

Menu



Mayfield Girls School

Week 5	Monday 15/05	Tuesday 16/05	Wednesday 17/05	Thursday 18/05	Friday 19/05	Saturday 20/05	Sunday 21/05
Cooked Breakfast	Scrambled egg, hash brown bites & beans	Ham, poached eggs, English muffin, spinach & hollandaise sauce	Baked mushroom omelette or cheese omelette with grilled tomatoes & bloomer (smoothie)	Sausage, herby diced potatoes & beans	Freshly baked mini pastries (Hot chocolate)	Bacon, mushrooms, scrambled egg & baked beans	Bagels (in houses)
Lunch Main Meal	Mediterranean vegetable penne Arrabiatta	Malaysian chicken curry	BBQ pulled pork bap	Cottage pie	Salmon fillet with a pesto crust	Southern fried chicken	Roast turkey breast with red wine gravy
Lunch Vegetarian	Tomato, olive, caper & basil orzo	Cauliflower & potato curry with samosa & mango chutney	BBQ lentil & mixed seed burger	Asparagus, broad bean, pea & feta tart	Gnocchi with Mediterranean vegetables, tomato & mozzarella	Mozzarella fries with tomato salsa	Brie and cranberry filo parcels
Lunch Side Dishes	Garlic bread fingers, roast broccoli	Spiced rice & stir fried vegetables	French fries, slaw, sweetcorn, tomato salad & floury baps	Steamed carrots & green beans	Crushed new potatoes, mixed vegetables	Curly fries, corn on the cob, BBQ beans	Roast potatoes, green beans & broccoli
Salad Bar Specials	Mexican Street Corn Pasta Salad	Spring onion & chive potato salad	Cajun Grilled Halloumi with Lime Black Beans & Guacamole	Avocado pesto pasta	Mediterranean Tuna Salad	Salad of the day	
	Chinese Chicken Salad	Broccoli & Bacon Salad	Sweet Potato, chickpea & Feta with a Tahini Dressing	Crunchy Thai Quinoa Salad	Chickpea Shawarma Salad		
Jacket Potato & Topping	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Chocolate orange rice pudding	Eve's pudding with cream	Mango mousse	Banoffee pie	Self saucing chocolate pudding	Dessert of the Day	Dessert of the Day
Supper Main Meal	Korean chilli chicken	Spicy meatballs subs	Prawn, chilli & garlic linguine	Bacon turn over	Vegetarian Quorn pasta bake	Chilli con carne	Ham, egg and chips
Supper Vegetarian	Sticky Korean aubergine	Falafel subs	Tomato, chilli linguine	Cheesy leek and potato turn over		Quorn chilli & kidney beans	Roast cauliflower steak, egg and chips
Supper Side Dishes	Rice and steamed Greens	Wedges and sweetcorn	Garlic green beans & olive focaccia	Crisps and Salad	Tomato salad & focaccia	Rice & mixed vegetables Soured cream & jalapenos	Peas
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Fresh fruit, yoghurt and jellies
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						