Signs & Symptoms Drug Abuse in Gloucester County

» Opiate Initiative

Sgt. Danielle Lo Russo

Since 1987 there has been a drug awareness month in our schools / either October or April.

- **This usually consist of a one day assembly for high school**
- **Middle and elementary schools have had Red Ribbon week, DARE or GREAT programs.**















Mission Statement

The Gloucester County Prosecutor's Office will lead the charge in creating an operative opiate initiative through county guided education, training and communications to empower its municipal communities to increase substance abuse awareness and introduce prevention preparedness.

Williamstown High School

700 NORTH TUCKAHOE ROAD
WILLIAMSTOWN, NJ 08094
(856) 262-8200 FAX (856) 262-0869
GUIDANCE DEPARTMENT FAX (856) 262-2389

DR. JILL DELCONTE
Principal
DAVID M. BABICH
Assistant Principal
B. SCOTT BORING
Assistant Principal
CAROLINE M. YODER

Staff Referral for Student Suspected of Being Under the Influence

Student Name:_____ Grade: _____ Period: _____

Staff Name: _____ Date: _____

Behaviors exhibited by student: Please check all those that apply:

_____Smells of Alcohol
_____Smells of Marijuana
_____Glassy/Bloodshot Eyes
_____Erratic Behavior
_____Slurred speech/rambling
_____Falling asleep/drowsiness
_____Staggering
_____Crying
_____Disoriented
_____Hyperactivity
_____Sexually acting out
_____Confused
_____Excitation
_____Euphoria
_____Paranoia
_____Mood Swings
_____Trembling
_____Needle Marks
_____Incoherent
_____Sudden Outbursts
_____Dreamy/Blank Expression
_____Constant runny nose
_____Talkativeness
_____Extreme Hunger

Other comments or behaviors: _____

_____

_____

Signature Date

1._____(Referent)
2. _____(Administrator)
3. _____(Nurse)
4. _____(SAC)

Physical Examination_____(Place)
Laboratory Screening _____(Place)
Findings_____

Upon Return to School

Recommendations:

_____

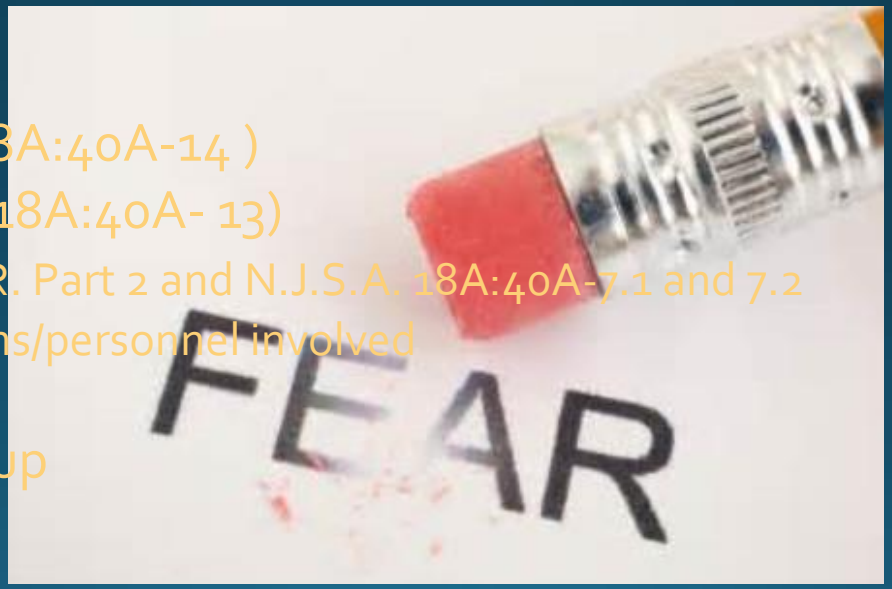
_____(SAC)

Protocol of suspecting a child to be under the influence in the schools:

- Suspicion
  - 1st immediately contact nurse
  - directly inform principal immediately following

- Reporting
  - Liability (N.J.S.A. 18A:40A-14)
  - Immunity (N.J.S.A. 18A:40A- 13)
  - Confidential (42 C.F.R. Part 2 and N.J.S.A. 18A:40A-7.1 and 7.2
    - Applies to all persons/personnel involved

- Notification & Follow up



Opiate Initiative - Educate our school staff : in-service days.

