

YOSEMITE REGIONAL OCCUPATIONAL PROGRAM

COSMETOLOGY

CBEDS Code: 5812

JOB TITLES
Cosmetologist

DOT NO.
331.674-010

Course description:

This course is designed to prepare individuals to qualify for and obtain initial license as a professional Cosmetologist. It includes training in all phases of the career during the required 1600 clock hours.

Recommend Prerequisites: Passing Entrance Exam

DURATION: 1600 hours

CREDIT:

RECOMMENDED GRADE LEVEL: 11th, 12th graders and Adults

REQUIRED FOR GRADUATION: No

MEETS UNIVERSITY OF CALIFORNIA ENTRANCE REQUIREMENTS: No

MEETS CALIFORNIA STATE UNIVERSITY REQUIREMENTS: No

ARTICULATED WITH POSTSECONDARY INSTITUTIONS:

Instructional Content

Instruction will include:

Student Outcomes

At the end of instruction, the student will be able to:

HoursCL=Classroom
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1. State Law 1. Review Cosmetology Act 2. Discuss Board Rules and Regulations	Goal: The student will understand State Law as it pertains to: A. Cosmetology Act. B. Board rules and regulations	Anchor/CR 8.2 10.2 CR 1,6,7,12	CTE C1.0 C1.5 C3.0 C3.5 C7.0 C9.0 C9.2 C9.4 C12.0- C12.5	CL 20	CC
2. Chemistry 1. Describe composition of cosmetic hair, nail and skin preparation. 2. Describe matter a. Discuss chemical makeup b. Discuss physical changes	Goal: The student will understand chemistry as it applies to Cosmetology A. Composition of cosmetic hair, nail and skin preparations B. Purpose of cosmetic hair, nail and skin preparations C. Understand Matter 1. Chemical makeup 2. Physical changes	1.0 CR 1,4,5,7,9,10, 12	C3.3 C9.2 C11.0 C11.1	20	
3. Health & Safety 1. Describe chemicals and health of cosmetology 2. Review material safety data sheets 3. Discuss chemical protection 4. Discuss preventing chemical injuries 5. Review health and safety laws	Goal: The student will understand health and safety as it applies to Cosmetology A. Demonstrate safe use of chemicals and health. B. Demonstrate use of material safety data sheets. C. Demonstrate proper chemical protection. D. Use proper prevention of chemical injuries E. Practice health and safety laws.	6.2 6.0 6.1 6.5 6.6 6.7 CR 1,3,4,5,6,7,1 1,12	6.2 6.0 6.1 .65 6.6 6.7	20	
4. Electricity 1. Discuss electrical current 2. Discuss operating electrical devices 3. Review safety precautions	Goal: The student will understand electricity as it pertains to cosmetology A. Understand electrical current B. Demonstrate safe operation of electrical devices C. Demonstrate safety precautions	1.0 CRF 1,4,5,7,10, 11,12	C3.3 C9.2 C11.0 C11.1	5	
5. Disinfection and Sanitation 1. Describe consumer and operator protection 2. Review disinfecting instruments and equipment.	Goal: The student will understand disinfection and sanitation as it applies to cosmetology A. Demonstrate proper consumer and operator protection B. Demonstrate proper disinfecting of instruments and equipment.	6.5 6.3 CR 1,4,6,7,10, 11, 12	C1.0 C1.3 C3.0-C3.5 C11.2	20	10

