





### **2022-23 SCHOOL CALENDAR**

Featuring original artwork created by Akron Public Schools students









## **September**

Better Breakfast Month

Eating breakfast every day:

- Enhances concentration and focus

- Helps lift their mood

- Kickstarts metabolism

- Improves heart health

Helps kids perform better in school
 Leads to healthy snacking
 Boosts the immune system
 Helps kids get more fiber and calcium

Sunday 8	Monday	Tuesday	Wednesday	Thursday 1	Friday	Saturday 3
18	Peri day for students in grades 4.6, 5	30 First day for students in goodes 3 4, 10-12	31	First day for students in grades for K, K.)	2	3
•	5 Labor Bay Schools and officer closed	6	7	8	9	10
11	Reard of Education meeting National Day of Encouragement C	13	14	15 Neparic Heritage Worth begins	16	17 Constitution Copy
8	19	20	21	22	23	24
15	26	27	28	29	30	1
Rosh Hadranah begins	(i) Board of Education meeting	Red Hollandrests		CCAR community meeting (Firestone CLC, Miller South)	Skus Aberustve kodeny Sili gradustee	

Did you know a child's brain uses up half of their body's energy? Kids who eat a healthy breakfast have better test scores, increased energy and are less likely to repeat a grade. APS provides free breakfast and funch to every student through the federal Community Eighbilth Provision. Call the Department of Child Notrition with any questions at 3a3 / 6a1.1335.



Artwork by Farrah

# October Positive Attitude Month

It's important to introduce ways to be more positive at a young age so your child can use those skills as they grow older. Practice posithity at home by showing support, naming things you are thankful for, focusing on the present and surrounding yourself with other positive pecule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4	5	6 COM-community meeting	7	8
Rational Codedian Day				(North Kigh School)	Ne school for students	
9 Sukketherjes	Columbus Day! Indigenous People's Day Board of Education meeting Battonal School Lanch Week begins	11	12	13	14	15 Requirit Heritage Worth en
16 Salarens	17  Gade 3 ELA trating begins National School Res Salety Work begins	18	19	20 8th Grade Showcase (Souker Station)	21  End of grading period	22
23	24 Oper envillment begins floard of Education meetins Direct	25	26	27	28	29
30	31		CT CLo DreamGay			

If your child is feeling overwhelmed, encourage them to practice positive thinking! Thinking positively helps reduce stress, increase confidence and improve focus on long-term goals. Our Be Kind 330 campaign promotes the spread of kindness and positivity throughout our community. Visit sknoschools com/be-kind-330 for more information.



### **November**

Role Models Month

Qualities of a good role model:

- Inspires those around them
- Leads by example
- Respects others
- determination

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	Native American Heritage Manth begins	2	3	4  Grade ) ELA testing ends	5
Chyddyd Saelog Time ensh	7 Board of Education menting	Busine Day Instructional improvement day No school for students	9	10	11 Voteron Day	12
13	14	15	16	(CALcommunity meeting	18 Open resultment ands	19
20	21	22	Parent reacher confinemors Ne school for studients	24 Thurkoguing Schools and offices dosed	25  Thankogving break Schools and offices closed	26
27	28  High school end of course testing begins Board of Education meeting	29	30	1	2	3

It's important to be a good role model in your child's life. Children look up to role models to help determine how they behave in school and relationships or when making life decisions (American Academy of Child & Adolescent Psychiatry). If your student has a teacher, coach or other APS staff member hely look up to coprourage your child to thank them!



### **December**

"I found I could say things with color and shapes that I couldn't say any other way — things I had no words for."
— Georgia O'Xeefe

Art and Architecture Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7 COA comunity meeting Six-feet CLD	8	9	10
11	12 Sent elitration preting	13	14	15	16	17
18 Familiah begins	19	20	21	22  Winter break No school for students	23 Weller break Schools and offices dissed	24
25	26  Reserve begins  Randikto-mid  Weter besik  School and officer dozed	27 Weterbook Nowhool for madests	28  Weter break No school for students	29  Were brok No school for students.	30 Weter break School and officer closed	31

boosting problem solving altitudes, sparking innovation and developing confidence. Encourage your student to embrace their inner artist and visit one of the many art museums in Northeast Ohio. Use the Metro's free DASH downtown shuttle to check out the Akron Art Museum!



# January National Mentoring Month

National Hot Chocolate Day is Jan. 31. Make a cup with your child!