- Every county came up with a similar idea.
- In-service days for all administrators, teachers, aids, coaches, nurses, SAC's, counselors, bus drivers and janitors.
- Up to the date information on all Control Dangerous Substance we are seeing within our county along with signs of symptoms of drug users.
- Role playing for the teachers on what to do if you suspect drug use.
- **WE NEED TO DO MORE! A drug awareness month is not enough.**



Michele Perez (of Williamstown), Vice Chairperson City of Angels, Certified Interventionist & Addiction Recovery Coach Chairperson, Monroe Township Municipal Alliance Commission



Michele is a mother who is passionate about helping those who affected and their families deal with addiction and the recovery process after her son became addicted to heroin.

City of Angels NJ, Inc. (COA) independent organization with no parent organization. They never charge for services, including interventions and recovery support.

Donna Gaudio – SAC Williamstown High School
Student Assistance / Substance Abuse Counselor & Monroe Twp Municipal Alliance Parliamentarian

Donna educates students on the dangers of substance use; provides confidential counseling to students for substance use and mental health issues.

In addition, she also investigates allegations of bullying.

Gloucester County Opiate Initiative

Williamstown High School will Pilot this Initiative this coming 2015/16 school year.

Opiate Initiative

- In-service Training

Phase I

WHO

- Teachers
- Administrators
- Janitorial
- Lunch Aides
- Sac's Counselors
- Coaches
- Bus Drivers

WHAT

- **SPECIFIC TO GLOUCESTER COUNTY**
  - Current Trends
  - Signs & Symptoms
  - Paraphernalia

Opiate Initiative

Phase II

- Get a monthly program (Free program -o- cost)
  one day a month
  Health / Gym Class

- Assemblies - with the Steered Straight program and another one with there peers

- Drug reality forums – for the parents

Opiate Initiative
Phase III

- Elementary school
  - Age appropriate program
  - One day a month / Gym Class
  - Educating our youth on coping mechanisms

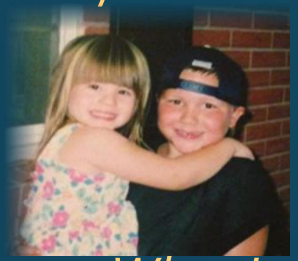
Phase II: Implementation into the High School

- **Two assemblies and classroom workshops**

October: Kick off the initiative with *Steered Straight* -assembly for all students-

November: *Peer to Peer*- assembly for all students (Sarah & Amanda)







December: Classroom workshop- *What is Addiction?*

January: Classroom workshop- *Debunking the Myths about Marijuana*

February: Classroom workshop- *What do the "Other" Drugs do to me?*

March: Classroom workshop- *What if someone I care about is using drugs? Good Samaritan Law*

April: Classroom workshop- *Confidentiality and talking to someone*

May: Classroom workshop- *GETTING HELP!*

June: *Culminating celebratory event*

Marijuana – Central Nervous System Depressant

















How it is used & Possible Effects

- Usually smoked in a cigarette called a joint or blunt or a pipe or vaporizer.
- Weed, Trees, Green, Pot, Hydro and specific strains: Purple Haze / Orange Crush
- Effects last 3-5 hours.

- Pupils – Normal however, the pupil response to light is slow. THC causes the Sclera (white of the eye) to change to opaque red.

The most immediate signs of smoking weed are:

- bloodshot eyes
- increased heart rate,
- increased appetite
- memory impairment
- difficulty paying attention or solving problems.

