## Conexión Familiar REACH OUT OREGON FAMILY DISCUSSION



## Conexión Familiar is a support group that offers:

- A safe space for parents and caregivers who are raising youth experiencing behavioral, mental, or other health challenges to come together for connection and support, specifically for Spanish speaking families.
- A space where we encourage learning, discussing barriers and elevating family voice as parents navigate systems of care on behalf of their youth.

## Join Us!

2nd Wednesday of every month 6-7pm PST

Zoom Link: https://tinyurl.com/4xbe35jc

4th Wednesday of every month

11:30-12:30 pm PST

Zoom Link: <a href="https://tinyurl.com/2rhyfkpc">https://tinyurl.com/2rhyfkpc</a>



For more information chat with us on our website www.reachoutoregon.org or call 1-833-732-2467
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