

## JUNE 2023 LUNCH INGREDIENT LIST



### THURSDAY, JUNE 1

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#### **CHICKEN CLUB SANDWICH (CONTAINS: WHEAT, SOY)**

CHICKEN BREAST, SALT, PEPPER

**KAISER ROLL:** ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SOYBEAN OIL, SALT, YELLOW CORN MEAL, CALCIUM STEAROYL-2-LACTYLATE, SODIUM STEAROYL LACTYLATE, MONOCALCIUM PHOSPHATE, AMMONIUM SULFATE, CALCIUM STEATATE, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PEROXIDE, CALCIUM PROPIONATE (**CONTAINS: WHEAT, SOY**)

**TOPPING-** TOMATO, ONION, LETTUCE, MAYO

#### **ROASTED VEGGIE CLUB SANDWICH (CONTAINS: WHEAT, SOY)**

RED PEPPERS, YELLOW PEPPER, CARROTS, ZUCCHINI, MUSHROOMS, SALT, PEPPER

**KAISER ROLL:** ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, SOYBEAN OIL, SALT, YELLOW CORN MEAL, CALCIUM STEAROYL-2-LACTYLATE, SODIUM STEAROYL LACTYLATE, MONOCALCIUM PHOSPHATE, AMMONIUM SULFATE, CALCIUM STEATATE, WHEAT STARCH, CALCIUM SULFATE, CALCIUM PEROXIDE, CALCIUM PROPIONATE (**CONTAINS: WHEAT, SOY**)

**TOPPING-** TOMATO, ONION, LETTUCE, MAYO

#### **PASTA SALAD (CONTAINS WHEAT) (DAIRY FREE)**

DURUM WHEAT SEMOLINA, TOMATO SOLIDS, DRIED SPINACH, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID CONTAINS: WHEAT MANUFACTURED IN A FACILITY THAT USES EGGS, ONION, GARLIC, MAYO, PEPPERS, SPINACH

POTATOES, VEGETABLE OIL (SUNFLOWER, CANOLA OIL), SALT

#### **KETTLE POTATO CHIPS (MADE WITHOUT GLUTEN, DAIRY FREE)**

POTATOES, SUNFLOWER OIL, SEA SALT

### FRIDAY, JUNE 2

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#### **PANCAKE (CONTAINS: WHEAT, DAIRY, EGGS, SOY)**

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), WATER, SUGAR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, FRUCTOSE, SOY LECITHIN. VITAMINS AND MINERALS: VITAMIN A PALMITATE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12, REDUCED IRON

**MAPLE SYRUP:** CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, NATURAL & ARTIFICIAL FLAVOR, CARAMEL COLOR, SALT, CELLULOSE GUM, POTASSIUM SORBATE, SODIUM BENZOATE (AS PRESERVATIVE)

#### **TURKEY SAUSAGE (CONTAINS: WHEAT, DAIRY, EGGS, SOY)**

GROUND TURKEY, SALT, POTASSIUM LACTATE, SUGAR, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRATE, SOYBEAN OIL, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, TOMATO PASTE, FOOD STARCH, EGG YOLK, SALT, GARLIC, SUGAR, BLACK PEPPER, ZANTHAM GUM, DRIED BELL PEPPER, DRIED ONION, TURMERIC, CHEESE CULTURE, WHEAT, SOY

#### **VEGGIE SAUSAGE (DAIRY FREE) (CONTAINS: WHEAT)**

FILTERED WATER, VITAL WHEAT GLUTEN, EXPPELLER PRESSED SAFFLOWER OIL, EGGPLANT, ONIONS, YEAST EXTRACT, KOSHER RED WINE (RED WINE, SALT), GARLIC, BARLEY MALT, ONION POWDER, DRIED RED BELL PEPPER, FENNEL SEED, GRANULATED GARLIC, SEA SALT, SPICES

#### **HOME FRIES (DAIRY FREE)**

ROASTED POTATOES (POTATOES, REDSKIN POTATOES, VEGGIE BROTH, DEXTROSE, NATURAL FLAVORS, OLIVE OIL, ONION, GARLIC POWDER, SALT, SPICE), PAPRIKA, WHITE ONION, BELL PEPPER, SALT, PEPPER, OLIVE OIL

#### **CHOCOLATE CHIP COOKIES (CONTAINS: DAIRY, EGGS, SOY, WHEAT)**

FLOUR (BLEACHED WHEAT FLOUR, ENRICHED(NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BUTTER, SEMI- SWEET CHOCOLATE CHIPS, EGG, SUGAR, BAKING SODA, VANILLA, BAKING POWDER

## JUNE 2023 LUNCH INGREDIENT LIST

### MONDAY, JUNE 5

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#### **CAVATAPPI PASTA BAR (CONTAINS: GLUTEN, DAIRY, SOY)**

**CAVATAPPI PASTA:** SEMOLINA (WHEAT), DURUM WHEAT FLOUR. VITAMINS/MINERALS: VITAMIN B3 (NIACIN), IRON (FERROUS SULFATE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID  
**ALFREDO SAUCE:** HEAVY CREAM (CREAM), WATER, PARMIGIANO REGGIANO CHEESE (COW'S MILK, SALT, RENNET), PECORINO ROMANO CHEESE (PASTEURIZED CULTURED SHEEP'S MILK, RENNET, SALT), ONIONS, CORNSTARCH, NATURAL FLAVOR, SALT, AUTOLYZED YEAST EXTRACT, GARLIC, NATURAL FLAVOR, SPICE, PAPRIKA, OLIVE OIL, VEGETABLE OIL, PARSLEY, GARLIC, SALT, THYME

