

LAGUNA BEACH

GIRLS CROSS COUNTRY



Cross country at Laguna Beach High School is more than a team, it's a family. We pride ourselves on our ability to work hard, perform at an extremely high level, and bond as a team year in, and year out. Our summer camp will prepare all athletes to have a successful, rewarding, and fun cross country season. Each athlete will receive an individualized training plan, strength/conditioning sessions, and workouts that are based on their ability and experience levels. In addition to training, we have many team bonding events, such as movie nights, bowling, carboloads, beach days, travel trips, and more!

2023 Summer Camp Information

Dates: July 5th - August 19th

Times: 8:00am-10:30am

Locations:

- Monday-Friday @ El Morro Elementary
- Saturday, Location TBA

Cost: \$500

Registration: <https://lbhs.lbusd.org/athletics/summer-programs>

**If you are interested in joining cross country, please go to
lbxc.org and click join now!**