

From replacing ID cards to more complicated matters like claim resolutions, or your HEP status no request is too big or small for your MyQHealth Care Coordinators. We're your one resource to contact whenever you need help with your medical, dental, wellness or pharmacy benefits.

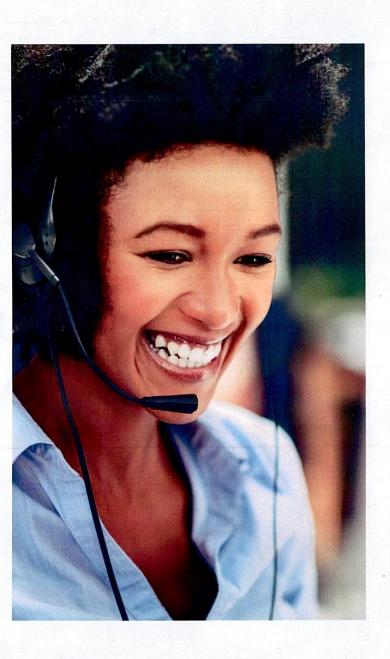
## HEALTHCARE, SIMPLIFIED



**Your Health Benefits** 

Provider Network
Anthem
Medical Claims Payer
Anthem
Pharmacy Claims Payer
Caremark

When you need care, contact your care coordinators. WE'LL TAKE CARE OF THE REST.



## When you need help, contact us

- · Verify coverage
- · Provide health-education resources
- HEP questions
- · Advocate for your care
- · Help manage chronic conditions
- Find in-network providers
- · Contact providers to discuss treatment
- Answer claims, billing and benefits questions
- Create health-improvement plans
- · Avoid unnecessary out-of-pocket costs



## 

ONE PHONE NUMBER TO CALL

ONE DEDICATED
TEAM OF HEALTHCARE
EXPERTS

ONE WEBSITE & ONE MOBILE APP TO VISIT

Get help with your healthcare with just a tap, click or call!