

**All resources:**

[ABQcrg.org](http://ABQcrg.org)--ABQ Coordinated Resource Guide

[sharenm.org](http://sharenm.org)--SHARE New Mexico resource directory

**Cell Phone Program (free phone, free service)**

**Safelink:** Shellie-call/text (505) 977-1122 (M-F 9 to 5)

**Gen Mobile:** Debbie-call/text (505) 506-3455 (9 to 9, 7 days/wk)

**Note: Area code is (505) except where indicated**

**Victims of Violence**

**Family Advocacy Center (FAC)** – any violence, inc. stalking  
-- M-F 8 am – 5 pm, 625 Silver SW (2<sup>nd</sup> floor) ..... **243-2333**

**Domestic Violence Resource Center** (in FAC)

-- (Calls are taken 24/7—walk-ins 8 am – 5 pm) **248-3165**

**National DV phone no.** (24 hours) ..... **1-800-799-7233**

**Rape Crisis Center** (2 offices: walk-ins M-F 8-5 at both):

--625 Silver SW (2<sup>nd</sup> floor, Family Advocacy Center) **266-7711**

--9741 Candelaria Rd NE (near Eubank) ..... **266-7711**

--**Rape Crisis Center's** 24/7 hotline ..... **266-7711**

**StrongHearts Native Helpline** (24/7) for Native women impacted  
by DV, dating and sexual violence ..... **1-844-762-8483**

**Emergency trafficking hotline—all ages (NM Dream Ctr)**  
--(505) 504-1301

**Life Link trafficking hotline: 505-GET-FREE (505-438-3733)**  
victims of trafficking call or text (& info line for the public)

**Enlace Comunitario** (DV-Espanol) ..... **246-8972**

**Casa Forteleza** (sexual violence) (bilingual Spanish) **910-4031**  
2340 Alamo SE #124 (M-F 8:30am - 5pm)

**First Nations (FNCH) programs:** DV--**262-6043**

--Human Trafficking--**375-8518** or **697-0712**

--VOCA (for victims of crime)—**515-3922** or **697-0712**

**Domestic Violence Shelters** (call 24/7)

**Safe House** (in Albuquerque) ..... **247-4219**

**Haven House** (in Rio Rancho) ..... **896-4869**

**Valencia Shelter for DV** (in Valencia County) ..... **864-1383**

**Other Crisis Hotlines/Helplines**

**Poison Center/Medication Info** ..... **1-800-222-1222**

**988 Suicide and Crisis Lifeline**--if feeling sad or angry or  
not feeling safe, call or text "TALK" to ..... **988**  
or chat at <http://suicidepreventionlifeline.org/chat>

--Veterans only line (ext. 1); or en Espanol (ext. 2)

Interpreter available for other languages when you call

**Veterans Crisis Line** — call **988 (ext. 1)** or text **838255**

(this is for veterans, military service members and relatives)

**NMCAL Warm Line** (peer support) ..... **1-855-466-7100**

-----Call 7:00 am-11:30 pm 7 days/week; or text 3:30-11:30 pm

**NMCAL Crisis Line** 24/7 (therapist) ..... **1-855-662-7474**

**Agora** 24/7 Crisis Line ..... **277-3013**

**Adult Abuse/Neglect Hotline** ..... **1-866-654-3219**

**Child Abuse/Neglect Hotline (CYFD)** ... **1-855-333-SAFE(7233)**

**ABQ Dept. of Senior Affairs** info line ..... **764-6400**

**Aging & Disability Resource Ctr (NMAITSD)** **1-800-432-2080**

**Equality New Mexico** (LGBTQ advocacy: [eqnm.org](http://eqnm.org)) **224-2766**

\*\*\*\*CALL 311 for info about any City of ABQ services\*\*\*\*

**City of ABQ Dept. of Senior Affairs** (age 60+) **764-6400**  
See [cabq.gov/seniors/senior-services](http://cabq.gov/seniors/senior-services) for services & Quick Guide

**City of ABQ Health & Social Services Centers**

**Food** (walk-ins **M/W/F 10 am - 12** and **Tues & Thurs 1 - 3 pm**)

**Rent & utility assistance** (call 311 to find out your center)

**Clothing** (appointment only at John Marshall and East  
Central—anyone who lives in Albuquerque can call)

**Diapers** (appointment only at any of the 4 centers below)

**Alamosa Center**, 6900 Gonzales SW ..... **836-8800**

**Los Griegos Center**, 1231 Candelaria NW ..... **761-4050**

**John Marshall Center**, 1500 Walter SE ..... **848-1345**

**East Central Center**, 7525 Zuni SE ..... **767-5700**

See [cabq.gov/family/services/health-social-services](http://cabq.gov/family/services/health-social-services)

for listing of on-site agencies at each center

**FREE MEAL SITES**

**Albuquerque Indian Center**, 105 Texas SE (& Zuni)

**Mon to Fri: Breakfast (9:00 - 10:00 am); Lunch (12 - 1:00 pm)**

**All Nations Wellness & Healing Center**, 6416 Zuni SE

**Mon to Fri: Breakfast (7:30 - 9:00 am); Lunch (12 - 1:30 pm)**

--See "**Homeless Multi-Service Agencies**" for other free meals

Also: Many community centers and senior centers offer free or  
low-cost meals for ages 50+ (may be free for seniors 60+)