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6. Bacteriology, Anatomy, and Physiology.	Goal: The student will understand Bacteriology, Anatomy, and Physiology	Anchor/CR	CTE	CL	CC
<ol style="list-style-type: none"> 1. Describe bacteriology <ol style="list-style-type: none"> a. Types of bacteria b. Classifications of bacteria c. Bacteria <ol style="list-style-type: none"> 1. Growth 2. Reproduction 2. Discuss Anatomy and Physiology <ol style="list-style-type: none"> a. Systems of the body <ol style="list-style-type: none"> 1. Skeletal 2. Muscular 3. Nervous 4. Circulatory 5. Lymph Vascular 6. Endocrine 7. Excretory 8. Respiratory 9. Digestive 	<ol style="list-style-type: none"> A. Understand bacteriology <ol style="list-style-type: none"> 1. Know types of bacteria 2. Know bacteria classification 3. Bacteria <ol style="list-style-type: none"> a. Growth b. Reproduction B. Understand Anatomy and Physiology <ol style="list-style-type: none"> 1. Know the systems of the body <ol style="list-style-type: none"> a. Skeletal b. Muscular c. Nervous d. Circulatory e. Lymph Vascular f. Endocrine g. Excretory h. Respiratory i. Digestive C. Understanding structure of Human Body and relate to disorders and Diseases. D. Know basic structure and function in Relationship between prevention and treatment of illness and disease 	1.0 CR 1,4,5,6,7,12	C3.0 C3.1 C3.4 C3.5 B2.0 B2.1	15	
7. Wet Hair Stylings <ol style="list-style-type: none"> 1. Describe hair analysis 2. Describe shampooing techniques 3. Discuss and demonstrate wet setting techniques <ol style="list-style-type: none"> a. Finger waves b. Pin curls c. Rollers d. Combing sets 	Goal: The student will understand wet hair stylings. <ol style="list-style-type: none"> A. Demonstrate hair analysis B. Use proper shampooing techniques C. Demonstrate wet setting techniques as it pertains to: <ol style="list-style-type: none"> 1. Finger waves 2. Pincurls 3. Rollers 4. Combing sets 	10.1 11.1 11.2 CR 1,2,4,5,6,7,8, 9,10,11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	25	225
8. Thermal hair styling <ol style="list-style-type: none"> 1. Discuss hair analysis 2. Describe straightening 3. Describe waving 4. Describe use of curling irons 5. Describe blower styling 6. Describe press and curl 	Goal: The student will understand thermal hair styling. <ol style="list-style-type: none"> A. Demonstrate hair analysis B. Demonstrate straightening C. Demonstrate waving D. Demonstrate proper use of curling irons E. Demonstrate blower styling F. Demonstrate press and curl 	10.1 11.1 11.2 CR 1,2,4,5,6,7,8, 9,10,11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	20	80

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9. Permanent Waving	Goal: The student will understand permanent waving.	Anchor/CR	CTE	CL	CC
<ol style="list-style-type: none"> 1. Discuss history of permanent waving 2. Review types of permanent wave products <ol style="list-style-type: none"> a. Cold wave b. Thermal c. Acid d. Neutral 3. Review permanent waving procedures <ol style="list-style-type: none"> a. Different types <ol style="list-style-type: none"> 1. Cold 2. Thermal 3. Acid 4. Neutral b. Discuss hair analysis c. Review safety precautions <ol style="list-style-type: none"> 1. Release 2. Client record 	<ol style="list-style-type: none"> A. Understand History of permanent waving B. Understand types of permanent wave products <ol style="list-style-type: none"> 1. Cold wave 2. Thermal 3. Acid 4. Neutral C. Understand permanent waving procedures <ol style="list-style-type: none"> 1. Recognize different permanent wave types <ol style="list-style-type: none"> a. Cold b. Thermal c. Acid d. Neutral e. Different techniques/methods 2. Understand Hair analysis 3. Demonstrate safety precautions <ol style="list-style-type: none"> a. Release b. Client record 	10.1 10.3 11.1 11.2 6.2 CR 1,2,4,5,6,7, 8,9,10,11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	20	150
<ol style="list-style-type: none"> 1. Discuss hair analysis <ol style="list-style-type: none"> a. Record card b. Client release 2. Discuss procedures for chemical straightening <ol style="list-style-type: none"> a. Sodium hydroxide b. Base products c. Ammonium thio d. Review safety precautions 	Goal: The student will understand proper chemical straightening. <ol style="list-style-type: none"> A. Understand hair analysis <ol style="list-style-type: none"> 1. Record card 2. Client release B. Demonstrate procedures for chemical straightening <ol style="list-style-type: none"> 1. Sodium hydroxide 2. Base products 3. Ammonium thio 4. Demonstrate safety precautions 	10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10,11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	20	68
<ol style="list-style-type: none"> 1. Discuss hair analysis 2. Review and demonstrate proper use of the following tools: <ol style="list-style-type: none"> a. Razor b. Scissors c. Electric clippers d. Thinning shears e. Sanitizing tools 3. Demonstrate safety precautions 	Goal: The student will understand haircutting. <ol style="list-style-type: none"> A. Demonstrate hair analysis B. Demonstrate proper use of the following tools <ol style="list-style-type: none"> 1. Razor 2. Scissors 3. Electric clippers 4. Thinning shears 5. Sanitizing tools 6. Demonstrate safety precautions 	10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	20	157
<ol style="list-style-type: none"> 1. Discuss Hair analysis 2. Describe predisposition test 3. Discuss safety precautions 4. Describe formulations 5. Demonstrate tinting 6. Demonstrate bleaching 7. Demonstrate dye removers <p>*NO CREDIT FOR COLOR RINSES</p>	Goal: The student will understand proper haircoloring and bleaching techniques. <ol style="list-style-type: none"> A. Demonstrate hair analysis B. Demonstrate predisposition test C. Demonstrate safety precautions D. Demonstrate formulations E. Demonstrate tinting F. Demonstrate bleaching G. Demonstrate dye removers 	10.1 10.6 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	40	140

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Instructional Content	Student Outcomes	Anchor/CR	CTE	CL	CC
<p>13. Scalp and Hair Treatment</p> <ol style="list-style-type: none"> 1. Describe hair and scalp treatment 2. Describe scientific brushing 3. Discuss procedures for treatments <ol style="list-style-type: none"> a. Electric b. Manual massage c. Other treatment types and procedures 	<p>Goal: The student will understand proper scalp and hair treatment.</p> <ol style="list-style-type: none"> A. Demonstrate hair and scalp treatment B. Understand procedures for treatments such as: <ol style="list-style-type: none"> 1. Electric 2. Manual massage 3. Other treatment types and procedures 	<p>10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12</p>	<p>C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5</p>	<p>5</p>	<p>100</p>
<p>14. Facials</p> <ol style="list-style-type: none"> 1. Discuss manual <ol style="list-style-type: none"> a. Describe procedures <ol style="list-style-type: none"> 1. Cleansing 2. Manipulations 3. Analysis of skin 4. Packs 5. Masks 6. Electrical <ol style="list-style-type: none"> a. Procedures <ol style="list-style-type: none"> 1. Facial machines 2. Dermal lights 3. Safety precautions 4. Chemical <ol style="list-style-type: none"> a. Skins peels 	<p>Goal: The student will understand proper facial techniques.</p> <ol style="list-style-type: none"> A. Understand manual <ol style="list-style-type: none"> 1. Demonstrate facial procedures <ol style="list-style-type: none"> a. Cleansing b. Manipulations c. Analysis of skin d. Packs e. Masks f. Electrical <ol style="list-style-type: none"> 1. Procedures <ol style="list-style-type: none"> a. Facial machines b. Dermal lights c. Safety precautions d. Chemical <ol style="list-style-type: none"> 1. Skin peels 	<p>10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12</p>	<p>C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5</p>	<p>25</p>	<p>100</p>
<p>15. Eyebrow Arching and Hair Removal</p> <ol style="list-style-type: none"> 1. Describe procedures for eyebrow arching and hair removal <ol style="list-style-type: none"> a. Wax b. Tweezers c. Depilatories <ol style="list-style-type: none"> 1. Electric 2. Manual 	<p>Goal: The student will understand proper eyebrow arching and hair removal.</p> <ol style="list-style-type: none"> A. Demonstrate procedures for eyebrow arching and hair removal <ol style="list-style-type: none"> 1. Wax 2. Tweezers 3. Depilatories <ol style="list-style-type: none"> a. Electric b. Manual 	<p>10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12</p>	<p>C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5</p>	<p>10</p>	<p>30</p>
<p>16. Makeup</p> <ol style="list-style-type: none"> 1. Describe skin analysis 2. Describe procedures and applications <ol style="list-style-type: none"> a. Review and demonstrate complete makeup b. Review and demonstrate corrective makeup c. Discuss false eyelashes 	<p>Goal: The student will understand use of makeup</p> <ol style="list-style-type: none"> A. Demonstrate skin analysis B. Demonstrate procedures and applications <ol style="list-style-type: none"> 1. Complete makeup 2. Corrective makeup 3. False eyelashes 	<p>10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12</p>	<p>C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5</p>	<p>15</p>	<p>20</p>

