

GLOBAL FLAVORS

M Italian Combo Sub
Caprese Sub
Meatball Marinara Sub
Chicken Bruschetta Sub

T BBQ Chicken Sandwich
Southern Style Crispy Chick'n Sub
BBQ Rib Sandwich

W Soft or Crunchy Beef Tacos
Soft or Crunchy Bean Tacos
Tinga Chicken Tacos

TH Greek Meatball Sub
Falafel Sub
Greek Turkey Sub

F Teriyaki Chicken Tacos
Sweet 'n' Sour Chick'n Tacos
Koren BBQ Chicken Taco
Ginger Garlic Pulled Turkey Taco

Butternut Squash
Parmesan Green Beans

Low Country Green Beans
Country Wedge Potatoes

Frijoles a la Charro
Mexican Zucchini

Roasted Chickpeas
Summer Squash

Spicy Asian Vegetable Blend
Soy Roasted Potatoes

SUPER FOODS

M NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

T WRAPS & FLATBREADS
Turkey Cheddar Ranch • Classic Ham & Cheese • The Mediterranean • Spicy Buffalo Chicken

W SUPER SALADS
Garden • Chef • Chicken Caesar • Spicy Buffalo Chicken

TH SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

F NOODLE BOWLS
Tokyo Teriyaki • Spicy Buffalo Chicken • The Grecian • The Garden

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**



M Garden Salad
Roasted Chickpeas
Chilled Green Peas
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Chilled Broccoli
Basil Corn Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Broccoli Lime Salad
Corn Elotes
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Chilled Peas
Apple Glazed Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Ginger Carrot Salad
Steamed Edamame
Variety of Fresh Fruit
Variety of Canned Fruit



EVERYDAY SELECTS

M Cheese Pizza
Pepperoni Pizza
BBQ Chicken Pizza
All entrées served with Caesar Salad

T Bean and Cheese Nachos
Beef and Cheese Nachos
Fajita Chicken Nachos
All entrées served with Stewed Black Beans

W Chicken Nugget Basket
Fish 'n' Chips Basket
Cheese Filled Breadstick
All entrées served with Seasoned Spiral Fries

TH Spicy Chicken Sandwich
Burgers Including Vegetarian
All entrées served with Baked French Fries & Burger Toppings

F Cheese Pizza
Pepperoni Pizza
BBQ Chicken Pizza
Caesar Salad

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

DOWNLOAD THE
APP + DECIDE
YOUR LUNCH
IN ADVANCE!



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