See <https://www.cabq.gov/seniors/senior-services/senior-meals>

**Food Assistance**

**Roadrunner Food Bank** see [rffb.org](http://rffb.org) or call ..... **349-5340**

**Storehouse**, 106 Broadway SE (**Wed/Fri/Sat 9-12**) **842-6491**

**Rio Grande Food Project** 600 Coors SW **W/F/Sat 9-11** **831-3778**

**Salvation Army**, 4301 Bryn Mawr Dr. NE ..... **872-1171, x2**

**City of ABQ Dept. of Senior Affairs** ..... **764-6400**

**Silver Horizons** (50+) (food, household bills) ..... **884-3881**

**ABQ Dept. of Senior Affairs** info line ..... **764-6400**

**Meals on Wheels** (no income or age requirements) **823-8060**

**Housing**

HUD Subsidized/Tax Credit housing: [resources.hud.gov](http://resources.hud.gov)

**AHA (Alb. Housing Authority)** -- [abqha.org](http://abqha.org) ..... **764-3920**

**Bernalillo County Housing Dept.**-- [berncgo.gov](http://berncgo.gov) ..... **314-0400**

**Crossroads for Women**, 239 Elm St NE (can walk in) **242-1010**

**Veteran Integration Center (VIC)**, 13032 Central SE

--walk in Mon-Fri 8 am to 4:30 pm or call ..... **296-0800 x1**

**Goodwill Supportive Services for Veteran Families**

Apply at [goodwillnm.org/veteran-housing](http://goodwillnm.org/veteran-housing) **881-6401 x1842**

**Oxford Houses** (sober living) (men & women) **575-224-9711**

**Good Shepherd Center:** 2 residential programs for homeless  
men: Apply in person Mon-Fri, 9 am – 1 pm at **218 Iron SW**

--Fresh Start Substance Use Recovery Program (6+ months)

--Housing Reestablishment Program (3 months)

**Salvation Army Men's Rehab Program** (call M-F 8-5) **242-3112**

**Steelbridge** residential programs (Bible-based, men & women)

--**214 Coal SW** (call for appointment M-F 8:30-4:30) **346-4673**

**Vizionz-Sankofa**, housing stability assistance ..... call **832-7141**  
eviction prevention, relocation services, landlord mediation

## Drop-In Centers

**New Day Drop-In Center for age 16-22** ("The Space")  
142 Truman St. NE (north of Central) -- Tues-Fri 12 to 5 pm  
**The Harbour (Drop-In)** (age 14-20) (Wed-Th-Fri 12 -6 pm)  
126 Gen. Chennault NE  
--24/7 NM Dream Center hotline call/text: (505) 504-1301  
**ABQ Center for Hope & Recovery** ([ACHRnm.org](http://ACHRnm.org)) 246-2247  
913 2nd St. NW (M-F, 9 am – 5 pm)  
Peer-run drop-in center: recovery 1-to-1 and groups  
(in-person and Zoom), job search assistance;  
Also: senior peer case management (1-on-1 support for seniors)  
**Imagine Wellness Drop-In (ACHR)** in Tijeras (across from  
Tijeras Senior Center): community support, info & referral  
--open Mon-Fri, 9 am – 5 pm  
**Crossroads for Women**, 239 Elm St NE (M-F 9-4) 242-1010  
**WIL (Women in Leadership) Drop-In Center for Women**  
300 Central SW (downtown) – peer support ..... 369-1731  
**Transgender Drop-in Center** (re-opens Jan 2) -- M/W/Fri, 1-6 pm  
--5600 Domingo Rd. NE (see [TGRCNM.org](http://TGRCNM.org)) ..... 200-9086  
**All Nations Wellness & Healing Center** 6416 Zuni SE 717-2704  
--Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)  
Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use  
**Best Chance Drop-In Wellness Center** ..... 256-3231  
5907 Alice NE, Suite E -- walk-in hours are M-F 8:30 am – 4 pm  
--peer support/case management and groups for men & women  
recently released from incarceration or facing emotional  
difficulties or substance use disorders  
**NM Women's Re-Entry Center** (for any justice involved woman)  
call or walk in Mon to Fri 8am - 4pm, 718 Central SW 589-0808  
Peer-run one-on-one peer support and support groups;  
assistance with ID documents and job prep/job placement

## Family Services

Childcare Finder: [newmexicokids.org](http://newmexicokids.org) or call 1-800-691-9067  
**WIC sign-up** (prenatal care + nutritious food) ..... 841-8929 x4  
**NM Public Education Dept (PED) - parent-portal**  
(<https://webnew.ped.state.nm.us>)  
--Early Literacy guides for families: [English](#) and [Spanish](#)  
**ABQ Adult Learning Center** (families) ([abqalc.org](http://abqalc.org)) 907-9957  
Family Literacy: individualized literacy for adults and children (5+)  
**All Faiths Children's Advocacy Ctr** ([allfaiths.org](http://allfaiths.org)) 271-0329  
--Family Wellness Program: child & family therapy; CCSS  
--Adoption Services: pregnancy counseling, infant + older child adoption  
**AMI Kids--Bernalillo County Family Services** ..... 220-1258  
--home-based family counseling & case mgt for youth ages 10-18  
who live with their long-term family; services available in Spanish  
**Asian Family Center** (adults & families) [nmafc.org](http://nmafc.org) 717-2877  
**CHI St. Joseph's Home Visiting** (prenatal to age 3) 924-8000  
--for first child; can enroll during pregnancy to 3 months' old  
See [stjosephnm.org](http://stjosephnm.org); free statewide; no income requirements  
**Crossroads for Women**, 239 Elm St NE (M-F 9- 4) 242-1010  
(website is [crossroadsabq.org](http://crossroadsabq.org))  
**Cuidando los Ninos (CLN)** homeless child care ..... 843-6899  
(for ages 6 weeks to pre-K)  
**Family Promise** (transitional housing for homeless families  
(1 or 2 parents—may be a waitlist) ..... 268-0331  
**The Grief Center** (a/k/a Children's Grief Center) ..... 323-0478

