

Serve as a volunteer in the community

Volunteering to help in the community is a rewarding, enjoyable experience. By contributing time and services, you generate a feeling of good will. Let your community know that you care and are willing to help.

Giving to others is humane. You can be a giving person without giving money. You can give your time and energy in a volunteer effort by offering to help with chores or activities for a disabled person, by offering to run errands or do shopping for someone who is house-bound or by just taking time to visit a person.

Activity 1
List five possible areas in which you can volunteer your services to the community.

1.

2.

3.

4.

5.