Mix 4 cups milk (preferably whole or 2%), % cup unsweetened cocca powder and

% cup sugar in a saucepan over medium heat until warm. Gradually add % cup

semiweet chocolate chips white whishing. Serve in your favorite mug and enjoy!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Energia meti	2 Winter break Schools and offices closed	3 Wester break Six actived for students	4 Winter break Ne school for students	5 Instructional improvement day No school for students	6	7
8	9 Beard of Education meeting	10	11	End of grading period High school and of course testing ends	13 Copyride in-service day/Texasto day Ne school for students	14
15	16  Rustes Lather King Jr. Cop Schools and offices desed	17	18	19	20 Skron Alternative Academy winter graduation	21
22	23 Road of Education meeting	24	25	26	27	28 SIMDP9 (INCO)
29	30	31	1 X	2	3	4

Did you know students with a mentor are 55% less likely to skip a day of school and 130% more likely to shold leadership positions (mentoring org)? Finding a mentor can be life-changing for a student! Learn more about mentoring programs at AFS by calling the Family Engagement Centre at 330,761,2810.



# **February**

American Heart Month

Try these simple heart-healthy exercises with your child this month! Each day, do 15 jumping jacks, 10 squats, 5 pushups, 10 situps, 5 lunges (on each leg) and a 30-second plank. Don't forget to stretch before and after!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 Back Huton Worth brights	COAI community meeting (Main STRANG) School	3	4
5	6	7	8	9	10	11
						High School laze Festival (Ellet C.C
12	13  book of Struction meeting	14  Valenter's Day High School Earth in the Bound (Sant QQ)	15 High School Chairs in the Round (Sorfeld CLC)	16  High School Strings-in-the-Round (North-High School)	Random Acts of Kindness Day Stated - four-fee conferences to school for students	18
19	Presidents Eay Schools and offices deced	21 Midde School Bando in the Round (Repre CE)	22 Middle School Chains in the -Round (Sorfield (L))	23 Middle School Strings in the Round (Miles South)	24  Widdle School Juzz Festival (Budded (Lf.)	25
26	27	28	1	2	3	4
	Soul of Education meeting					

Doing simple exercises that keep your heart healthy help your body in many ways, including improving sleep, mental health and mood. Wist akronymac.org to find physical activities you and your student can participate in together.



#### March

Mational Mutrition Month

Read Across America Day (March 2) celebrates and encourages reading across the nation. Reading each day unlocks a world of knowledge and insignation while late intervient guidents' comprehensive and school performance. Visit the Akron-Summit County Public Library with your student to pick out new books to read together!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1 Women's Higtory Worth Begins	2 Institute for the last terms from the last t	3 Instructional improvement day No school for stadents	4
5	6 National School Broadcust Week begins	7	8 International Women's Day	9	10	11
12  Doplight Saving Time begins	13 Soul of Education meeting	14	15	16	17 Indelgrading period	18
19 Read to Me Day (To	20	21	22 © Ramadan begins	23	24	25
26	27 Godes 3-12 El A testing begins Rout of Education meeting	28	29	30	31	1

Encourage your child to eat a variety of fruits, vegetables, whole grains, dairy products and protein each day.

Celery and peanut butter, cheese and crackers, applessauce or granola bars are great options for a quick, healthy sn.





"The new dawn blooms as we free it. For there is always light if only we're brave enough to see it, if only we're brave enough to be it."

— National Youth Fort Laureate Amanda Gorman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 Grades In Unsubhydrawy	4	5	6	7 (mt/mts - d)	8
9	social studies testing begins 10	CCAL community meeting (Ellet G.C)	Perove legis (2)	13	5cheels and effices closed 20	15
⊕R tater	Board of Education meeting Spring benix So school for students	Spring broak No school for stadents	Spring break No school for students	Facorum ends Spring break No school for shadests	Laters Orthodox Good Friday Spring bresk Na school for students	15
16  Laters Orthodox Letter	17	18	19	20	21 © tolete	22 tanting (5)
23	24	25	26	27	28	29
30	Sound of Education meeting		Administrative Professionals Day		Grades 3-32 B.A testing ends	

Hope can get your child through dark times and motivate them to achieve their dreams!

Encourage your child to make a list of all of the things they are hoping for and remind them to think BIG!

Have them reach out to an AF St eacher or staff member to help them work toward atheiring their dreams while in school.



# May National Mental Health Awareness Month

Ways to support someone struggling with their mental health (Child Mind Institute):

- Ask how you can help
- Be understanding
- Peach out to your child's school
- Fort assign for professional help

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	Asian American and Pacific Islander Heritage Marish bogins South Bular Heritage Rounth begins Teacher Appreciation Work begins	2	3	4 More Early-College High School lead day for students in goods 12, graduation	5	6
7	8 Board of Education meeting	9	STEM High School: last day for students in grade LL graduation	CCM-community meeting OPS administration buildings	12 Grades 1-12 math/science/social stration techniq encis Alexen Early College High Schook Leat day for shaderon in grades 9-11 STAM High Schook Leat day for shaderon in grades 9-11	13
14 Meterstey	15	16	17	18 Teacher of the Year banquet	19	20
21	22 beard of Education receiving	23 Firetone GC godusten	24  I Premier School: untidy for madents	25 Start C.C graduation	26 Last day for students in grade 12	27
28 Garfield CC conduction	29  Memorial Day Schools and officer Grand	30 Berth-Halt School evaluation	8 Berhal CLE graduation Alternative Academy series assistation	1	2	3

National Mental Health Awareness Month is a great time to check in on the state of our own mental health and support others who may be struggling. APS has a great team of counselors who are available to help students if needed. Contact your child's school to learn more. If you or your child need immediate help. dail 98 to occase the Suicide & Crisis Lifeline.



#### June

National Zoo and Aquarium Month

Visit one (or affi) of the awesome zoos, aquariums and more near Akron:

- Akron Zoo

- Cleveland Zoo

- Cleveland Aquarium

of Natural History

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	29	30	31	Price Month begins East GL quaduston End of grading period Last day for students	2 Let day for trusters	3
•	5	6	7	8	9	10
11	12 Board of Education meeting	13	14 Ray Day	15	16	17
18	Anotaroth Schools and offices closed	20	21	22	23	24
25	26 Board of Education meeting	27	28	29	30	1



# July National Anti-Boredom Month

Celebrate National Ice Cream Day (July 16) by making ice cream at home! In a small plastic bag, add 1 cup of half-and-half and 2 tablespoors of sugar. Remove excess air and sall boy, Next, goth a large reassfel plastic bag and add 3 cups of ice and 1s cup of sit. Put the small bag isoide the large bag and shake (cr. 7-10 minutes until the ice cream has formed. Brome ice comen from bag, add vour favoite toolsman and ensisted

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4 Independence Day Makesh and offices decad	5	6	7	8
9	10 bank of Stuzzton meeting	11	12	13	14	15
16	17	18	19	20	21	22
23	24 Scard of Education meeting	25	26	27	28	29
30 International Frenchisp Day	31					

Summer is a great time to try new things! Next time your child is bored, encourage them to try something new like making an obstacle course, writing/drawing or reading a book. Still need some ideas? Consider registering your student for a summer program at APS or finding an event to attend on the Downtown Akron Partnership website.



### **August**

Back to School Month

Tips to help your child get ready for the new school year:

- Create a bedtime routine

- Start a morning schedule

- Identify clubs, sports and other

activities to narticinate in

· Gather necessary school supplies

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	31	1	2	3	4 Ohio Tae Free Weskend Degles	5
•	7	8	9	10	11	12
13	14  touristEducation meeting	15	16	17	18	19
20	21  Ent day for teachers	22  Fire day for eadons	23	24	25	26
27	28 Sout of Libraries meeting	29	30	31	1	2

Help your child prepare for a new school year by setting goals to try new activities, meet new friends or improve in a certain class. Remind them to Stay in the Game and show up to school each day ready to lear Visit alworschools.com to learn important back-to-school information.