--Support groups for children, teens, families & adults grieving the  
death of a loved one; also workshops (see [griefnm.org](http://griefnm.org))  
**La Plazita Institute**, 831 Isleta Blvd SW (M-F 9-5) 508-1802  
--free programs for young men & young women and for youth;  
traditional & cultural healing services; garden; Pathways Navigator  
**MCH Family Outreach** (family case management) 255-8740  
--Parent support and education; grandparent support  
--See [mch.org/locations/Albuquerque](http://mch.org/locations/Albuquerque)  
**NAPPR** (Native American families) [nappr.org](http://nappr.org) ..... 345-6289  
--tribal home visiting; early intervention program; early head start  
**NM Friends of Foster Children** ([nmffc.org](http://nmffc.org)) ..... 596-0519  
--financial support to meet the needs of foster kids  
--email: [programManager@NMFFC.org](mailto:programManager@NMFFC.org)  
**Open Skies Healthcare**, 707 Broadway NE, # 401 342-5454  
--Case management (& CCSS) for single adults and/or families  
--For children: behavior management services; respite care for  
parents or caregivers; treatment foster care  
**Parents Reaching Out (PRO)** (peer support for parents of  
children w/disabilities or special medical needs) ..... 247-0192  
See [parentsreachingout.org](http://parentsreachingout.org) for workshops & support groups  
**Pegasus Legal Services for Children** ..... 244-1101  
**Pegasuslaw.org** -- for children, youth and their caregivers  
**Kinship Guardianship** (Pegasus Legal Services) ..... 244-1101  
(for grandparents and other relatives raising children)  
--application phone number is 217-1660  
**PB&J Family Services** ([pbjfamilyservices.org](http://pbjfamilyservices.org)) ..... 877-7060  
**Southwest Pueblo Consultants & Counseling** ..... 888-9769  
--Free home visiting program up to age 5 -- see [SWPCCS.com](http://SWPCCS.com)  
--Native American owned; free to all families  
**Title I APS program for homeless students** 256-8239 x0  
**Western Heights Learning Center** ..... 247-2079  
--Free Home Visiting Program (x108) or call Sally at 401-6372  
**Wings For LIFE International** ..... 291-6412  
--Many programs and services for families of incarcerated loved ones  
& for returning citizens (formerly incarcerated) --see [wingsFLI.org](http://wingsFLI.org)  
**YDI** (childcare & youth programs) apply at [ydinm.org](http://ydinm.org) 352-3444  
--YDI family case management (ACES)-walk in or call 212-7405  
(families with at least one child age 0-12) -- can self-refer or be  
referred--1710 Centro Familiar Blvd. SW--behind YDI Head Start  
--YDI Community Engagement Team (24/7) ..... 910-6357  
(short-term crisis intervention and stabilization for all ages)

## Immigrant and Refugee Services

**Mexican Consulate**, 1610 4th St NW ..... 247-2147  
**NM Immigrant Law Center**..... 247-1023  
**First Nations Zuni Medical Clinic** 5608 Zuni SE .... 262-2481  
--all immigrants can walk in or call  
**Casa de Salud**, integrative primary care and MAT (en Espanol)  
--1608 Isleta SW (walk in or call) ..... 907-8311  
--all immigrants can walk in or call  
**Catholic Charities** (including DACA)..... 539-0274  
--call or email [info@ccasnm.org](mailto:info@ccasnm.org)  
**Lutheran Family Services** (asylum seekers & refugees) 933-7032  
**ABQ FaithWorks** (asylum seekers & refugees) ..... 457-1728  
**Vizionz-Sankofa**, refugee services ..... call 832-7141  
**Encuentro NM**, 714 4<sup>th</sup> St. SW ([info@encuentronm.org](mailto:info@encuentronm.org)) 247-2920  
--adult ed and home health aid program en Espanol  
**Enlace Comunitario** (DV-Espanol) .....246-8972  
**Asian Family Center** (adults & families) [nmafc.org](http://nmafc.org) 717-2877

## Legal Assistance

**NM Legal Aid** (civil matters) **M-Th 10am-3pm 1-833-545-4357**  
**Public Defender**, 505 Marquette NW (Compass Bank) **369-3600**  
**Metro Court** (ext. 1 for warrant status) ..... **841-8151**  
**Outreach Court** (homeless only--misdemeanors) ..... **841-8142**  
**Christian Legal Aid** (homeless only) walk-in 1<sup>st</sup> & 3<sup>rd</sup> Wed at noon  
at The Rock at Noon Day, 2400 2<sup>nd</sup> St. NW (volunteer attorneys)  
**Pegasus Legal Services for Children** ..... **244-1101**  
**Pegasuslaw.org** – for children, youth and their caregivers  
**APD Evidence**, **823-4600**, to claim possessions after discharge  
from MDC (first call **768-2020** for case no.—you also can call  
this number to request police report—or request it at a substation)

## Jobs/Job Training/Education

### **Educational/Training websites:**

**GCFglobal.org**--short videos: computer, learn typing + improve  
typing speed, math, reading, job prep, GED/HISET prep, internet,  
financial literacy, social media, languages—click on “All Topics”)  
**Khan Academy** - **khanacademy.org**—math+other online learning  
+ **khanacademykids.org** – many languages (app is English only)  
**Duolingo.com** – language learning (English & other languages)  
**eyecanlearn.com** – exercises to improve visual processing in kids  
**Irlen.com** – visual processing help for children with special needs  
**NM Public Education Dept (PED):** **parent-portal**  
--Early Literacy guides for families: **English** and **Spanish**

