



INDIVIDUALIZED SCHOOL HEALTH PLAN
Seizures

STUDENT		DOB
SITE	TEACHER	DATE
HEALTH HISTORY AND DIAGNOSIS:		
<p>MEDICATIONS: 1. _____</p> <p>2. _____</p> <p>Common side effects: _____</p> <p>Emergency Medication ordered and at school site? Yes___ No___ LOCATION: _____</p> <p>If yes: Only licensed personnel (i.e. nurse, EMT, Paramedic) or trained volunteer may administer emergency medication to student per protocol. If nurse or trained volunteer not available 911 will be called at onset of tonic clonic seizure. Note: When licensed personnel (RN, LVN) are unavailable at the school, the student's parent or guardian may request the school to have one or more of its employees receive training (pursuant to section 49414.7 sections b and c of the California Education Code) in the administration of an emergency anti-seizure medication (such as Diastat) in the event that the pupil suffers a seizure when a nurse is not available.</p>		
SIGNS TO WATCH FOR :		
<p>1. _____</p> <p>2. _____</p>		
A SEIZURE IS CONSIDERED AN EMERGENCY WHEN:		
<ul style="list-style-type: none"> • Convulsion (tonic-clonic) seizure lasts longer than 5 min. • Student has repeated seizures without regaining consciousness • Student is injured or has diabetes • Student has a first time seizure • Student has breathing difficulties (may develop bluing of lips and nail beds during seizure) • If student continues to have blue lips and mouth after seizure has ended, this is an emergency. • Student has a seizure in water <p>Tonic-Clonic seizure is: recognized by body stiffness and uncontrolled jerking or twitching in all limbs, or seizure activity that begins on one side of the body and becomes generalized.</p> <p>PLAN TO FOLLOW:</p> <ul style="list-style-type: none"> • Call 911 <input type="checkbox"/> after _____ minutes. <input type="checkbox"/> Immediately. • Call health office/school administrator, and parents. • Lie Student Down, Turn on Side and Protect Head • Pull desks or other objects away from area • Do not put anything in mouth • Do not restrain student • Keep airway open, watch breathing • Stay calm, track and record length of seizure • Stay with student until fully conscious • Licensed personnel or trained volunteer to administer emergency medication per doctor's order and instructions. If nurse or trained volunteer not available 911 will be called at onset of tonic clonic seizure. 		
School personnel will notify paramedics and give information regarding this student.		
THE PARENTS CAN BE CONTACTED DURING SCHOOL HOURS AT:		
Name:	Phone:	Other:
Name:	Phone:	Other:
MD:	Phone:	
School Nurse:	Phone:	
Parent/Guardian Signature:		Date:
Physician Signature:		Date: