

School Nurse Telephone: (818) 360-2361 ext. 389 Fax: (818) 363-0103

**ALLERGY ACTION PLAN**

Student's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Allergy: \_\_\_\_\_

Reaction: \_\_\_\_\_

**Student in prescribed the following (Please check)**

Epinephrine 0.3mg intramuscular     Antihistamine Name: \_\_\_\_\_

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Mouth: Itching, tingling, swelling of lips, tongue, mouth    \_\_\_ Epinephrine    \_\_\_ Antihistamine

Integumentary: Hives, swelling of the face or extremities    \_\_\_ Epinephrine    \_\_\_ Antihistamine

Gastrointestinal: Nausea, abdominal cramps, vomit, diarrhea    \_\_\_ Epinephrine    \_\_\_ Antihistamine

Throat: Tightening of throat, hoarseness, hacking cough    \_\_\_ Epinephrine    \_\_\_ Antihistamine

Respiratory: Shortness of breath, repetitive cough, wheezing    \_\_\_ Epinephrine    \_\_\_ Antihistamine

Cardiovascular: Thready pulse, low BP, faint, pale, cyanosis    \_\_\_ Epinephrine    \_\_\_ Antihistamine

If symptoms do not improve within \_\_\_\_\_ minutes    \_\_\_ Give 2nd Epinephrine Injection

Other Special Instructions: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

**Medical Office Stamp (Required)**

**OFFICE USE (Do Not Write in This Box)**

Date Form Received \_\_\_\_\_ Med Received  Y  N    Quantity \_\_\_\_\_ Nurse \_\_\_\_\_ Parent \_\_\_\_\_

Date Med Returned \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Nurse \_\_\_\_\_