



ADAMHS

BOARD OF CUYAHOGA COUNTY
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES

Rev. Benjamin F. Gohistin, Sr.
Board Chair

Scott S. Osiecki
Chief Executive Officer

The Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County (ADAMHS Board) is responsible and accountable for the planning, funding and monitoring of public mental health and addiction prevention, treatment and recovery services delivered to the residents of Cuyahoga County.

The ADAMHS Board of Cuyahoga County does not discriminate on the basis of race, color, religion, sex, national origin, ancestry, age, handicap, political affiliation and sexual orientation in its contracts, programs, activities or employment.

For more information, please visit www.adamhssc.org.

- 24-Hour Suicide Prevention, Mental Health & Addiction Crisis/Information/Referral Hotline for Adults & Children 216-623-6888
- 24-hour Crisis Text "4HOPE" 741741
- Crisis Chat adamhssc.org
- Peer Support Warmline (9:00 a.m. to 1:00 a.m.) 440-886-5950
- United Way's First Call for Help 2-1-1

Artwork created by Tracy R.
1st place, 2017 Annual Meeting Art Show

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*Improving lives through wellness,
recovery and independence*



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PROVIDER NETWORK GUIDE 2019

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Fold out this brochure to find an alphabetical listing of provider agencies and the substance use disorder (SUD), mental health (MH) treatment and recovery support services (as described below) funded by or through the ADAMHS Board of Cuyahoga County:

Adult and Family Care
The ADAMHS Board funds family support groups and supportive services for families and adult clients.

Transportation
Remove barriers to sustained recovery by providing transportation to and from treatment.

Crisis Services
Provides assistance in a crisis situation to safely de-escalate an individual or situation, determine appropriate treatment services, and coordinate the follow through of those services and referral linkages to address the problem that led to the crisis.

Detox
Assists individuals suffering symptoms of withdrawal from substance use with 24-hour medical monitoring and/or withdrawal management. Detox is the first step toward recovery for most clients living with SUD.

Employment Services
Promote recovery by providing training and skill development that is goal-oriented, ability-based and incorporates individual choice in securing and maintaining employment.

Outpatient Treatment
Structured individual and group alcohol and drug addiction activities and services that are provided at an outpatient program for a minimum of eight hours per week with services provided at least three days per week.

Justice Related Services
Programs that support individuals who are court-involved or who are currently incarcerated. This includes assessments, drug courts and access to treatment and recovery support services.

Medication Assisted Treatment (MAT)
MAT is a treatment for opioid use disorder that includes the use of medication such as methadone, naltrexone (Vivitrol) or buprenorphine (Suboxone) along with counseling and other supports to aid individuals in recovery.

MH Recovery Supports
Mental health recovery supports can include therapeutic and specialized foster care, art therapy and other supportive recovery services not covered by insurance.

MH Treatment Services
Mental health treatment supports can include assessment, case management psychological testing, individual and group therapy, nursing services, psychosocial rehabilitation, screening, brief intervention, referral to treatment, Community Psychiatric Supportive Treatment (CPST), Assertive Community Treatment (ACT) and Intensive Home Based Treatment (IHBT).

Peer Support
Provided by individuals in recovery from mental illness and/or addictions who use their lived experience as a tool to assist others by sharing their personal journeys and knowledge. Individuals engaged in peer services play a vital role in laying the foundation for sustained recovery. Some examples are Ascended, Project SOAR, drop-in centers, clubhouse programs and the warmline (440-886-5950), which is run by and for clients.

Prevention
Reduce the impact of mental illness and addictions in our communities. Prevention efforts include Early Childhood Mental Health, school-based, after-school and adult programming as well as prevention education such as social and emotional learning, coping skills and resiliency building.

Residential/Housing
Residential treatment facilities and permanent housing provides supervised care to individuals 18 years or older and provides interim or long-term support and services for those who are potentially at risk of institutional placement, are transitioning from institutional settings or homelessness. Residential facilities are broken into classes based on the level of care needed. Some facilities may include personal care, social services, mental health services and/or recovery supports to clients.

Sober/Recovery Beds
Recovery housing is characterized as a safe and healthy living environment that promotes abstinence from alcohol and other drugs and enhances participation and retention in traditional clinical treatment. Residents benefit from peer support and accountability, and gain valuable relapse prevention, case management and employment skills training as they transition to living independently and productively in the community.

SUD Recovery Supports
SUD (Substance Use Disorder) recovery services can include art therapy, transitional services for homeless populations and other supportive recovery services not covered by insurance.

Faith-based Services
Programs/events/activities that promote spirituality, health and wellness, prevention/early intervention, awareness and education within an overarching goal to reduce/eliminate stigma within faith-based communities. Faith-based programming includes:

SUD Treatment Services
SUD treatment services can include assessment, individual and group counseling, case management, drug screening, medication management, nursing services and withdrawal management.

Connecting with a case manager at a provider agency can enhance the overall treatment for individuals living with mental illness and/or a substance use disorder. A case manager can provide information about medical, social, educational and other services to assist in reaching and maintaining recovery.

Definitions adopted from the Ohio Administrative Code and The Ohio Department of Mental Health and Addiction Services (OHioMHAS).

Overseer/Host	Programs
<p>Question for a Better Meal/Pass in the Hood: Development Corporation 216-618-8806</p> <p>Far West Center 440-835-5212 ext. 247</p> <p>Inner Healing Ministries 440-781-7858</p>	<p>Project Community Empowerment Holiday Solutions for Holiday Problems - Saturday summer program for youth involved with the juvenile justice center.</p> <p>Linking Faith and Mental Health Communities - Builds bridges between the faith community and behavioral health providers.</p> <p>S.T.O.P (Student Training Outreach Program) - For youth/young adults involved with the criminal justice system to decrease risk factors and increase protective factors.</p> <p>Community Mental Health Chaplain of Life Recovery Ministries - Meeting the spiritual needs of those with chronic, life-threatening illnesses including mental illness and substance use disorders.</p> <p>Spiritual Recovery & Wellness Program - Raises awareness of the impact that substance use disorders have on spiritual development while enhancing well-being.</p> <p>Open Hearts Healthy Minds Mental Health Support Group - Provides spiritual support for individuals living with mental illness and substance use disorders.</p> <p>Mental Health First Aid - Clergy and Other Lay Leaders - Reduces stigma associated with mental illness by teaching participants about common mental illnesses and how to respond appropriately.</p>
<p>Nazareth Cleveland 216-591-6191 ext. 102</p>	<p>High Risk Teen Mentorship - Provides healthy and dependable role models to struggling teenagers.</p>
<p>NAHM Greater Cleveland 216-875-0266</p>	<p>Mental Health Awareness, Support and Education - Provides mental health awareness, support and education in faith communities for individuals with mental illness and their families.</p>
<p>OhioGalestrome 440-260-8254</p> <p>St. James African Methodist Episcopal Church 216-231-1562</p>	<p>Utilizing Spiritual Care as a Bridge to Mental Health Services - Incorporating a spiritual care component directly into our Workforce 360 program.</p> <p>Student Suspension Diversion Program - Alternative social, emotional and educational programming for a child/teen suspended from school.</p>
<p>Tri-ky Outreach Ministries - Another Chance of Ohio 216-288-2038</p>	<p>The FATTH Program Inner City Youth and Families Cultural Arts Performance - After school/weekend/prevention program that uses a holistic, culturally sensitive faith-based approach.</p>