**NM Workforce Connection Center**, 501 Mountain NE **843-1900**  
--walk-in help with job search, weekly on-site employer events  
**Crossroads for Women**, 239 Elm St NE (can walk in) **242-1010**  
--drop-in job help center (website is **crossroadsabq.org**)  
**DVR**, 111 Lomas Blvd NW (Ste 422 in US Bank Bldg) **383-2500**  
To apply: walk in or apply online: **dvr.state.nm.us**  
--click on “Online Referral”—you should get a call back in 2 weeks  
**CNM** (Student Services Ctr: 900 University Blvd. SE) **224-3000**  
**Goodwill**, 1030 18<sup>th</sup> St NW (walk in or call) ... **881-6401 x1816**  
--Job prep and job search; veterans (& their family) employment  
+ seniors (55+) employment; see **goodwillnm.org** for all programs  
**ABQ Adult Learning Center** **abqalc.org** ..... **907-9957**  
--Adult Basic Education, HQE (High School Equivalency)  
--Family Literacy: individualized literacy for adults and children (5+)  
**Gordon Bernell Charter School** ..... **916-8618**  
high school diploma + adult ed in-person or online at ABQ sites  
and in MDC:  
--Age 16-21: high school diploma  
--Adults age 22+: literacy + HiSET (high school equivalency)  
**Catholic Charities** (**ccasfnm.org/edu**) ..... **402-0757**  
--adult education, GED/HISET, ESL, CIT  
**ABQ Ctr for Hope & Recovery**, 913 2nd St NW ..... **246-2247**  
**TenderLove Community Center** (appt only Tu-Fri) **349-1795**  
--for women: sewing classes, life skills, job prep, on-site child care  
(see **tenderlovecommunitycenter.org**)  
**New Day Life Skills Academy** (see ages below) ..... **274-6311**  
--Life Skills Classes (ages 16-22) -- in-person and online  
--Seeking Safety Groups (ages 16-23) -- in-person and online  
--Life Skills Coaching (ages 12-18) (see **ndnm.org** for info)  
**NMcan** – skill building and community building ..... **217-0220**  
for young people transitioning out of foster care, or who have  
faced homelessness or juvenile justice involved: **info@nmcan.org**  
--see **nmcan.org** for referral form for self or other youth

## Resources -- Physical and/or Cognitive Disabilities

**Adelante Development Center** (**goadelante.org**) .... **341-2000**  
For people with mental and physical disabilities & seniors  
--day & residential programs & employment  
--Compadres senior day program (seniors 55+)  
--**Back in Use**--recycled assistive devices ..... **341-7171**  
(wheelchairs, walkers, canes, hospital beds & adaptive equipment)  
--**GiveABQ**—home furnishings, office furniture ..... **341-4483**  
--**Benefits Connection Center** (help w/gov't benefits) **273-5222**  
**ARCA** (adults & children)--**arcaopeningdoors.org** ... **332-6700**  
**ARC of NM** (adults & children)--**arcnm.org** ..... **883-4630**  
**NM Aging & Disability Resource Ctr/NMALTSD** **800-432-2080**  
**Community Outreach Program for the Deaf/COPD** **255-7636**  
--located at 8005 Pennsylvania Circle NE (**copdnm.org**)  
**NMTAP office** (Technology Assistance Program) **841-4464**  
assistive/adaptive technology--see website: **tap.gcd.state.nm.us**  
**NM Brain Injury Resource Center** (info; appt only) **243-3835**  
**NM Commission for the Blind** (**CFB.state.nm.us**) **841-8844**  
**Parents Reaching Out (PRO)** (peer support for parents of  
children w/disabilities or special medical needs) ..... **247-0192**  
See **parentsreachingout.org** for workshops & support groups  
**UNM CDD** (Center for Development & Disability) ..... **272-3000**  
--**2300 Menaul NE** (CDD resource library-walk in or call **272-0281**)  
Clinical evaluations of children; autism programs; early childhood  
**eyecanlearn.com** – exercises to improve visual processing in kids  
**Irlen.com** – visual processing help for children with special needs

## Medical, Mental Health and Recovery

(also see “Drop-In Centers” section) **Acronyms:**

--**MAT is Medication-Assisted Treatment for addiction to  
opioids (may also be for alcohol and/or other substances)**  
--**SUD is Substance Use Disorder**  
--**IOP is Intensive Outpatient Program**  
--**CCSS is Comprehensive Community Support Services**  
**UNMH directory** (hospital & clinics) ..... **272-2111**  
**First Choice** (several medical clinics—see **fcch.com**) **768-5450**  
**First Nations Community Healthsource**  
**Zuni Clinic** (Medical+Dental), 5608 Zuni Road SE **262-2481**  
--**Mon to Fri 8am – 7pm; Sat 9am – 1pm**  
--**Homeless Outreach Program: M-F 8-4; Sat 8-11** **944-2561**  
**Truman Clinic**, 625 Truman St. NE 3 depts: Medical (**248-2985**)  
Behavioral Health (**515-3912**); Traditional Wellness (**515-3919**)  
**Central Clinic**, 7317 Central NE ..... **308-8060**  
--Pediatrics & prenatal: **Mon-Th 8am – 6pm, Fri 8am – 5pm**  
**All Nations Wellness & Healing Ctr**, 6416 Zuni SE **717-2704**  
--**Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)**  
--Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use  
**Turquoise Lodge** (inpatient and outpatient treatment) **841-8978**  
**VA Medical Center**, 1501 San Pedro Dr. SE ..... **265-1711 x0**  
--homeless or unstably housed veterans can call **256-2784**  
or walk in at **Building 96: Mon-Fri 8:30 am – 12 pm; 1-3 pm**  
**Sage Neuroscience Center** (appointment only) ..... **884-1114**  
--behavioral health and integrated care; medical outpatient detox;  
--Acute Psychiatric Outpatient Program; IOP (adult & adolescent)  
**Casa de Salud** (bilingual Spanish), 1608 Isleta SW **907-8311**  
--call or walk in—Integrative primary care, inc. alternative healing  
--transgender care; Behavioral Health (MAT), needle exchange +  
Narcan (see **casadesaludnm.org**)

**Duke City Recovery Toolbox** (MAT), 912 1<sup>st</sup> St. NW **224-9777**  
**Southwest CARE Center** primary adult medical care  
 (inc. Hep/HIV/PrEP/PEP/gender affirming)--new patients welcome  
 --4710 Jefferson NE (call first) ..... **780-4040 x2**  
**UNM Truman Health Services** (HIV/Hepatitis C/Transgender care)  
 --801 Encino PI NE, #F (call first); walk-in is only for HIV  
 and Hep C testing M/Tu/W/F 9-4 & Thurs 1-6:30 **272-1312**  
**UNM Milagro Program** (pregnant women with SUD) **463-8293**  
**Lovelace G.R.A.C.E.** (pregnant women with SUD) **727-5000**  
**Planned Parenthood** (Pro-Choice; women's health) **265-9511**  
**Women's Pregnancy Options** (Pro-Life) ..... **620-3894**  
**DOH Resource Guide** for HIV/Hepatitis/STD: [nmhivguide.org](http://nmhivguide.org)  
 BC Health Council opioid resource website: [LittleThingsNM.org](http://LittleThingsNM.org)

## Recovery (Mental Health and/or Substance Use)

See above section "Medical, MH & Recovery" for other listings

--**MAT is Medication-Assisted Treatment for addiction to opioids** (may also be for alcohol and/or other substances)

--**SUD is Substance Use Disorder**

--**IOP is Intensive Outpatient Program**

--**CCSS is Comprehensive Community Support Services**

**CARE Campus Detox** for alcohol & other drugs (intake 24/7)

--5901 Zuni SE (first come, first served, call or walk in) **468-1555**

**UNM Mental Health Center**, 2600 Marble NE ..... **272-2800**

**UNM ASAP** outpatient for Adults (MAT) ..... **994-7999 x4**

**UNM STAR** outpatient age 14-21 – leave message **994-7999 x5**

**City of ABQ's Substance Use Treatment voucher:**

--called the **Path program**--for **non-Medicaid** only who are very low-income & meet other criteria. For eligibility & providers, see:

[cabq.gov/family/services/substance-abuse](http://cabq.gov/family/services/substance-abuse)

**Haven Behavioral Hospital** – free telehealth (24/7) **254-4502**

--Mental health & addiction--inpatient & outpatient services

**Albuquerque Health Services** (MAT), call 24/7.... **344-4427**

--172 Montano Rd NW—open M-F

**Centro Savila** (2 locations—South Valley and I.D.) **312-7296**

Case management & support groups (in English & in Spanish);

Website: [centrosavila.org](http://centrosavila.org) (grief group & seeking safety group)

**Christian Counseling Professionals** ..... **445-0771**

--counseling & CCSS – walk in or call Mon-Fri, 8 am to 4 pm

--locations: 4770 Montgomery NE, #C-114 & 301 Chama NE

**The Community Lighthouse** 3301 Candelaria NE #B **273-6300**

--adult, family & child therapy; behavior management services;

--open 7 days/wk -- see [TCLhnm.com](http://TCLhnm.com)

**Courageous Transformations** (MAT) ..... **800-7092**

**Dragonfly Counseling**, 1610 San Pedro NE..... **265-0753**

**Elevation Counseling** ..... **888-1686**

--counseling for adults, teens, children (flexible hours)

**Engender, Inc.** – counseling/therapy ..... **242-4400**

**Four Winds Behavioral Health** (Rio Rancho) ..... **702-8547**

--90 day rehab program (note: no narcotic meds are administered)

**Full Circle Recovery** (allows MAT)--no wait list .... **865-4140**

--mental health & addictions--call for appt--IOP (adult & adolescent)

**The Grief Center** (a/k/a Children's Grief Center) ..... **323-0478**

--Support groups for children, teens, families & adults grieving the death of a loved one; also workshops (see [griefnm.org](http://griefnm.org))

**High Desert Healing**, (see [hdhnm.com](http://hdhnm.com)) ..... **717-1332**

--CCSS (case mgt) services; therapy; guided meditation groups

--YouTube resources: [mind & body therapy videos](http://mind & body therapy videos)

**Hipocampo** (bilingual Spanish) counseling ..... **209-9227**  
 + diabetes prevention & management

**Ideal Option** (MAT) – no wait list, low barrier - 2 phone numbers:  
 --**877-522-1275** to refer self; or

--**844-GO-IDEAL** to refer a patient 24/7 for same day or next day

**A New Awakening Rio Rancho** –locations in ABQ & Rio Rancho:  
 3321 Candelaria NE (881-2793) & 1207 Golf Course Rd SE (994-4100): Mental health &/or substance abuse therapy for adults, adolescents & families) – call for an appt.

