

**Here is a partial list of places
children and families can get
extra help for special issues.**

Behavioral Health Services - 453-1344

918 E. Mead Ave.

* Helps with all types of counseling situations for all ages. (Accepts Medicaid. Bilingual counseling available.)

Central Washington Comprehensive Mental Health - 575-4084

402 S. 4th Ave

* Helps with all types of counseling situations for all ages. (Accepts Medicaid. Bilingual counseling available.)

Northwest Associates - 575-4313

1200 Chesterly Dr. Suite 200

* Helps with all types of counseling situations for all ages. (Accepts most insurances. Interpreter available.)

Catholic Family and Child Services - 965-7100

5301 Tieton Dr. Suite C

* Helps with all types of counseling situations for all ages. (Accepts most insurances. Bilingual counseling available.)

Please consult the internet for a complete listing of agencies and individuals offering counseling services in the Yakima Area.

FREE ONLINE TUTORING:

Paper.co

Paper is an online tutoring program free to all YSD students. Search Paper.co from your favorite browser to access tutoring resources..

For Your Information

Community Resources

Emergency and Referral

Emergency	911
Mental Health Crisis Services	575-4200
Open Line (24 Hour)	1-800-572-8122
Epic Youth Services	457-8835
Community Info Line	211
Youth At-Risk Petition	1-800-557-9671
Wraparound w/Intensive Services (WISe)	575-4084

Domestic Violence and Sexual Abuse

Domestic Violence Hotline	1-800-562-6025
Sexual Assault Victim Advocacy	452-9675
Virtual Crime Victim Service Center	1-800-346-7555

Children's Safety

Child Protective Services	1-800-557-9671
Family Reconciliation Services	1-800-557-9671
Natl Runaway Switchboard	1-800-Runaway

Alcohol and Drug Services

Alcoholics Anonymous	453-7680
Al-Anon	577-9401
24 Hour Open Crisis Line	1-800-572-8122
Dependency Health	575-4084
Casa de Esperanza	453-1344
Behavioral Health	575-8457
Triumph Treatment Center	248-1800
Merit Resource Services	469-9366
Barth Clinic	1-877-457-5657

Medical Services

Farm Workers Medical Clinic	248-3334
Planned Parenthood	248-0496
Neighborhood Health Services	454-4143
Life Choices	248-2273

Parenting Resources

Strong Families	575-4084
YMCA Mentor Program	248-1202
Yakima Regional Parenting Education	575-5046

Wilson Middle School Counseling Program

This pamphlet is designed to inform you about the counseling services offered. We appreciate your trust and the opportunity to help you and your child.



Your school's counselors are...

Manuela Guzman (Nelly)(A-G) 573-2415
guzman.manuela@ysd7.org

Jennifer Brownlow (H-O) 573-2416
brownlow.jennifer@ysd7.org

Yvonne Robinson (P-Z) 573-2417
robinson.yvonne@ysd7.org

Please visit our counseling webpage:
www.wilson.yakimaschools.org

Wilson Middle School
902 South 44th Avenue
Yakima, WA
(509) 573-2400

Ernesto Araiza, Principal
John Gonzales (A-K), Assistant Principal
Samantha Howell (L-Z), Assistant Principal

Wilson Middle School Vision Statement

Wilson Middle School Students will have the skills, confidence and knowledge to achieve success.

Wilson Middle School Mission Statement

Wilson Middle School will provide equitable opportunities for achievement to all students by:

- A. Fostering high academic and behavioral expectations
- B. Continuously improving instruction
- C. Using multiple methods to assess and provide feedback of student achievement
- D. Encouraging students to achieve
- E. Building partnerships with parents, guardians, and community members
- F. Utilizing strategies to build positive relationships

THE CAVS WAY!

Dear Parent and Student,

The information shared in a counseling relationship needs to be treated with the greatest respect. The privacy of the information you share with us belongs to you. You can share any information with others. In general, we tell no one what you tell us. However, we are obligated to divulge information to the parents of minors, as ordered in a court of law, and to protect students from hurt, including abuse and neglect. We are also obligated by our school district to uphold school rules related to student conduct. We hope you understand that we believe you do have a right to privacy and we will guard that as much as permitted by law and our ethical standards. However, the safety of our students is our highest priority.

Sincerely,

Mrs. Brownlow
Mrs. Robinson
Mrs. Guzman

Wilson Middle School Counselors help...

STUDENTS

- .. Understand themselves and others
- .. Learn communication skills
- .. Establish and maintain healthy relations with others
- .. Develop decision making and interpersonal skills
- .. Gain optimum benefit from their school experience

PARENTS

- .. Learn about their child's growth and development
- .. Appreciate their child's abilities, imitations, and progress in school
- .. Encourage a home atmosphere for emotional security and personal growth
- .. Gain additional information to further enhance parent-child relationships
- .. Communicate with the school staff when an interpreter is needed

STAFF

- .. Understand the children and their behavior
- .. Initiate classroom guidance activities for greater understanding of self and others
- .. Create a positive learning climate and personalized curriculum

CURRICULUM: Our school has adopted the CharacterStrong curriculum built around "Eight Essential" character traits and the social-emotional skills that have been proven to help us be productive, empathetic, successful people. We will be working together to build a kinder school culture and, ultimately, a kinder world.

Eight Essentials: PATIENCE-KINDNESS
HUMILITY-RESPECT
SELFLESSNESS;FORGIVENESS
HONESTY-COMMITMENT

Middle school students need counseling services because...

- .. Children require academic and interpersonal skills to be successful in their every day lives
- .. Children who understand feelings and can discuss them are able to cope more effectively with life's problems
- .. Children who have a good self-image make better learners
- .. Children must deal with the reality of divorce, single parent homes, drug use and abuse, child abuse and violence

Who are the Middle School Counselors?

The Middle School Counselors are ESA (Education Staff Associate) certified people with a Master's degree in counseling, which includes training in the following area:

- .. Child growth and development
- .. Learning theories
- .. Individual and group testing
- .. Counseling techniques
- .. Group counseling skills
- .. Communication skills
- .. School and community resources available for students
- .. Vocation and career information
- .. Crisis interventions techniques
- .. Confidentiality and rights and obligations of students
- .. Supervised internships
- .. Research methods