

GLOBAL FLAVORS

M Beef Burrito Bowl
Pinto Bean & Vegetable Burrito Bowl
Tinga Chicken Burrito Bowl

T Teriyaki Chicken Noodle Bowl
Sweet & Sour Chick'n Noodle Bowl
Korean BBQ Chicken Noodle Bowl

W Popcorn Chicken Bowl
Crispy Chick'n Bowl
BBQ Chicken Bowl

TH Meatball Marinara Bowl
Tuscan Vegetable Bowl
Herb Roasted Chicken Bowl

F Greek Falafel Bowl
Greek Meatball Rice Bowl
Greek Turkey Rice Bowl

Mexican Zucchini
Corn Elotes

Spicy Asian Vegetable Blend
Roasted Sesame Carrots

Mashed Potatoes
Low Country Green Beans
Corn

Butternut Squash
Parmesan Green Beans

Moroccan Spiced Carrots
Summer Squash

EVERYDAY SELECTS

M Spicy Chicken Sandwich
Burgers Including Vegetarian
Grilled Cheese Sandwich
All entrées served with Baked French Fries & Burger Toppings

T Cheese Pizza
Pepperoni Pizza
Hawaiian Pizza
All entrées served with Caesar Salad

W Bean & Cheese Nachos
Beef & Cheese Nachos
Turkey Carnitas Nachos
All entrées served with Stewed Black Beans

TH Chicken Nugget Basket
Fishsticks 'n' Chips Basket
Herb Roasted Drumstick Basket
All entrées served with Seasoned Spiral Fries

F Spicy Chicken Sandwich
Burgers Including Vegetarian
Grilled Cheese Sandwich
Baked French Fries & Burger Toppings

SUPER FOODS

M SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

T NOODLE BOWLS
The Garden • Tokyo Teriyaki • Spicy Buffalo Chicken •
The Grecian

W WRAPS & FLATBREADS
Turkey Cheddar Ranch • The Mediterranean • Classic
Ham & Cheese • Spicy Buffalo

TH SUPER SALADS
Garden • Chef • Chicken Caesar • Spicy Buffalo
Chicken

F SMOOTHIE BOWLS
Very Berry • Sunshine • Tropical • Banana Berry

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**

M Garden Salad
Kidney Beans
Variety of Fresh Fruit
Variety of Canned Fruit

T Caesar Salad
Basil Corn Salad
Variety of Fresh Fruit
Variety of Canned Fruit

W Super Salad
Baby Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

TH Caesar Salad
Apple Glazed Baby
Carrots
Variety of Fresh Fruit
Variety of Canned Fruit

F Spinach Salad
Celery Sticks
Variety of Fresh Fruit
Variety of Canned Fruit



SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

IN A HURRY?

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