Bloodshot Eyes & Dry Mouth





Stimulants – Cocaine













Usually packaged in plastic bags

Cocaine can be white, off white, tan or pink

How it is used & Possible Effects

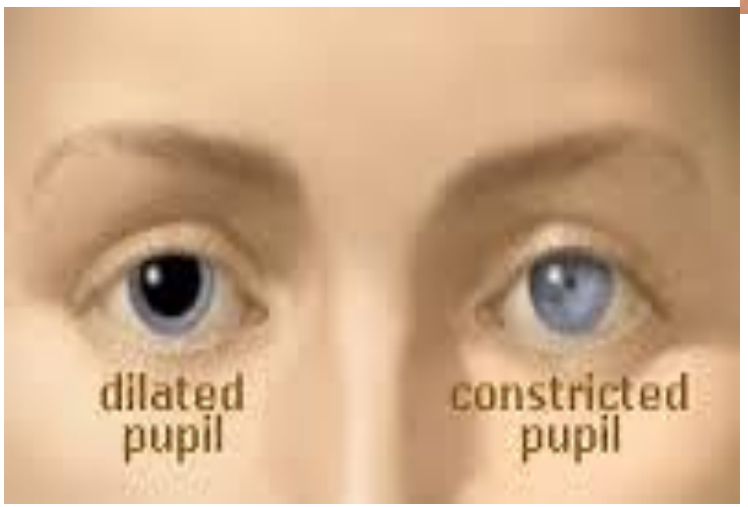
- Coke, Powder, Blow, Soft, Snow, White girl & Fish scale
- Most common is inhaled (snorted)
- It can be Injected but this is rare.

A cocaine high could last 45 minutes to a couple of hours.

- Pupils – Dilated, pupil response to light stimulus is slow.
- Quick surge of energy, causes confusion, irrational actions, racing heart rate and raised blood pressure.






dilated
pupil
constricted
pupil





Stimulants – Crack Cocaine















Usually packaged in plastic bags or capsules

Crack can be white off white or yellowish

How it is used & Possible Effects

- Most common is smoked
- Hard, Readies, Rock & Cook.
- It can be Injected but this is rare.
- A “crack” high lasts ten to fifteen seconds (extremely addictive), followed by a high similar to a cocaine high which can last up to a couple of hours.
- Pupils – Dilated, pupil response to light stimulus is slow.
- An immediate Euphoric feeling, causes confusion, irrational actions, racing heart rate and blood pressure, severe “crash” once high is completed.


dilated pupil
constricted pupil









Stimulant – Methamphetamine













Usually packaged in plastic bags

Meth is a thick powder substance, white, off white and pink in color

How it is used & Possible Effects

- Most common is snorted (effects within 3-5 min), orally ingested(effects with in 20 min) and smoked (effects immediately).
- Crank, Meth, Crystal & Glass
- It can be injected(effects immediately).

- Slow to react to light stimulus. Dilated or constricted pupils.
- Increase Alertness, loss of appetite, uncontrollable movements (twitching, jerking) dry skin / itching
- Effects on the mind, disturbed sleep excessive excitation & talking, panic and Anxiousness.



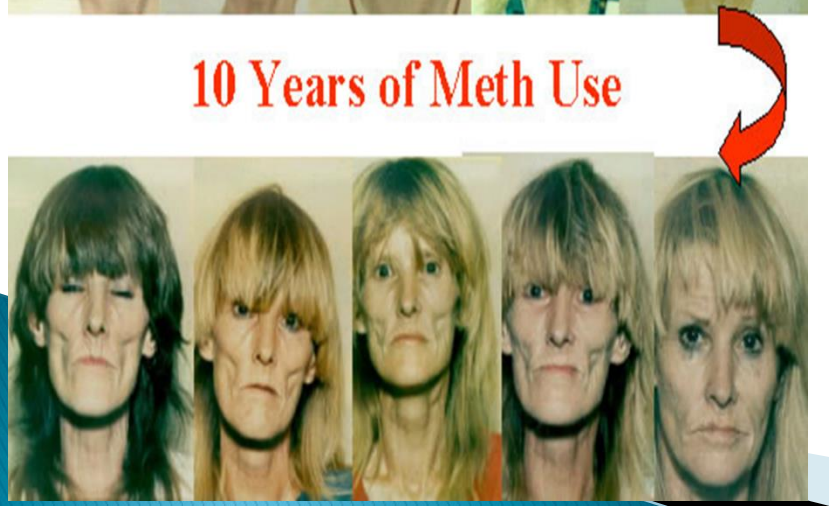












10 Years of Meth Use



Stimulant – MDMA / Molly







- Most common found in the pill or powder form usually orally ingested. E, X, Bombs, E-Bombs& Pressies & Mollies

Causes anxiety, restlessness, irritability, sadness, sleep disturbances, raise in body temperature, dehydration and high blood pressure

Dilated pupils

A dose of molly can last 4-6 hours.

