,
educational opportunities and refugee support. <http://www.ccasfnm.org/>

City of Albuquerque, call 311 or online list of resources, <http://www.cabq.gov/help>,
<http://www.cabq.gov/help/documents/abq-resource-card.pdf/view>

Explorabilities, 5006 Copper NE, 87108; 505-268-7988; email:
info@explorabilitiestherapy.com; <http://www.explorabilitiestherapy.com/> ****This is O.T.,
P.T., & Speech***

Healthy Families, 1805 Carlisle Blvd. NE, 87110; 505-842-9911 - Parenting Groups;
Mindy Cancer Program <https://www.healthyfamiliesabq.com/>

Indigo Therapy Services, Inc., 6817 Academy Parkway West NE, 87109;
505-508-0505; email: itsikids@comcast.net;
<https://www.indigotherapyservices.com/default.html> ****This is for O.T. & Speech***

KidPower Therapy Associates, P.C., 3530 Pan American Freeway NE, Suite D, 87107;
505-888-4469; email: kidpower@spinn.net;
<http://www.kidpowertherapyassociates.com/home.html> ****This is for O.T., P.T., & Speech***

La Plazita Institute, 831 Isleta Blvd. SW, 87105, 505-508-1802 – Youth support programs

PB&J Family Services, 1101 Lopez Rd. SW 87105, www.pbjfamilyservices.org,
505-877-7060 (Therapeutic Parenting Program and Child Development Centers/Early Intervention Services, Family Infant & Toddler Programs)

United Way 211, call 211 or <https://uwcnm.org/211>

UNM Addiction and Substance Abuse Program, 2600 Yale Blvd, SE 87106,
505-994-7999 “STAR Program” for ages 14-22 y.o.

Tutoring

Huntington Learning Center, 8201 Golf Course Rd. NW 87114, 505-797-3073,
huntingtonhelps.com

Club Z, 505-313-0073, clubztutoring.com/albuquerque

Sylvan Learning Center, East Albuquerque: 505-404-9332, [website](#). West Albuquerque: 505-545-8361, [website](#).

Varsity Tutors, 575-747-5103, <https://www.varsitytutors.com/tutoring-albuquerque>.

A Plus Academic Coaching, 2500 Louisiana NE #305, 87110, 505-888-7643,
<http://albuquerqueetutor.com>.

Kumon Math & Reading Center of Albuquerque, 505-250-0621, 5850 Eubank NE, 87111, [website](#).

Albuquerque Oasis Tutoring, 505-884-4529, 3301 Menaul NE, 87107,
<https://albuquerque.oasisnet.org/tutoring>.

Tutor Doctor, 505-384-6110, [website](#).

Pinon Tutoring, 505-657-4666, <https://www.pinontutoring.com>.

Math Plus Academy, 3750 Juan Tabo NE Suite D, 87111, 505-296-6284, [website](#).