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Media Release

FOR IMMEDIATE RELEASE

Callaway High School hosts a health fair for teachers and staff

LaGrange, GA., May 12, 2023 – An employee health fair at Callaway High School reminds staff to take care of themselves so they can take care of students and others.

Held in the courtyard at the school, teachers and staff could visit different vendors during their planning period.

"The purpose of this health fair is to give our school staff more resources when it comes to mental health, wellness, self-care, and nutrition," said Christy King, TCSS Health Services Coordinator.

Resources at the health fair include:

- District 4 Georgia Department of Public Health - "With Every Heartbeat is Life" Program.
- Inner Path Yoga
- The Center For Mindful Exploration
- Planet Fitness in LaGrange
- Wellstar Diabetes Services has provided information on Prediabetes and Diabetes Prevention.
- Wellstar Pulmonary Lung Navigator/Preventative Health
- Brittney Berling from TCSS Nutrition Department

About Troup County School System

Troup County School System is an accredited educational system with over 12,200 students in grades K-12. TCSS does offer a free Pre-K program at each elementary school. The system is comprised of eleven elementary schools, three middle schools, three high schools, one college and career academy, and one alternative learning center. Students within the school system are taught a rigorous and relevant curriculum that helps them make college and career choices beyond graduation. The system 2022 graduation rate is 85.9 percent. To learn more about Troup County School System, visit troupp.org and the Troup County School System Facebook page.

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