# **Bear Tracks**

MAY 18 • Updates from Roosevelt Elementary

#### Bear Tracks en espanol

## How Do I Keep My Child on a Schedule?

At Roosevelt, your child was on a daily schedule of learning, exercising, and socializing. Right now, it's hard for ALL of us to stay on schedule. Here are 3 resources to help you finish the last month of school strong, and build in routines to make your summer smoother.

Wake up. Brush teeth, get dressed, make bed, eat breakfast, etc		8:00 Morning Routine
Set an intention and plan for the day	10 to 11 am	8:30 Breakfast
Screen-free academic time	ACADEMICS	9:00 Academic Time
Feelings check-in		10:30 Snack 11:00 Outdoor Time
and an and a second	Work Books	11:00 Cuisdoor Time
Get moving and eat lunch	Flash Cards	1:00 Quiet Time
Downtime and rest	Math Drills	2.00 Science/STEM/Art Proje
Free-choice reading and snack		3:00 Clean Up Time
Get maving	Premade Lesson Plans	3:30 Snack
Non-constant of the second	Journal Writing	4:00 Free Time
Reflect		5:00 Prepare for Dinner
Dinner and family time		5:30 Dinner 6:30 Evening Routine

HOME LEARNING SAMPLE SCHEDULE SCHEDULE TIPS VIDEO

#### Tell Us What You Think about our Learning Packets

Take a quick 3-minute survey so we can improve your child's last 2 packets!

## Roosevelt's 3 Most Important Websites for Your Child's Learning



#### GOOGLE MEET

GRADES 1-5: Live video with your child's teacher! Ask questions, get help, and have fun 1-2 times a week.



# GOOGLE CLASSROOM

GRADES 1-5: Homebase for assignments, tutorial videos from Roosevelt teachers--daily if possible.



#### **CLASS DOJO**

KINDER: Connect, share photos, watch tutorial videos-a few times a week.

#### We're Here to Help You!

Please email or call us with any questions.

# How to Get Help? 3 Easy Ways



#### REMIND

Send your teacher a message through the Remind App. Watch <u>THIS VIDEO</u> for details, or <u>contact us</u> to get the link to your child's teacher.



LET'S TALK

Instantly message us in English or Spanish through Let's Talk



## STUDENT HELP DESK

Email or call (509) 573-7120 in English or Spanish for tech support from our Student Help Desk.





# **Roosevelt Elementary School**

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