

GLOBAL FLAVORS

M Chick'n and Waffles
Scrambled Eggs and Pancakes
Fruit Topped Waffles

T Teriyaki Chicken Burrito
Sweet 'n' Sour Chick'n Burrito
Korean BBQ Chicken Burrito

W Pepperoni Flatbread
Three Cheese Flatbread
Herb Roasted Chicken Flatbread
Caprese Flatbread

TH Hand Rolled Beef Burrito
Hand Rolled Bean & Cheese Burrito
Hand Rolled Tinga Chicken Burrito

F NO SCHOOL

Baked Cinnamon Apples
Sweet Potato Fries
Homestyle Hash Browns

Spicy Asian Vegetable Blend
Soy Roasted Potatoes

Butternut Squash
Parmesan Green Beans

Frijoles a la Charro
Chili Roasted Sweet Potatoes

SUPER FOODS

M **WRAPS & FLATBREADS**
Turkey Cheddar Ranch • Classic Ham & Cheese •
Spicy Buffalo Chicken

T **SUPER SALADS**
Garden • Chef • Chicken Fajita • Spicy Buffalo
Chicken

W **SMOOTHIE BOWLS**
Very Berry • Sunshine • Tropical • Banana Berry

TH **GRAIN BOWLS**
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian

F **WRAPS & FLATBREADS**
NO SCHOOL

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**

M Caesar Salad
Citrus Glazed Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

T Green Salad
Basil Corn Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Basil Corn Salad
Italian Seasoned
Chickpeas
Variety of Fresh Fruit

TH Caesar Salad
Apple Glazed Baby
Carrots
Chilled Corn
Variety of Fresh Fruit

F NO SCHOOL

EVERYDAY SELECTS

M Bean and Cheese Nachos
Beef and Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans

T Chicken Nugget Basket
Fish 'n' Chips Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries

W Spicy Chicken Sandwich
Burgers Including Vegetarian
BBQ Pork Rib Sandwich
All entrées served with Baked French Fries & Burger Toppings

TH Cheese Pizza
Pepperoni Pizza
Supreme Pizza
All entrées served with Caesar Salad

F NO SCHOOL

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
*Signature Nashville Hot Sauce
with just the right kick of heat*

MK Special Sauce
*The perfect blend of mayonnaise
and ketchup*

Spicy Cool Sauce
*Spicy sriracha meets cool,
creamy mayonnaise*

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

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YOUR LUNCH
IN ADVANCE!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

