

Counseling Resources

Organization Name	Contact Person	Phone	Address	Requirements	Email/Website	Goods/services
The Counseling Center of Union Mission		(912)826-6442	United Way Building, 711 Zitterour Rd. Rincon, GA 31326		www.unionmission.org	Offers Sliding Scale Fee, Medicaid, Private Insurance, Free DV Victim Counseling
Gateway Mental Health		(912)754-3030	275 First St. Ext, Springfield behind the Hospital	Medicaid, PeachCare, Grant in-aid, Private Ins.	https://www.gatewaybhhs.org/	Counseling/Mental Health Services
Gilead Counseling	Julia Cochran	(912)772-3072	5505 McCall Road Rincon, GA 31326	Private Insurance, Uninsure \$30 sessions		Counseling Family & Individual of all ages. Certified in Prime for Life-teen substance abuse program
Hope Christian Concepts	Janet Flowers, LPC	(912)826-0443	5912 Hwy 21 Unit 7 Westwood Plaza-Rincon	Sliding Scale	https://www.hopechristianconcepts.org/	Family & Individual ages 11 & up- specializes in substance abuse treatment Negotiable
Rincon Recovery Resources	Anisa Grantham, LPC, NCAC	(912)826-0918	613 Town Park Dr. West Suite 103	Sliding scale on specific services	https://www.rinconrecovery.com/	
Southeastern Counseling Center	Teresa L. Oglesbee, Ed.S, NBCC & Gina Farrell	(912)826-1145	812 Towne Park Dr., Unit 400, Rincon, GA 31326	Self Pay or Private Insurance	www.sccforu.com	Counseling 24/7 help with mental health, drugs, or alcohol
Georgia Crisis & Access Line Hospice Savannah	Barbara Moss	1-800-715-4225 (912)629-1089		No fee	www.mvecal.com	Bereavement Counselor
Dr. Doris Greenberg		(912)354-4953	5120 Paulsen Avenue Savannah, GA 31405			Behavioral Pediatrics
Savannah Child & Family Study Center		(912)961-0508	413 W. Montgomery Crossroads Suite 102 Savannah, GA		http://www.savannahesc.com/	Counseling
Gateway Behavioral Health Services		(912)826-7469	108 West 8th Street Rincon, GA 31326		https://www.gatewaybhhs.org/	Behavioral Health Services
Heritage Counseling, Inc.	Tracey Pace & Rachel Wood	Pace:(912)657-9613 Wood:(912)572-5261	1009 N. Columbia Ave, Rincon, GA 31326	Private Ins., Medicaid, Wellcare, Flate Rate \$30/session	www.pace.heritagelincon.com	Child, adolescent, and family counseling including parenting & marital issues
Katie McGrory, M.S., LACP Licensed Associate Professional Counselor & Play Therapist		(912)441-1435		Private Ins., Medicaid		Counseling services for children, adults, families, and couples
Building Blocks Family Counseling		(912)349-8043	205 South Skinner Ave Unit B Pooler, GA		https://buildingblocks.solutions	
Brave Tomorrow		(912)225-3769	Statesboro, GA		https://www.bravetomorrow.net/	Counseling
Cheri Anderson		(912)348-5150	Statesboro, GA			Counseling
Circle of Hands Counseling	Jerri Frost	(706)490-2555	711 Zitterour Dr. Rincon, GA 31326			
Jacqueline R Calhoun-Meese, Marriage & Family Therapist, MA, LMFT, LADC, CAC		(912) 657-9613	Heritage Counseling, Inc. 1009 N Columbia Avenue Rincon, Georgia 31326	Avg Cost (per session): \$130 - \$150 Accepts Insurance: Yes		specialize in child behaviors, ADHD/ADD, divorce, substance abuse, addictive behaviors (video gaming), PTSD/trauma, grief/loss, and parenting