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17. Manicuring and pedicuring 1. Describe nail analysis 2. Demonstrate massage a. Theory b. Application 3. Describe procedures a. Manicure 1. Massage hands and arms b. Pedicure 1. Massage feet and ankles	Goal: The student will understand proper manicuring and pedicuring techniques. A. Demonstrate nail analysis B. Demonstrate massage as it pertains to manicuring and pedicuring 1. Theory 2. Application C. Demonstrate manicure procedures 1. Massage hands and arms D. Demonstrate pedicure procedures 1. Massage feet and ankles	Anchor/CR 10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12	CTE C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	CL 10	CC 25
18. Artificial nails 1. Demonstrate liquid and powder brush-on 2. Demonstrate application of nail tips 3. Demonstrate nail wraps and repairs	Goal: The student will understand proper application of artificial nails. A. Demonstrate liquid and powder brush-on B. Demonstrate application of nail tips C. Demonstrate nail wraps and repairs	10.1 11.1 11.2 CR 1,2,4,5,6,7, 8,9,10, 11, 12	C1.1 C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0 – C10.5 C11.0- C11.5 C12.0- C12.5	25	60
19. Professional ethics, sales ability, good grooming and courtesy. 1. Discuss professional ethics a. Client relations b. Co-worker relations c. Daily records 2. Discuss sales ability a. Product b. Services 3. Good Grooming a. Posture 1. Seated 2. Standing b. Personal 1. Uniform 2. Shoes 3. Hair and nails 4. Hygiene 5. Courtesy a. Professional traits b. Normal cleanup duties	Goal: The student will understand professional ethics, sales ability, good grooming and courtesy. A. Demonstrate professional ethics in relation to: 1. Client relations 2. Co-worker relations 3. Daily records B. Demonstrate sales ability in product and services C. Demonstrate good personal grooming 1. Posture a. Seated b. Standing 2. Personal 1. Demonstrate proper dress and hygiene b. Shoes c. Hair and nails d. Hygiene e. Courtesy 1. Professional traits 2. Normal cleanup duties	3.2 9.6 8.5 7.7 CR 1,2,4,5,6,7, 8,9,10, 11, 12	C2.0-C2.5 C3.0-C3.5 C4.0-C4.4 C5.0-C5.5 C6.0- C6.4 C8.0-C8.5 C10.0 – C10.5	40	
20. Salon Management 1. Discuss opening a salon a. Location b. Lease c. Parking d. Physical layout e. Insurance, regulations, and business law f. Advertising g. Bookkeeping 2. Discuss proper telephone procedures a. Planning what to say b. Clear and correct speech c. Pleasant voice d. Booking appointments	Goal: The student will understand and have knowledge of salon management. A. Describe process of opening a salon in relation to: 1. Location 2. Lease 3. Parking 4. Physical layout 5. Insurance, regulations, and business law 6. Advertising 7. Bookkeeping B. Demonstrate telephone etiquette and procedures 1. Planning what to say 2. Clear and correct speech	7.0 11.3 11.4 7.2 3.4 CR 1-12	C7.0-C7.5 C6.0-C6.4 C2.0-C2.5 C30.-C3.5 C4.4 C8.0 C9.0 C9.1 C9.2-C9.4 C11.3- C11.5	10	

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20. Salon Management (Continued) 3. Seeking and obtaining employment a. Completion of application b. Resume development c. Interview techniques d. Review of cosmetology laws and regulations e. Proper payroll deductions	3. Pleasant voice 4. Booking appointments C. Review and demonstrate job seeking skills 1. Application 2. Resume 3. Interview 4. Laws and regulations 5. Payroll deductions	Anchor/ CR	CTE	CL	CC
21. First Aid 1. Demonstrate administering first aid 2. Discuss when to seek help	Goal: The student will understand first aid. A. Demonstrate administering first aid B. Know when to seek help	6.5 CR 1,2,5,6,7,1 1,12	C1.0-C1.5 C3.0-C3.5 C9.0-C9.4 C2.0	10	
22. Records 1. Discuss records a. Student daily record b. Client services cards	Goal: The student will understand client records. A. Understand records 1. Student daily record 2. Client services cards	7.2 7.4 CR 1,2,3,4,5,6, 7,8,11,12	C1.0-C1.5	40	
23. Wigs 1. Discuss wigs a. Review care/maintenance of wigs b. Demonstrate wig styling	Goal: The student will understand wigs A. Demonstrate wig care and maintenance B. Demonstrate wig styling	11.1 11.2 CR 1,2,4,5,6,7, 8 9,10,11,12	C1.1-C1.2 C2.0-C2.5 C4.0-C4.4 C5.0-C5.5 C8.0-C8.5 C10.0- C10.5 C11.1		