

Sign-Up Today! **Class Seats OPEN**

Registration Form...in your High School Counselor's Office

Physical, Occupation, and Fitness Therapy Technician

This program is designed for the student who is interested in the vast, wonderful, and ever-advancing medical/health sciences field.

It is also the foundation that you can use to pursue and build the medical career of your choice; with the emphasis on knowledge and skills in the Physical, Occupational, and Fitness Therapy realm.



**Josh Holliday,
MS, ATC, CSCS
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509-573-5521**

Career Opportunities:

- Physical Therapy Aide
- Occupational Therapy Aide
- Fitness & Wellness Center / Gym Assistant
- Advanced Opportunities for Post-Secondary Education

Industry Certification:

- American Heart Association Healthcare Provider
CPR and First Aid Card
- Food Handlers Card
- Fire Extinguisher Training
- Washington State Precision Exam

Skilled Training & Academic Learning:

- Working within the Healthcare Community
- Emergency Medicine and First Aid Procedures
- Communication / Teamwork / Interpersonal Skills / HIPAA Education
- Human Anatomy (Bones/Muscles)
- Medical Terminology / Charting
- Fitness and Wellness Practices
- Injury Supports: Taping, Bracing, Wrapping
- Therapeutic Rehabilitation (Modalities & Exercises)
- Clerical Skills
- Professionalism Skills & Career Portfolio



Time: 8:00 am – 10:30 am / 12:00 pm – 2:30 pm

Credits: 3.0

Students Eligible: Juniors and Seniors (Opportunity for 2nd Year)

Equivalency: 1.0 Lab / Life Science or 1.0 P.E or 0.5 Health

Internship Opportunities: Opportunities Available (for those who qualify)

College Credits: 12* (If Qualifications Met)



509-573-5500 YV-Tech Room #240 1120 S. 18th Street Yakima, WA 98901



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