(A different BH organization named **A New Awakening**, is moving soon from its location at 600 1<sup>st</sup> St. NW (**224-9124**) & currently only takes referrals from courts, pre-trial & probation)

**NM Solutions** (MAT), 707 Broadway NE ..... **268-0701 x0**

--Mental health & SUD outpatient services + CCSS (case mgt)

**Open Skies Healthcare**, 707 Broadway NE, # 401 **342-5454**

--Case management (CCSS) for single adults and/or families

--For children: behavior management services; respite care for parents or caregivers; treatment foster care

**Rio Grande Counseling** (adults & family) ..... **246-8700**

**Serenity Mesa** (transitional living for youth (14-21) **877-3644**

with SUD); [healingaddictionnm.org](http://healingaddictionnm.org) (info@serenitymesa.com)

--also, rental assistance program for youth ages 17-24

**Serna Solutions**, 6000 Uptown Blvd. NE, Ste 140 **207-8929**

--therapy+CCSS; Youth Empowerment Project (age 12-24+family);

--Family Empowerment Project-circle of care for individual w/SUD

**Solutions Treatment Center**, IOP only - no wait list **424-3170**

--4841 Tramway Ridge Dr. – call 7 days/week (7am–12 midnight)

--can be mental health only or SUD-- IOP is in-person or online

**Turning Point Recovery Center** (IOP) call or text **217-1717**

(inpatient & outpatient) -- or email info@turningpointRC.com

**The Balanced Path**--call or email info@tbpath.com **918-7955**

[Wellness from Within, PC](http://Wellness from Within, PC) (on Coors off I-40) ..... **459-0025**

Therapy-individuals/couples/families--can request bilingual Spanish (+ lower cost yoga, fitness, acupuncture, therapeutic massage)

**AA** (24/7) Alcoholics Anonymous: **266-1900**, Espanol: **266-3688**

**NA: 1-800-798-6649** (24/7)

**SMART Secular Recovery** in-person+online [smartrecovery.org](http://smartrecovery.org)

**Refuge Recovery** (online) [refugerecovery.org](http://refugerecovery.org) (Buddhist inspired)

**NAMI Albuquerque**, **256-0288** **NAMI-New Mexico**, **260-0154**

**Overeaters Anonymous** ([OA-cnmi.org](http://OA-cnmi.org)) ..... **261-3553**

**PeopleWorks-NM** ([peopleworksnm.org](http://peopleworksnm.org)) ..... **990-4186**

for people who have a gambling problem &/or their family

--Free—online or in-person (privacy respected)

**For families:** **AI-Anon: 262-2177**

**Parents of Addicted Loved Ones** (PAL) see [PALgroup.org](http://PALgroup.org)

--Mondays 4-5:30 pm at Mirehaven Sandia Center,

9100 Del Webb Lane [susanPwilson76@gmail.com](mailto:susanPwilson76@gmail.com) **705-0259**

## Residential Treatment Centers outside of ABQ

These accept Medicaid:

**Santa Fe Recovery Ctr**, Santa Fe [sfrecovery.org](http://sfrecovery.org) **471-4985**

--& their **Four Corners Detox Recovery Ctr** (Gallup) **413-3447**

**Peak Behavioral Hospital**, Santa Teresa ..... **575-589-3000**

**New Mexico Behavioral Health Institute**, Las Vegas **454-2100**

(State Owned psychiatric hospital)

**New Mexico Rehabilitation Center**, Roswell ... **575-347-3400**

(State Owned BH inpatient residential) (also physical rehab)

**Community Shuttle Service:**

[nmvic.org/communityshuttle](http://nmvic.org/communityshuttle) for detailed info including weekday schedule and stops

**OVERNIGHT SHELTERS for Unhoused****Westside Emergency Housing Center (Shelter)/Heading Home:**

for Adult Men & Women (no families)

The WEHC is open 24/7 (3 meals/day) & drops off daily in ABQ

**Pickups for individual adults:**

--NE corner of Indian School Rd & 1<sup>st</sup> St. NW (3, 4, 5, 6, 7 pm

7 days/week);--HopeWorks, 1201 3<sup>rd</sup> St. NW (3:15 pm Mon-Fri)

--First Nations, 5608 Zuni SE (on Palomas) (6:00 pm 7 days/wk)

--God's Warehouse, 8011 Central NE (6:15/6:30 pm 7 days/wk),

Or call 839-9193 from 1:30 to 10 pm for info on pickups

See website for pickup/drop-off schedule:

[cabq.gov/family/services/homeless-services/westside-emergency-housing-center](http://cabq.gov/family/services/homeless-services/westside-emergency-housing-center)

**AOC Men's Shelter (no walk-ins)**, located at 715 Candelaria NE  
--call any time day or night 7 days/week ..... **344-4340**

**Good Shepherd Center (men only)**, 218 Iron SW (check in at 6pm)

**Barrett House (24/7-women & children--boys <18) (no walk-ins)**

--call 8 am or later (may be a waitlist) -- not for women currently experiencing DV -- leave message with name, phone and how many beds needed ..... **243-4887**

**Joy Junction** (women & families (1 or 2 parent), limited # of men)  
--4500 2<sup>nd</sup> St. SW (call first—you can call 24/7) ..... **877-6967**

**Youth Shelters**

(also see Drop-In Centers)