Behavioral Health Resources

Organization Name	Phone	Address	Requirements	Email/Website	Goods/services
Hope Christian Concepts	(912)826-0443	5912 Hwy 21 Unit 7 Westwood Plaza-Rincon	Sliding Scale	https://www.hopechristianconcepts.org/	Family & Individual of all ages. Certified in Prime for Life-teen substance abuse program
Rincon Recovery Resources	(912)826-0918	613 Town Park Dr. West Suite 103	Sliding scale on specific services	https://www.rinconrecovery.com/	Family & individual ages 11 & up- specializes in substance abuse treatment Negotiable
Georgia Crisis & Access Line	1-800-715-4225		No fee	www.mygal.com	24/7 help with mental health, drugs, or alcohol
Savannah Psychiatry	(912)352-2921	635 Stephenson Avenue Savannah, GA		http://www.savannahpsychiatry.com/	Psychiatry
Coastal Psychology	(912)352-3992	322 Stephenson Suite B Savannah, GA 31405		http://www.coastalpsychology.com/	Psychologist
Horizon Behavioral Health	(912) 785-2100	613 Towne Park West, Suite 204, Rincon, GA 31326		https://www.hbhga.com/	Psychiatric, Psychology and Therapy Services
Dr. Doris Greenberg	(912)354-4953	5120 Paulsen Avenue Savannah, GA 31405			Behavioral Pediatrics
Gateway Behavioral Health Services	(912)826-7469	108 West 8th Street Rincon, GA 31326		https://www.gatewaybhs.org/	Behavioral Health Services
United Way Effingham County	(912)826-5300			https://www.uwce.org/about-us/counties/effingham-county/	Multiple Services Available
Mobile Crisis Center	1(800)-715-4225			https://dbhdd.georgia.gov/mobile-crisis-services	24/7 mobile response provides immediate on-site crisis management
Curtis Cooper Primary Health Care	912-527-1000	106 East Broad Street Savannah, GA	free/lowcost	https://www.cvcphc.net/	Medical, Dental, Behavioral
J. C. Lewis Primary Health Care	912-495-8887	125 Fahm Street Savannah, GA	free/lowcost	http://www.jclewishealth.org/	Medical, Dental, Behavioral
J.C. Lewis Primary Pediatric Center	912-3522-3845	3802 Waters Avenue Savannah, GA	free/lowcost	http://www.jclewishealth.org	Medical, Dental, Behavioral

*Updated 4/10/2019

Food/Clothing Resources

Organization Name	Phone	Address	Hours	Requirements	Email/Website	Goods/services
United Way	(912)826-5300				https://www.uwce.org/about-us/countries/effingham-county/	Many resources available
Manna House-Lisa Bush	(912)665-1985	1210 Patriot Drive Rincon, GA 31326	T&R 9:30-2:30	Must bring ID & proof that you are Effingham Resident	mannahouserincon@gmail.com	Food Pantry & Clothing
True Religion- Emergency Clothes Closet	Melinda Hawkins- (912) 547-4389 Laura Devisscher- (912) 547-5605	Marlow Learning Center		Accessible to Effingham County: School Social Workers, School Counselors, DFACS Case Workers, Parent Liaisons		
The Lighthouse @ Compassion Christian Church	(912)629-3186	810 Fort Howard Rd, Rincon 31326	Sat 10:00 am-12:00 pm			
GLOW Ministries	(912)663-5806	1094 Goshen Rd, Rincon 31326	Mon & Wed 9:00am-12:00pm			
St. Boniface Church	(912)754-7473	1952 Highway 21 S, Springfield 31329	Wed 11:00 am-2:00 pm			
God's Mission House (FORCE card)	(912)754-0840	1435 Hwy 119 N Springfield 31329	Mon, Tues, Wed & 2nd Sat 9:00am-1:00pm	Call First		
The Filling Station	(912)772-3478	1290 GA Hwy 119 S, Guyton, GA 31312	Tues & Thurs 10:00am-2:00pm			

