



ADRIAN C. WILCOX HIGH SCHOOL

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"To prepare students of all ages and abilities to succeed in an ever-changing world."

COMMUNITY SERVICE - CONFIRMATION OF HOURS

In order to fulfill your community service requirement for the Santa Clara Unified School District, you must complete 20 hours of community service by May of your senior year. To receive credit for these hours, you must submit to your counselor a Confirmation of Hours form and a Reflection for each activity you complete. See reverse side for Reflection requirements. **Make sure you serve your hours at a Non Profit Organization.**

THIS IS TO CONFIRM THAT THE FOLLOWING STUDENT HAS COMPLETED COMMUNITY SERVICE HOURS.

Student Name: _____ Student ID: _____ Grade: _____

Supervisor's Name/Signature: _____ # hours completed: _____

Name of Agency/Non Profit Organization: _____

Address of Agency/Non Profit Organization: _____ Phone: _____

OPTIONAL EVALUATION: Please check the statement that best describes the above named student.

Attendance: # tardies ____ # absences ____ excused ____ unexcused ____

Relates with others: above average ____ average ____ below average ____

Judgment: above average ____ average ____ below average ____

Ability to learn: above average ____ average ____ below average ____

Dependability: above average ____ average ____ below average ____

Quality of work: above average ____ average ____ below average ____

Attitude: above average ____ average ____ below average ____

Comments:

Reflection Requirements

- 1) Your reflection must be ½ page typed for every 5 hours or 1 ½ hours pages typed for 20 hours at one Agency/business, and include the following information at the top of the page: Name, Student ID#, Grade, Date, Activity, and number of hours served.
 - 2) Your reflection should be in paragraph form and should answer the following questions:
 - a. Why did you choose this activity?
 - b. What did you expect to do during this activity?
 - c. Describe in detail what did you actually do during this activity?
 - d. What did you like about the activity?
 - e. What did you learn?
 - f. What did you like/dislike?
 - g. Explain why you would do this activity?
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Sample Reflection

Jane Smith # 1234 November 15, 2005 5:00-8:00 p/m. Martha's Soup Kitchen

Today I served soup for three hours at Martha's Soup Kitchen. I signed up because I knew I had to do community service, and my friend Sarah was going. When the day came I didn't want to go at all. Sarah cancelled at the last minute, and to be honest, I didn't know what kind of people would be there. Homeless people make me nervous. When I got there, there was already a long line of people waiting at the door. Some looked like they had no home. They were dressed in rags and looked like they hadn't showered in weeks. Others were dressed better, and I wondered where they lived and why they were there. There were a lot of little kids.

Mary Smith, the supervisor of the kitchen, showed me what to do. It was pretty easy – I just had to dish rice – but I was still a little nervous. I didn't know how to react to these people holding out their plates to me. I just smiled. Some smiled back, some did not. Some smelled, some did not. Some said thank you. One man (his name was Harry) kept telling me I looked like a beauty queen and kept asking me questions about my family, boyfriends, etc. I found out he does this to everyone. It made me uncomfortable at first but after a while I realized he was harmless.

After my three hours at Martha's soup kitchen, I was much more comfortable than I was when I first arrived, although I am still not totally at ease. The other workers know all the people by name and have no problem striking up a conversation with them, but I don't know how to do this yet. I wonder how many of the same people will be there next week when I return? Overall I liked helping out. It made me feel good to know that I helped someone have a decent meal. On the other hand it made me sad to see that so many people had to come here to get fed... especially the little kids. I wanted to know why they were here. Why didn't they have jobs? Or do they have jobs, and still can't afford to eat? It was a good experience, but at the same time it made me a little sad. I would definitely go back.