**Amistad Shelter**, ages 12–17 (24 hours 7 days/wk) ..... **877-0371**

**New Day Shelter**, ages 11–17 (24 hours 7 days/wk) ..... **938-1060**

**Casa Q** (24/7 for LGBTQ+ youth ages 14-17) ..... **872-2099**

**The Harbour – a drop-in center** for ages 14-20) open Wed,

Thurs, Fri only 12 – 6 pm) -- **126 Gen. Chennault NE**,  
or call/text **24/7 NM Dream Center hotline: (505) 504-1301**

**Domestic Violence Shelters (call 24/7)**

**Safe House** (in Albuquerque) ..... **247-4219**

**Haven House** (in Rio Rancho) ..... **896-4869**

**Valencia Shelter for DV** (in Valencia County) ..... **864-1383**

**Homelessness Multi-Service Agencies**

**Albuquerque Homeless Helpline:** phone (505) 768-4357;

Text (505) 600-2835 or email: [768-help@nmceh.org](mailto:768-help@nmceh.org)

**Albuquerque Healthcare for the Homeless (AHCH)**

1217 1<sup>st</sup> St. NW (Mon/Tu/Th/Fri 7:30-4:30; Wed 7:30-12)

**Medical Clinic & Behavioral Health Clinic** (walk-in) **242-4644**

**Dental Clinic** (call for appointment) ..... **242-8288**

**Resource Center/case management** ..... **843-7611**

**ArtStreet** has open studio hours Mon & Tues, 11 am - 4 pm

**First Nations Community Healthsource**

**Zuni Clinic** (Medical+Dental), 5608 Zuni Road SE **262-2481**

Mon to Fri 8 am – 7 pm; Sat 9 am – 1 pm

Note: **All immigrants** are welcome and can walk in (early at Homeless Outreach Program) or call **262-2481**

--Homeless Outreach Program: M-F 8-4; Sat 8-11 **944-2561**

All Nations Wellness & Healing Center 6416 Zuni SE **717-2704**

--Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)

--Job help M-F 9-12, walk-in or call; Medicaid sign-up; phone use

**Good Shepherd Center**, 218 Iron SW **243-2527 x100**

Mon/Tues/Wed/Fri Dinner for all (2-3 pm); **Sat** Lunch: 11:30 am

Clothing (men only) Mon/Tues/Wed/Fri 9-11am & 12:30-1:30pm

Mail service for men and women: Mon-Fri 2-3:30 pm

**2 residential programs** for homeless men--see "Housing" section

--apply in person Mon-Fri, 9 am – 1 pm (at 218 Iron SW)

**HopeWorks** ..... **764-8231**

**Day Shelter**, 1201 3<sup>rd</sup> St. NW, open M-F, 8 am–2 pm ..... x2

Mon-Fri meal **10 am - 12 pm**; Clothing **Wed only, 8 - 10am**;

Mail & long-term storage **12–2 pm**; Phone use (**8 am-1:45 pm**);

Showers **Tues only, 8 – 11:30 am**; Restrooms open **8 - 2 pm**

**Behavioral Health** (upstairs), 1201 3<sup>rd</sup> St. NW, **M-F, 8–4 pm x3**

--intakes and assessments (can walk in up the stairs)

**Housing Services**, 1215 4<sup>th</sup> St. NW (walk-in Mon & Fri, 9am–

3pm and Wed, 10am-3pm; Tues & Wed are appointment only) x4

**Steelbridge** ..... **346-4673**

**Resource Center** for homeless individuals at **2021 2nd St. NW**

--(drop in or call first to see if open as it's sometimes closed)

Clothing Mon - Fri **11 am – 2 pm**

**Residential program** for men and for women (Bible-based)

--214 Coal SW (no walk-ins-call for appointment **M-F 8:30-3:00**)

**The Rock at Noon Day**, 2400 2<sup>nd</sup> St. NW (north of I-40)

Open Tues-Fri, 9am – 1pm: Breakfast **9-9:30**, Lunch **12-1pm**;

Showers & clothing **9 am – 11 am**; Mail **9 am – 12:30 pm**

**Sundays** open **11 am – 1pm**; Lunch at **noon**

**God's Warehouse**, 8011 Central NE (on Tennessee)

Tues/Fri 3 - 6 pm meal + clothing; Sat/Sun meal with 4 pm

church; Food boxes only on Mon & Thurs, 11:30 to 1:00 pm

**Resource center** w/case mgt on-site Mon/Tu/Th/Fri, 10am-6pm

(Walk-in or you can call for appointment: **266-2535**)

**Title I (APS program for homeless students)** **256-8239 x0**

**ADDENDUM to ABQ Resource Quick Guide**  
**These are additional sections for specific populations:**

**Youth and Young Adults**

**Amistad Shelter**, ages 12–17 (24 hours 7 days/wk) **877-0371**  
**New Day Shelter**, ages 11–17 (24 hours 7 days/wk) **938-1060**  
**Casa Q** (24/7 for LGBTQ+ youth ages 14-17) ..... **872-2099**

**Drop-in Centers:**

**The Harbour Drop-In** (ages 14-20) (Wed-Th-Fri 12 -6 pm)  
 126 Gen. Chennault NE  
 24/7 NM Dream Center hotline (14-20) talk/text: (505) **504-1301**  
**New Day Drop-In Center for age 16-22** ("The Space")  
 142 Truman St. NE (north of Central) -- Tues-Fri 12 to 5 pm

**Gordon Bernell Charter School** ..... **916-8618**  
 high school diploma + adult ed in-person or online at ABQ sites  
 and in MDC:  
 --Age 16-21: high school diploma  
 --Adults age 22+: literacy + HiSET (high school equivalency)