*Updated 4/10/2019

Housing & Utility Resources

Organization Name	Phone	Address	Requirements	Email/Website	Goods/services
United Way	(912)826-5300			https://www.uwcc.org/about-us/counties/effingham-county/	Many resources available
Family Promise	912-519-0567				Housing Resource
Parent & Child of Union Mission	(912)238-2777	505 E 54th St Savannah, GA	Sliding Fee	http://www.unionmission.org/	Homelessness support
*Updated 4/10/2019					

Trauma/Abuse

Organization Name	Phone	Address	Requirements	Email/Website	Goods/services
Safe Shelter	912-629-8888 Local Office 912-651-0004	PO Box 61119 Savannah, GA 31420		SafeShelter.org	Center for Domestic Violence Situations
Family Promise	912-519-0567	2160 GA HWY 21 S Rincon, GA 31326		http://www.efinghamfamilypromise.org/	Housing Resource Provides assistance to Victims of Domestic Violence and Personal Injury Crimes (Temporary Protective Orders, rent/utility if funds available) Sexual Abuse House
Effingham Victim Witness	(912)754-7460	768 Hwy 119 S. Springfield-next to library	No Fee	http://www.thesunshinehousecac.com/	
The Sunshine House					

*Updated 4/10/2019

Medical

Organization Name	Phone	Address	Requirements	Email/Website	Goods/services
Safe Shelter	912-629-8888 Local Office 912-651-0004	PO Box 61119 Savannah, GA 31420		SafeShelter.org	Center for Domestic Violence Situations
Family Promise	912-519-0567	2160 GA HWY 21 S Rincon, GA 31326		http://www.familypromise.org	Housing Resource
United Way MedBank	(912)826-5300		Must talk to pharmacist	http://www.unitedway.org/about-us/counties/florida	Medicine
Harveys	(912)754-7000		Must talk to pharmacist		Medicine
Walmart	(912)826-2072		Must talk to pharmacist		Medicine
Two Rivers Clinic	(912)826-5300				Medical
Jack Heneisen MD	(912)826-2132	1214 N Columbia Ave. Rincon, GA 31326	\$50.00 per visit		Medical
Efingham Med Care	(912)826-6000		Services available to clients 11 and over		Medical
Health Awareness	(912)964-1531	Garden City	\$50.00 per visit		Medical
Pediatrics Associates	912-355-2462	Savannah/Poplar		http://www.pediatrics.com/	Pediatrician
Curtis Cooper Primary Health Care	912-527-1000	106 East Broad Street Savannah, GA	free/lowcost	http://www.curtiscooper.net/	Medical, Dental, Behavioral
J. C. Lewis Primary Health Care	912-495-8887	125 Fahn Street Savannah, GA	free/lowcost	http://www.jclewishealth.org/	Medical, Dental, Behavioral
J.C. Lewis Primary Pediatric Center	912-3522-3845	3802 Waters Avenue Savannah, GA	free/lowcost	http://www.jclewishealth.org	Medical, Dental, Behavioral

*Updated 4/10/2019.

Suicide/Self Harm

Organization Name	Phone	Address	Hours	Requirements	Email/Website	Goods/services
Emergency Room			24 hours a day/7 days a week			
Pediatrician/Primary Medical Physician						
Georgia Crisis & Access Line	1-800-715-4225		24 hours a day/7 days a week	No fee	www.mvgca.com	24/7 help with mental health, drugs, or alcohol
National Suicide Prevention Lifeline	1-800-273-TALK		24 hours a day/7 days a week			
Coastal Harbor	(912)354-3911 Toll-free: (844)657-2638	1150 Cornell Avenue Savannah, GA 31406	24 hours a day/7 days a week		https://coastalharbor.com/ https://dbhdd.georgia.gov/mobile-crisis-services	Quality Inpatient Treatment youth 4-17 24/7 mobile response provides immediate on-site crisis management
Mobile Crisis Center	1-800-715-4225					
*See Counseling Resources						

*Updated 4/10/2019