

Counseling/Hospice/Substance Abuse/HelpfulResources

Sonoma County Beacon:<http://www.partnershiphp.org/Providers/HealthServices/Pages/Mental-Health-Services.aspx>(855)765-9703
○ Help you understand your Medi-CAL mental health and substance abuse benefits and treatment choices
Access Team, Sonoma County Behavioral Health Services:<http://www.sonoma-county.org/health/about/behavioralhealth.asp>565-6900
○ Information and referral assistance; low-income, Medi-Cal or uninsured residents of Sonoma County only
Drug Abuse Alternatives Center (DAAC):www.daacinfo.org takes adolescent Medi-Cal 544-3295
Family Justice Center of Sonoma County:<http://www.fjcsc.org>565-8255
Kaiser Permanente Department of Child Psychiatry:www.kp.org 571-3778
Kaiser Permanente Chemical Dependency Program:www.kp.org 571-3835
NAMI Sonoma County:www.namisonomacounty.org 527-6655
○ Support groups and education courses for families of loved ones with mental illness
Sonoma County Crisis Stabilization Unit/PES (24/7):3322 Chanate Road, Santa Rosa 576-8181
Victim Witness:<http://da.sonoma-county.org/content.aspx?id=1716> 565-8250

North County (Cloverdale/Healdsburg/Windsor):

Alexander Valley Healthcare (Cloverdale):www.alexandervalleyhealthcare.org 894-4229
Alliance Medical Center (Healdsburg):<http://www.alliancemed.org>(must be established as a patient first)433-5494
Alliance Teen Health Center (Healdsburg):(does not require you to be established patient to be referred for MH services) 431-1170
North County Hospice (Healdsburg):www.sonomacountyhospice.org 431-1135
Alliance Medical Center (Windsor): <http://www.alliancemed.org>(must be established as a patient first) 687-2498
SOS Counseling @Windsor High

Santa Rosa:

***Community SOS Counseling:**www.soscounseling.org(covers Santa Rosa & Windsor) 284-3444
***CPI Child ParentInstitute:**www.calparents.org 585-6108
Elsie Allen Health Center:<http://srhealthcenters.org/service/elsie-allen-health-center/>583-8777
Full Heart Treatment Center:www.FullHeartTreatment.com (eating disorder support groups) 544-5717
***Lomi Psychotherapy:**www.lomi.org 579-0465
Parents Place:www.parentsplaceonline.org/location/sonoma-county/ 571-2048
Santa Rosa Memorial Hospice:<http://www.stjoesonoma.org/Contact-Us/Locations-and-Directions/Memorial-Hospice.aspx>568-1094
Social Advocates for Youth (SAY):www.saysc.org 544-3299
SAY The Dr. James E. Coffee Teen Shelter:1243 Ripley St., Santa Rosa, CA 95401; Open 24/7/365 546-3432
SAYTeen Shelter Crisis Hotline:888-729-0012
Sutter Care at Home: <http://www.suttercareathome.org/GriefSupport/NorthBaySupport.html>(grief counseling)535-5780
Positive Images: www.posimages.org/ (LGBTQ support and peer groups) 568-5830
***Verity**www.ourverity.org(offers trauma counseling; accepts VictimsCompensation)545-7270 24/7 Crisis Line: 545-7273
Sonoma County Indian Health Project <http://scihp.org>521-4550

Sonoma Valley:

Sonoma Valley Community Health Center:<http://svchc.org/>(press "5" for behavioral health) 939-6070

South County (Rohnert Park/Cotati, Petaluma):

Hospice of Petaluma:www.sonomacountyhospice.org (grief counseling) 778-6242
***Petaluma People Services:** www.petalumapeople.org 765-8488
Petaluma Health Center: <http://phealthcenter.org/services-programs/mental-health/>(counseling for existing patients only) 559-7545
Rohnert Park Health Center: <http://phealthcenter.org/contactpetaluma/rohnert-park> 559-7605

West County:

***West County Health Centers:**<http://www.wchealth.org/service/mental-health-services>*Guerneville 869-2961 x1
***Gravenstein Community Health Center (Sebastopol)** 823-3166
***Occidental Area Health Center** 874-2444
***Russian River Health Center** 869-2849
***Sebastopol Community Health Center** 824-9999
***Forestville Wellness Center** 887-0290
***Forestville Teen Clinic** (being a patient here allows you access to MH services in any WCHC clinic)887-0427
***Russian River Counselors:** <http://www.rivershrink.com>865-1200

**NOTE: any referral with an asterisk "*" means they offer sliding scale fees for services.*

Crisis Hotlines/Text Messaging/Websites

National Suicide Prevention Hotline 1-800-273-8255
North Bay Suicide Prevention Hotline of Sonoma County 1-855-587-6373
www.teensuicide.us www.suicidepreventionlifeline.org www.thetrevorproject.org
<http://ok2talk.org/> <http://www.my3app.org/> <http://us.reachout.com/>
Crisis Text Line:text to #741741available 24/7 (info at <http://www.crisistextline.org/>)