**New Day Life Skills Academy** (see ages below) ..... **274-6311**  
 --Life Skills Classes (ages 16-22) -- in-person and online  
 --Seeking Safety Groups (ages 16-23) -- in-person and online  
 --Life Skills Coaching (ages 12-18) (see [ndnm.org](http://ndnm.org) for info)

**NMCAN** – skill building and community building ..... **217-0220**  
 for young people transitioning out of foster care, or who have  
 faced homelessness or juvenile justice involved: [info@nmcan.org](mailto:info@nmcan.org)  
 --see [nmcan.org](http://nmcan.org) for referral form for self or other youth

**Serenity Mesa** (transitional living for youth (14-21) **877-3644**  
 with SUD); [healingaddictionnm.org](http://healingaddictionnm.org) ([info@serenitymesa.com](mailto:info@serenitymesa.com))

**UNM STAR** outpatient age 14-21 – leave message **994-7999 x5**

**YDI** (childcare & youth programs) apply at [ydimn.org](http://ydimn.org) **352-3444**  
 --YDI family case mgt (ACES) walk in or call **212-7405**  
 (for families with at least one child age 0-12) – can self-refer or be  
 referred--1710 Centro Familiar Blvd. SW--behind YDI Head Start  
 --YDI Community Engagement Team (24/7) call **910-6357**  
 (short-term crisis intervention and stabilization for children, youth,  
 adults and families) – in same bldg as ACES case management

**Pegasus Legal Services for Children** ..... **244-1101**  
**Pegasuslaw.org** – for children, youth and their caregivers

Childcare Finder: [newmexicokids.org](http://newmexicokids.org) or call... **1-800-691-9067**

**Online Tutorials:** [GCFglobal.org](http://GCFglobal.org) (computer, typing + improve  
 typing speed, math, reading, job prep—click on "All Topics")  
**Khan Academy** - [khanacademy.org](http://khanacademy.org)—math+other online learning  
 + [khanacademykids.org](http://khanacademykids.org) – many languages (app is English only)  
[Duolingo.com](http://Duolingo.com) – language learning (English & other languages)  
**NM Public Education Department (PED):**  
[parent-portal](http://parent-portal) (<https://webnew.ped.state.nm.us>)  
 --Early Literacy guides for families: [English](http://English) and [Spanish](http://Spanish)  
[eyecanlearn.com](http://eyecanlearn.com) – exercises to improve visual processing in kids  
[Irlen.com](http://Irlen.com) – visual processing help for children with special needs

**Formerly incarcerated or currently justice involved  
 and families**

**Public Defender**, 505 Marquette NW (Compass Bank) **369-3600**  
**Metro Court** (ext. 1 for warrant status) ..... **841-8151**  
**Outreach Court** (homeless only--misdemeanors) ..... **841-8142**

**APD Evidence**, **823-4600**, to claim possessions after discharge  
 from MDC (first call **768-2020** for case no.—you also can call  
 this number to request police report—or request it at a substation)

**Best Chance Drop-In Wellness Center** ..... **256-3231**  
 5907 Alice NE, Suite E -- walk-in hours are M-F 8:30 am – 4 pm  
 --peer support/case management and groups for **men & women**  
 recently released from incarceration or facing emotional  
 difficulties or substance use disorders

**NM Community Peer Education Project (ECHO)** **267-0729**  
 Weekly Zoom life skills workshops (Fridays 1-2 pm via zoom);  
 Peer-led for men & women on probation or parole  
 Use this Zoom link: [echo.zoom.us/j/95535906908](https://echo.zoom.us/j/95535906908)

**Crossroads for Women**, 239 Elm St NE (M-F 9– 4) **242-1010**  
 (website is [crossroadsabq.org](http://crossroadsabq.org))

**Gordon Bernell Charter School** ..... **916-8618**  
 High school diploma + adult ed in-person or online at Albuquerque  
 sites and in MDC:  
 --Age 16-21: high school diploma  
 --Adults age 22+: literacy + HiSET (high school equivalency)

**A Peaceful Habitation (APH)**, women in transition from  
 incarceration who have completed probation or parole:  
 life-skills workshops; 1-to-1 mentoring ..... **440-5937**

**Thresholds Program** call **301-6870**  
 or email: [thresholdsnm@gmail.com](mailto:thresholdsnm@gmail.com)  
 A program for men and women coming back to the community  
 from prison (returning citizens) – volunteer mentors help  
 individuals make the adjustment from prison to community

**Wings for LIFE International** ..... **291-6412**  
 Many programs and services for families of incarcerated loved  
 ones & for returning citizens (formerly incarcerated)  
 — see [wingsFLI.org](http://wingsFLI.org)

**Women in Leadership (W.I.L.)** ..... **588-8569**  
 Peer-led support services for women who were incarcerated  
 (returning citizens)—[WILecho.org](http://WILecho.org)  
 Email: [womeninleadership.WIL@gmail.com](mailto:womeninleadership.WIL@gmail.com)  
 New: **W.I.L. Drop-In Center for All Women** ..... **369-1731**  
 300 Central SW (downtown) – peer support (call or walk in)  
 life skills (1-to-1 & class); Job readiness; Mental Health first aid;  
 emergency rental assistance application assistance

**NM Women's Re-Entry Center** (for any justice involved woman)  
 call or walk in Mon to Fri 8am - 4pm, 718 Central SW **589-0808**  
 Peer-run one-on-one peer support and support groups;  
 assistance with ID documents and job prep/job placement  
 website: [nmwrc.org](http://nmwrc.org)