

ACCIDENT INSURANCE REQUIREMENT:

California Education Code Section 32221 requires that all students participating in competitive athletic activities have insurance that covers at least \$5,000 in medical and hospital expenses in the event of an accident. I acknowledge that the Mt. Diablo Unified School District does *not* provide accident, health, accidental death or dental insurance unless the District or Governing Board determines that participant's family is financially unable to pay. I understand that it is my obligation to provide such insurance before my son/daughter will be allowed to participate in any practice or contest.

I certify the following:

Name of health insurance provider: _____	Policy or group number: _____
Health insurance effective date: _____	Expiration date: _____
Health insurance policy limits (min. \$5000 medical) _____	Hospitalization: _____
Name of dental insurance provider: _____	Policy or group #: _____
Dental insurance effective date: _____	Expiration date: _____
➔ Signature of Parent or Guardian: _____	Date: _____

NORTH COAST SECTION EJECTION POLICY: These rules and minimum penalties are applicable to players and coaches during the time that officials have jurisdiction for the contest in accordance with National Federation rules for the respective sport.

1. Ejection of a player from a contest for un-sportsmanlike or dangerous conduct. **PENALTY:** The player shall be ineligible for the next contest (non-league, league, invitational tournament, post-season league, section, or state play-off, etc).
2. Illegal participation in the next contest by a player ejected in a previous contest. **PENALTY:** The contest shall be forfeited and the ineligible player shall be ineligible for the next contest.
3. Second ejection of a player for un-sportsmanlike or dangerous conduct from a contest during one season. **PENALTY:** The player shall be ineligible for the remainder of the season.
4. When one or more players leave the bench to begin or participate in an altercation. **PENALTY:** The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, invitational tournament, post-season league, section, or state play-off, etc.)
5. School officials shall orally report ejections immediately to the commissioner. The commissioner shall receive a written report from the official within 48 hours.
6. Coaches shall orally report the incident immediately to the Athletic Director and write a written report within 48 hours. The athletic director in turn shall inform the principal of the ejection. The player(s) ejected for fighting will be subject to possible school suspension.

APPEALS: Only appeals related to the factual situation of the player's ejection will be heard. Such appeals will only be made to penalties related to subsequent penalties after the ejection, they will not have jurisdiction to change the status of the player's ejection from the game in question. No appeal will be heard related to the official's judgment (other than an incorrect identification). Appeals will be heard initially through the ejected student's league. Subsequent appeals may be made through the applicable North Coast Section, CIF and State CIF appeals procedure.

Athletes will demonstrate good sportsmanship at all times. Un-sportsmanlike or dangerous conduct during practice games or at any time while representing the school will result in a team suspension (determined by the coach, athletic director and or the principal). Every player, parent, and coach must sign and read this NCS ejection policy before participation in an interscholastic contest. The Principal will send a statement verifying the fact that all players and coaches for the respective season have read and signed this Ejection Policy sheet. As a student and or parent I have read the NCS Ejection Policy and understand the penalties.

I have read this ejection policy of the North Coast Section and I will abide by its conditions. This policy applies to athletes, coaches and parents.

➔ _____	_____	_____
Signature of Parent or Guardian	Signature of Student	Date

STUDENT ATHLETE CONTRACT:

I, _____, understand the principles of sportsmanship, fair play and integrity and will adhere to the following regulations.

Print Student Name

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| <ol style="list-style-type: none"> 1. The use of alcohol/drugs (controlled substances) or tobacco in any form is prohibited and use or possession will result in a 45 school day suspension from all extracurricular activities (including sports). 2. If you quit a team you are not eligible for athletic points or awards and may not participate in another sport until the last team competition of the sport you quit has been completed.
If you withdraw from a sport: you must do so before league competition begins. You must talk with your coach; return all equipment and uniforms with in one week of withdrawal. If all of these steps are not completed prior to league play you will be considered to have quit. 3. Punctual, regular attendance at practices and contests is required. You must obtain permission from the coach if you are going to miss any of the above. 4. School uniforms are to be worn by team members only and at team sanctioned activities only. 5. Opponents and officials will be treated courteously. 6. Conduct on and off campus shall be of a nature to bring credit to my self, my family, the team and the school. Administrative suspensions from sports activities can occur for inappropriate behavior. | <ol style="list-style-type: none"> 7. Eligibility rules of the school, Diablo Foothill Athletic League, Bay Valley Athletic League and the California Interscholastic Federation shall be followed. 8. It is the coach's prerogative to rule on violations of general rules and specific team rules. The coach will present these rules to players and parents at the preseason meeting. 9. Athletes not returning uniforms/equipment will be charged immediately at the end of the season and all bills will be turned over to the school treasurer. Athletes will not be allowed to try out for another team until he/she is cleared from a previous team. 10. Athletes must use District approved transportation. 11. Parents should encourage their athlete academically. The Student/athlete should strive to perform higher than at the 2.0 grade point average required to compete. |
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I have read the student athlete contract and I fully understand these requirements. I agree that my participation in any athletic activity is contingent on my honoring this contract.

➔ _____	_____	_____
Signature of Parent or Guardian	Signature of Student	Date