Hallucinogen – LSD / Acid & Psilocybin Mushrooms / Shrums–
Dilated pupils, salivation or dry mouth, mood swings, erratic behavior, anxiety, depressions, paranoia. Hallucinations, Confused perception of reality, Permanent changes in perception, Rapid heart rate, High blood pressure. Could last 24 hours.

Phencyclidine – PCP – Wet, illy & Waaky
Smoked, absorbed through skin or orally ingested – normal pupils, blank, wall-eyed stare, physical cravings, physiological problems, numbness, slurred speech, Inability to make decision, Amnesia, Lack of motivation, Getting caught up in a delusional system to the point the individual believes that is reality all the time, Difficulty paying attention, Hallucinations & Delusions. Could last 4-6 hours.







Prescriptions

- Stimulants – Adderall, Amphetamine, Ritalin, Pseudo Ephedrine





- Depressant- Klonopin, Xanax, Tegretol, Thorazine, Prozac, Dilantin











Oxycodone – Oxytocin – Percocet – Roxicet

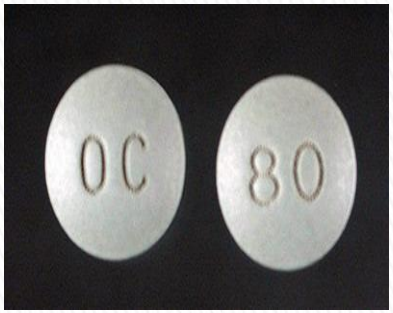
Percs / oxy's / blue boys / yellow's / M boxes / K9's



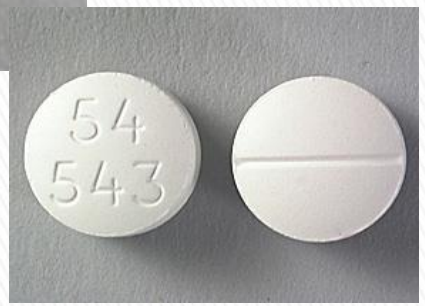












Narcotic Analgesic – are drugs that relieve pain, can cause numbness and induce a state of unconsciousness. They work by binding to opioid receptors, which are present in the central and peripheral nervous system.

are medicines used to treat severe pain. Oxycodone is a type of strong opioid. It is used in particular to treat pain after a surgical operation, and pain caused by cancer. It works on your nervous system and brain to reduce the way you feel pain.

Signs and symptoms

- Pill form – Most of the time they are swallowed or they can be crushed and snorted or injected.

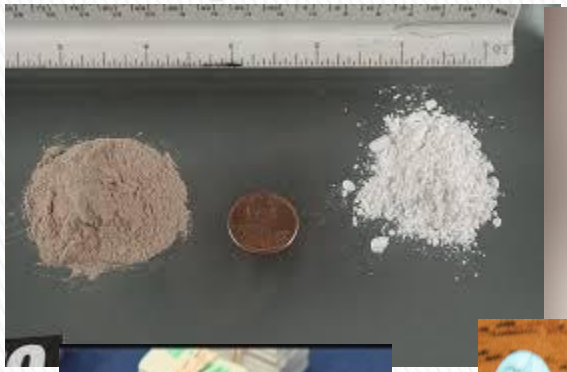
- Constricted Pupils
- Droopy eyelids
- Dry mouth

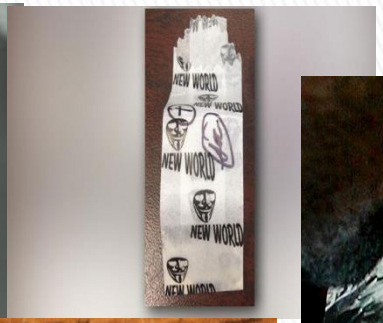


- Drowsiness, Euphoria, Anxiety, Mood swings, Irritability.