<b>APS Phone Directory</b>											
Administration Building		330.761.1661	Mathematics		330.761.31						
Athletics Child Nutrition Child Study College & Career Academies Community Relations, Diversity, Equity & Inclusion		330.761.2813 330.761.335 330.761.3065 330.761.3131 330.761.2929 330.761.3297	Medicaid Benefits information METRO Bus Passes Physical Education Safety and Security Science Secondary Schools		330.761.301 330.761.296 330.761.301 330.761.373 330.761.311						
						Community Relations, Family &			Social Studies		330.761.30
						Community Engagement		330.761.1680	Special Education		330.761.31
						Elementary Schools EnglishLanguage Arts Family Engagement Center/Registration Fine Arts Giffred and Talented Health Education Homeless Listion Library/Media Services/Instructional Technology		330.761.3076	Specialty Programs Transportation Services Teaching and Learning		330.761.27 330.761.13 330.761.31 330.761.30 330.761.31
								330.761.3109			
								330.761.2810 Teaching and Learning 330.761.3189 Testing, Research and Evaluation			
and Evaluation											
330.761.3108	World Languages										
330.761.3117											
330.761.2969	If you are looking for a number that is not listed here, please call our Family Engagement Center at 330.761.28										
330.761.3046			at 330.761.2810.								
Elementary Schools:											
Barber CLC	330.761.7911	Harris-Jackson CLC @ Essex	330.761.2884	Resnik CLC	330.761.16						
Betty Jane CLC	330.761.2602	Hatton CLC	330.761.7980	Rimer CLC	330.761.79						
Bridges	330.761.7979	Helen Arnold CLC	330.761.2828	Ritzman CLC	330.761.79						
Case CLC	330.761.1670	I Promise School	330,761,1516	Robinson CLC	330.761.31						
Crouse CLC	330.761.1625	King CLC	330.761.7962	Sam Salem CLC	330.761.32						
David Hill CLC	330.761.1630	Leggett CLC	330,761,1735	Schumacher CLC	330.761.79						
Findley CLC	330.761.7909	Mason CLC	330,761,2711	Seiberling CLC	330,761,79						
Firestone Park	330.761.1517	McEbright CLC	330.761.7940	Voris CLC	330.761.27						
Forest Hill CLC	330.761.1645	Miller South	330,761,2610	Windemere CLC	330.761.79						
Glower CLC	330.761.7964	Pfeiffer	330.761.1510								

Bridges	330.761.7979	Akron Alternative Academy	330.761.1609	
Buchtel CLC (6-8)	330.761.7960	Akron Early College	330.972.6450	
East CLC (7-8)	330.761.7928	Buchtel CLC (9-12)	330.761.7945	
Hyre CLC	330.761.7930	East CLC (9-12)	330.761.7920	
Innes CLC	330.761.7900	Ellet CLC	330.761.2770	
Jennings CLC	330.761.2002	Firestone CLC	330.761.3270	
Litchfield CLC	330.761.2775	Garfield CLC	330.761.2895	
Miller South	330.761.2610	NIHF STEM High School	330.761.7965	
NIHF STEM Middle School	330.761.3195	North High School	330.761.1761	

High Schools

A message from Supt. Christine Fowler Mack: and families. If there's anything

#### APS Community Partners:

Middle Schooles

Akron-Canton Regional Foodbank 330.535.6900 • www.akroncantonfoodbank.org Akron Children's Hospital

330.543.1000 · www.akronchildrens.org

Akron Children's Museum 330.396.6103 - www.akronkids.org Akron Fire Department

330.375.2411 • www.akronohio.gov/cms/akronfiredepartment

Akron METRO 330.762.0341 • www.akronmetro.org

Akron Metropolitan Housing Authority 330.762.9631 - www.akronhousing.org

Akron Police Department (non-emergency)

330.375.2552 • www.akronohio.gov/cms/site/10c5e96e7db\$b10f/index

Akron-Summit County Public Library 330.643.9000 - www.akronlibrary.org

Akron Zoo

Boys & Girls Club of Northeast Ohio 216.883.2106 • www.bacneo.org Child Guidance & Family Solutions 330.762.0591 • www.cafs.org

Dolly Parton's Imagination Library 30.643.5508 • imagination/library.com/usa/affiliate/DHSUMMIT/

Early Childhood Resource Center 330.491.3272 • www.ecresourcecenter.org

Minority Behavioral Health Group 330.374,1199 · www.mbhq.org

Portage Path Behavioral Health 330.253.3100 · www.portagepath.org

330.996.4600 - www.redoakbh.org

United Way of Summit & Medina Counties

330 375 2550 • www.akronzoo.org

Akren Board of Education N.J. Akbar, Ph.D., president Detrick Hall, Esq., vice president Diana Autry, RN, BSN Christine Fowler Mack, superintendent

Front cover artwork by: (Top L-R) Shamilichhya, Karlee, Kris (Bottom L-R): Gabriet, Zory Back cover artwork by: (Top L-R) Landon, Lillian, Chelses

Akron Public Schools.

The Akran Board of Education does not unlawfully discriminate on the basis of roce, color, sex, genetic information, religion, notional origin.