**MARINARA SAUCE:** TOMATO PUREE (WATER, TOMATO PASTE), TOMATOES, ONIONS, LESS THAN 2% OF: BROWN SUGAR, EXTRA VIRGIN OLIVE OIL, SALT, CITRIC ACID, BASIL, GARLIC POWDER, DRIED OREGANO, ONION POWDER, NATURAL FLAVOR, BLACK PEPPER, DRIED PARSLEY, GROUND FENNEL, GROUND SAVORY, GROUND THYME, CALCIUM CHLORIDE

#### **ITALIAN GREEN BEANS (MADE WITHOUT GLUTEN, DAIRY FREE)**

GREEN BEANS, SALT, PEPPER, OIL

#### **GARLIC BREAD (CONTAINS WHEAT, DAIRY)**

WHEAT FLOUR ENRICHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS LESS THAN 2% OF: SOYBEAN OIL, SALT, YEAST, MALTED BARLEY FLOUR, WHEAT GLUTEN, SUGAR, ENZYMES, ASCORBIC ACID, GUAR GUM, DEXTROSE, ASCORBIC ACID, VEGETABLE PROTEIN, CORN MEAL. SPREAD: VEGETABLE OIL BLEND (SOYBEAN, PALM), WATER, GARLIC, CONTAINS 2% OR LESS OF: ONION POWDER, SALT, NATURAL FLAVORS, SWEET CREAM BUTTERMILK, SPICES, MONOGLYCERIDES, SOY LECITHIN,

### TUESDAY, JUNE 6

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#### **NACHO BAR SEASONED GROUND BEEF ( DAIRY FREE ) ( MADE WITHOUT GLUTEN )**

SEASONED GROUND BEEF, CHILI SAUCE, ONIONS, BLACK PEPPER, PAPRIKA, CUMIN, OLIVE OIL, CORNSTARCH, OREGANO, SALT, RED PEPPER FLAKES

#### **NACHO BAR SEASONED REFRIED BEANS ( DAIRY FREE ) ( MADE WITHOUT GLUTEN )**

PINTO BEANS, SALT, PALM OIL, GARLIC, GREEN ONIONS, CUMIN

#### **CORN TORTILLA ( DAIRY FREE ) ( MADE WITHOUT GLUTEN )**

WHOLE YELLOW CORN, VEGETABLE OIL (COTTONSEED OIL AND/OR SOYBEAN OIL), SALT

#### **CHEESE SAUCE (CONTAINS: DAIRY)**

WHEY (MILK), FOOD STARCH-MODIFIED, MALTODEXTRIN, PALM OIL, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), NONFAT MILK, BUTTERMILK, SALT, CONTAINS LESS THAN 2% OF AUTOLYZED YEAST EXTRACT, CHEESES (BLUE, CHEDDAR [MILK,CHEESE CULTURE, SALT, ENZYMES]), DISODIUM PHOSPHATE, CORN SYRUP SOLIDS, AGED CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), SODIUM CASEINATE (Milk), LACTIC ACID, NATURAL AND ARTIFICIAL FLAVORS, CITRIC ACID, SODIUM PHOSPHATE, FD&C YELLOW #6, FD&C YELLOW #5, DISODIUM GUANYLATE, DISODIUM INOSINATE, MONO- and DIGLYCERIDES, PAPRIKA EXTRACT

#### **BLACK BEAN & CORN ( MADE WITHOUT GLUTEN )**

BLACK BEANS (ORGANIC BLACK BEANS, WATER, SEA SALT, CALCIUM CHLORIDE), ZUCCHINI, YELLOW SQUASH, TOMATOES, SALT, PEPPER, SOUR CREAM, TOMATOES, LIME JUICE, CILANTRO, GREEN ONIONS, RED PEPPER, YELLOW PEPPER, CUMIN, OLIVE OIL, VEGETABLE OIL, KOSHER SALT

#### **TOMATOES, SALSA, GREEN ONIONS (MADE WITHOUT GLUTEN )**

#### **CHEDDAR CHEESE (CONTAINS: DAIRY)**

CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, COLOR ADDED), POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR)

#### **SOUR CREAM (CONTAINS: DAIRY)**

CULTURED CREAM (MILK), ENZYME

#### **OREO CHUNK COOKIE (CONTAINS: DAIRY, EGGS, SOY, WHEAT)**

ENRICHED FLOUR WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, WATER, SUGAR, LIQUID SUGAR, WATER, BUTTER PASTEURIZED CREAM, SALT, EGGS, CONTAINS LESS THAN 2 OF EACH OF THE FOLLOWING: POTATO FLOUR, YEAST, WHEY, NONFAT MILK, SOY FLOUR, SALT, WHEAT GLUTEN, DEGERMINATED YELLOW CORN FLOUR, DATEM, SODIUM STEAROYL LACTYLATE, MONOCALCIUM PHOSPHATE, SORBIC ACID PRESERVATIVE, WHEAT FLOUR, CALCIUM SULFATE, AMMONIUM SULFATE, SODIUM SILICOALUMINATE, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, ENZYMES, SORBITAN MONOSTEARATE, WHEAT STARCH, ENZYMES, MONO- AND DIGLYCERIDES, MICROCRYSTALLINE CELLULOSE, CALCIUM SILICATE.