- Nodding out, Dizziness, Itching, Nausea & Vomiting, Constipation

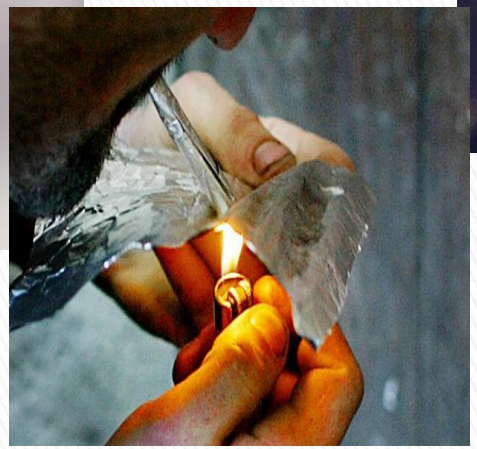
Central Nervous System Depressant – HEROIN









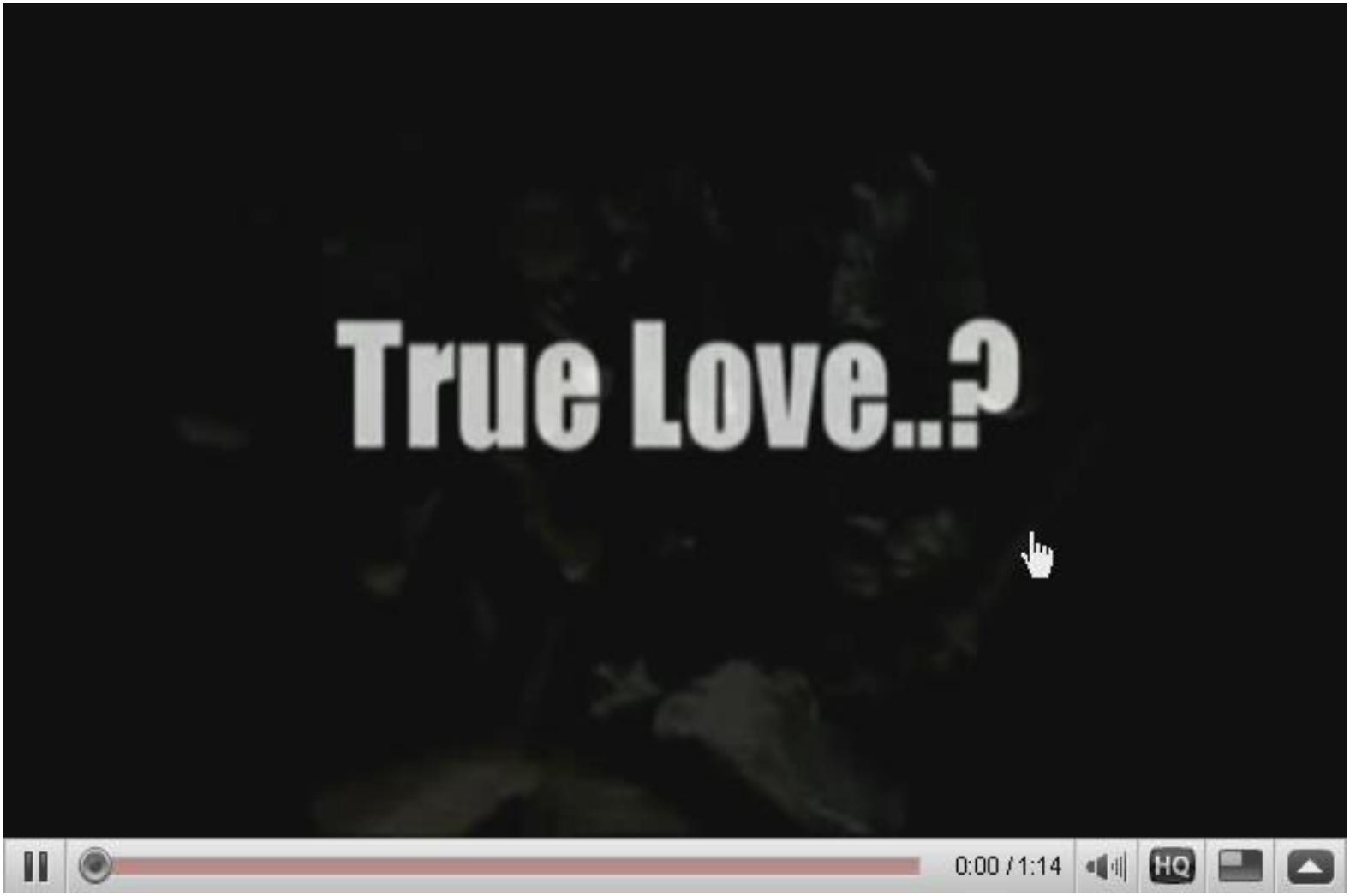






Heroin us usually injected, but can be snorted or smoked. If you snort heroin its only a matter of time you start injecting. Usually packaged in wax folds stamped and placed inside a plastic bag.

