



## Privacy

The SAP team information is completely confidential and the team will respect you and your child's privacy at all times. If you would like more information on SAP, go to the district website under Departments and choose Social Work: [www.jvhornets.com](http://www.jvhornets.com)

Juniata Valley

# Are you worried about yourself or a friend?

The Student Assistance Program (SAP) can help children experiencing barriers to learning.



## What if I am referred to SAP?

A SAP team member will contact your parent/caregiver about the referral to the program. Before a SAP team member talks to you, your parent/caregiver will be asked to sign a permission form. The SAP team will work with you and your parent/caregiver throughout the process. You and your parent/caregiver's knowledge and thoughts about you will be helpful in developing a plan of action.

## HOW DO I CONTACT THE SAP TEAM?

Referral forms are available on the JVSD website, in the Guidance Office or via Mrs. Maslanik. If you have any questions about SAP or you feel that your child may need help, call your child's school and ask to speak with any of the following team members:

Mr. Estep, Mrs. Maslanik (x 4522),  
Mr. Franks, Miss Heeter, Mr. Waite,  
Mrs. Boyd, Mrs. Gennaro, Ms. Rudnik,  
and Mrs. Logue

SAP Community Liaisons:  
Tammy Snaveley (YAP, Inc.) &  
Christy Steidle (Mainstream Counseling)

# What is SAP?

A SAP team made up of school and agency staff is available to help you access school and community services for your child. In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning.

The SAP team will help you find services and assistance within the school, and if needed, in the community. We do not diagnose, treat, or refer your child for treatment. We will provide you with information and you make the choice(s) that best fit your needs and wishes. As the parent/caregiver you are an important part of the team.



# Do you see yourself or a friend showing any of these behaviors?

- Withdrawing from family, friends, and/or activities
- Changing friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Defying authority, both at home and school
- Acting aggressively
- Hitting
- Lying
- Needing money without a good explanation
- Declining grades
- Experimenting with alcohol or drugs
- Back-talking staff

# Are you concerned about your or a friend's reaction to a...

- Recent death of a loved one?
- Divorce/Separation of parents?
- Family relocation?
- Relationship problem?
- Bullying issue?
- Stressful situation?
- Traumatic event?



# How does I become involved in the SAP Program?

Anyone can refer a child to the SAP team. Some students are referred by teachers, other school personnel or other students. A friend or family member can also let the SAP team know that they are worried about someone. The child can even go directly to the SAP team to ask for help for her/himself or a friend. Schools will gather information to determine how a student is doing in classes. However, the SAP team will not proceed unless a parent gives written permission. Once permission is received, the SAP team will work with a parent to develop a plan of action to help the child achieve success in school. Participation in the program is voluntary.