



**Old Rochester Regional High School
Counseling Department
Grade 11 Curriculum**

Fall

- **College Financial Aid Night for parents**
 - Hosted by MEFA

Winter

- **Prospective Student Athlete Presentation**

Spring

- **Post High School Planning Part 1**
 - **Introduction to College/Career Search** ([handout link](#))
 - Discuss SAT/ACT
 - Letters of recommendation
 - Research/visit schools and pay attention to “Accepted Student Profiles”
 - Create/update your resume and Senior Questionnaire in Naviance
 - Introduce students to the Common Application
 - Discuss types of admission and timelines for admissions process
- **Post High School Planning Part 2**
 - **College Search Exercise**
 - Introduce students to Super Match on Naviance and Big Future on College Board
 - Students complete the College Search Questionnaire
 - Complete an on-line college search on Naviance
 - Add colleges to Naviance under “Colleges I am Thinking About”
- **Post High School Planning Part 3**
 - **Complete Naviance Activities**
 - Resume & Senior Questionnaire
- **Course Requests**
 - Review graduation requirements, including classes and credits
 - Plan courses with a focus on career pathways
 - Encourage students to review the Program of Studies for course descriptions and prerequisites
 - Discuss the importance of a happy and healthy balance
- **College Admissions Seminar for parents & students**
 - Hosted by MEFA
- **Parents’ Breakfast - Naviance focus**

Ongoing

- Individual meetings regarding academic performance and social/emotional health
- Counselors are available for Naviance support and college/career exploration
- Opportunities to meet with college admissions representatives