Heroin is a white / tan / brown powdery substance. The effects of Heroin can last 4 – 8 hours.


True Love..?
0:00 / 1:14
HQ






KISS




1
2
3
4




NJ has the purest form of heroin in the US. 60-70 % purity.

Dope, D, Smack, Diesel, H, Manteca Anything referring to packaging / stamping (i.e. "Superman" stamp, "Call of Duty" stamp, etc.)

Shortness of breath

Dry mouth

Constricted (small) pupils

Sudden changes in behavior or actions

Disorientation

Cycles of hyper alertness followed by suddenly nodding off

Droopy appearance, as if extremities are heavy

Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin consumption. With growing tolerance, more definitive physical symptoms of heroin abuse and addiction emerge

Weight loss

Needle track marks visible on arms

Infections or abscesses at injection site

For women, loss of menstrual cycle (amenorrhea)

Cuts, bruises or scabs from skin picking















Connection between Rx addiction and Heroin

- The abuse of opioid analgesics(Prescription pills) constitutes a new route to heroin abuse. As the pills become more difficult to obtain, or too expensive, addicts will seek Heroin because it is also an opioid and will give the same type of high. It is so readily available and cheap!

- Although many new heroin users may begin by snorting the drug, most progress to injection drug use as their tolerance develops and the quality of heroin varies.

- The addict may encounter blood-borne pathogens, such as HIV, hepatitis B virus, and hepatitis C virus.

Naloxone / Narcan

- 2014 – August – December 2014 Gloucester County Had 32 Deployments. With 31saves. 40 drug related deaths.
- 2015 (as of October 26, 2015)– Gloucester County Had 88 Deployments. With 84 saves.
- To date we have had 55 drug deaths. (Pending 1 – Toxicology)

New Jersey Law

- Opioid Antidote and Overdose Protection Act.
- Provides immunity for witness and victims of overdose who activate emergency services.
- Permits physicians to prescribe naloxone to "Patients"

What do I do if I think My Child is Using Drugs?

•Get Educated

First, learn as much as you can

•Have The Talk — Let Them Know You Know

The next thing you can do is sit down and talk with your child. Be sure to have the conversation when you are all calm and have plenty of time.

•Be Specific About Your Concerns

Tell your child what you see and how you feel about it.

•Don't Make Excuses, It's Not a Rite of Passage!

Although it's natural for parents to make excuses for their child, you're not helping him/her if you make excuses when he/she misses school or family functions when you suspect something else is at play.

•Try to Remain Calm and Connect With Him/Her

Have this discussion without getting mad or accusing your child of being stupid or bad or an embarrassment to the family. Be firm but loving with your tone and try not to get hooked into an argument.

- **Seek Professional Help**

Want to learn more?

ABOVE THE INFLUENCE http://www.abovetheinfluence.com/facts/drugs-prescription-otc.aspx#

COMMUNITY ANTI-DRUG COALITIONS OF AMERICA www.cadca.org

THE DRUG TAKE-BACK NETWORK http://www.takebacknetwork.com/

NATIONAL CONCIL ON PATIENT INFORMATION AND EDUCATION www.talkaboutrx.org

NATIONAL ASSOCIATION OF DRUG DIVERSION INVESTIGATORS www.naddi.org

NATIONAL INSTITUTE ON DRUG ABUSE, PRESCRIPTION DRUGS http://www.nida.nih.gov/drugpages/prescription.html

PARTNERSHIP FOR A DRUG-FREE AMERICA www.drugfree.org

WHITE HOUSE OFFICE OF NATIONAL DRUG CONTROL POLICY, EFFORTS TO REDUCE PRESCRITION DRUG ABUSE http://ofsubstance.gov/blogs/pushing_back/archive/2010/07/06/51426.aspx



I want to leave you with this…..

Show me your friends and I will show you your future……

Just think about it

Questions?

Sergeant Danielle Lo Russo

Gloucester County Prosecutor's Office
Gangs, Guns & Narcotics Task Force

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