



Meal Price:
Students – No cost
Adults \$5.02 +tax

May 2023

MIDDLE SCHOOL | LUNCH MENU

More Info...
Daily Milk Offerings: Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)
Daily Fruit & Vegetable Offerings: Apple, orange, seasonal fruit, plus 100% juice (apple, orange, grape, fruit punch), baby carrots, celery sticks, tater tots or fries
Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, (*) denotes item offered with WG dinner roll(s)

MON	TUES	WED	THURS	FRI
Chix Drumsticks ¹ w/ Yellow Rice Strawberry Fruit Cups Roasted Broccoli	Chicken Teriyaki ² w/ Rice & Vegetables Dried Fruit Black Beans	Spicy Popcorn Chix ³ Applesauce Baked French Fries	Meatball Parm on ⁴ WG Sub Roll Pears Cucumber Coins	School Lunch Hero Day ⁵ Chix Bacon (P) Ranch Pizza Orange Baby Carrots
Pizza Crunchers ⁸ Apples Steamed Green Beans	Grilled Cheese ⁹ Melt on WG Bread Pears Kidney Beans	Jerk Chicken w/ ¹⁰ Seasoned Rice Strawberries Tater Tots	Homemade ¹¹ Mac & Cheese Dried Fruit Romaine Lettuce	BBQ Chix ¹² Pizza Clementines Baby Carrots
BBQ Chicken ¹⁵ w/ Rice Strawberry Fruit Cup Baked French Fries	HS Testing ¹⁶ Cheese Pizza Oranges Cucumber Coins	HS Testing ¹⁷ Cheese Pizza Raisins Romaine Side Salad	HS Testing ¹⁸ Cheese Pizza Apple Roasted Garbanzo Beans	Buffalo Chix ¹⁹ Pizza Orange Baby Carrots
Oven Baked ²² Chicken* Applesauce Romaine Lettuce	Hot Dog on ²³ WG Bun Dried Fruit Vegetarian Beans	Grilled Cheese ²⁴ Melt w/or w/o Bacon (P) Strawberries Roasted Cauliflower	Beef Taco Pizza ²⁵ Pizza Clementines Baby Carrots	²⁶ School Closed
Memorial Day ²⁹ School Closed	National Hamburger Day ³⁰ Cheeseburger On WG Bun Cantaloupe Vegetarian Beans	French Toast Stix ³¹ Chix Sausage Patty Applesauce Celery Sticks		

Powering potential.



Menus are subject to change.

Daily Grab & Go: Chicken Caesar salad*, assorted deli sandwiches w/ or w/o cheese; peanut butter & jelly; all on WG bread, wrap, or roll, Fruit Parfaits.

Daily Hot Offerings: Chicken nuggets*, chicken patty or spicy chicken patty on WG bun, hamburger/cheeseburger on WG bun, cheese or pepperoni (P) pizza

MTO Bar: Taco Bar, Pizza Bar

All Lunches Must Include Choice of:
 Fruits and/or Vegetable
 And May Include:
 1% Low-Fat Milk



This institution is an equal opportunity providers