



Employee Benefits FAIR



WEDNESDAY, MAY 17, 2023

**East High School, 2600 Hoffman Road
4-6:30 pm**

BREAKOUT SESSIONS:

Topic: Teachers Retirement Association (TRA)

Presenter: Sonja Parr, Outreach Coordinator, Retirement Services **Time:** 4:15-4:45 pm **Room:** 100A

What is TRA? What does having a pension mean? Where does TRA fit in my retirement finances?

Suggested Audience: Employees contributing to TRA

Topic: South Central Service Cooperatives Wellness Benefits

Presenters: Hannah Keltgen, Manager of Wellness and Marketing Communications for the South Central Service Cooperative.

Corey Cushing, Broker Consultant with Healthiest You. **Time:** 4:50-5:20 pm **Room:** 104

Learn about all of the free benefits that come along with having health insurance. Hannah and Corey will be reviewing the benefits of My Health Rewards, Fit Choices, Ableto, Omada, and the HealthiestYou programs. All benefits that can save you money!

Suggested Audience: Employees enrolled in Health Insurance

Topic: 403(b)

Presenter: Adam Kuck, Senior Retirement Income Account Rep for National Insurance Services. **Time:** 5:25 - 5:55 pm **Room:** 100A

Adam will cover the benefits of a 403(b), including the tax advantages, tax implications, contribution types (traditional vs. Roth), and distributions upon separation of service. Adam will also discuss some specifics related to Health Savings Accounts (HSAs), including tax advantages, contribution limits, and how an HSA may be a useful tool in retirement.

Suggested Audience: All Employees

Topic: Financial Considerations when Selecting a Medical Plan and HSA's and FSA's 101

Presenter: Brock Buckellew, Account Manager for National Insurance Services **Time:** 6:00-6:30 pm **Room:** 104

Have you ever considered switching health plans or not sure which one is best for you? Brock will provide financial selection considerations when choosing the best medical plan for your circumstance. Identify how to select the best medical plan for you and your family when considering coverage, out of pocket cost, monthly cash flow, and tax advantaged Health Savings Account options

Suggested Audience: All Employees Eligible for Health Insurance and undecided on which health plan is best for them. Learn about the advantages of an FSA and/or HSA account. Please note, to have an HSA you need to be enrolled in a high deductible health plan.

Topic: Public Employees Retirement Association (PERA)

Unfortunately, PERA is unable to join us this year. However, they will be in Mankato on May 4th and again on September 8th. They will be presenting the From Hire to Retire program in person at the Blue Earth Historical Society at 9:00 am on both dates. Employees are welcome to attend one of those sessions if they would like. Members can sign up through their myPERA account or by calling their Member Service Center at 1.800.652.9026. <https://mnpera.org/education/member-education/>. They also have a Virtual Benefit Fair on their website: <https://mnpera.org/education/virtual-benefit-fair/>



REPRESENTATIVES FROM THE FOLLOWING COMPANIES WILL BE PRESENT



The employee benefits fair provides an opportunity for eligible employees to meet with representatives from provider companies to ask questions and assess their benefits needs.



The Benefit Fair was made possible with funding from the Health Insurance Pool and participation in the wellness program offered through South Central Service Cooperative.

