August 31, 2018

EMES Mission Statement

"The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum."

2018-2019 EMES Family Newsletter

Alicia Lyford, Principal

Dear EMES Families -

Phew! Despite the incredible heat earlier this week, we made it through our first week of school. It is so nice to have your children back in the building after a quiet summer, and it's been exciting to see how they've grown and changed. We're settling into our routines here, and your children are adjusting well to their new classrooms and teachers. This morning we participated in our first all-school assembly where the students were able to meet our new teachers and begin thinking about our PBIS behavior expectations. Our all-school morning meetings will happen on Wednesday's this year, and the teachers have created new and engaging topics to cover with students on Wednesday mornings this year.

Please remember to mark your calendar for our Parent Information Night on Wednesday, September 12th from 5:30—6:30. This is a time for you to come meet your child's teacher and hear about the year ahead, but please plan to keep your children home on this night. We will have another Open House for your children to show you around in October. Also remember that beginning next Wednesday, September 5th, all students will be dismissed at 3:00 on Wednesday's.

There will be a community viewing of the film Resilience on Monday, September 17th at U-32 in the auditorium. Childcare will be provided and we would love to have East Montpelier families attend this evening (more information below).

I hope you all enjoy the long weekend and we look forward to another week with your children next week!

Best,
Alicia

Dates to Note:

Labor Day—No School for Students: Monday, September 3rd
Parent Information Night: Wednesday, September 12th from 5:30 - 6:30
All-School Hike: Friday, September 21st/Rain Date Friday, September 28th
Picture Day/Retake Day: Thursday, September 13th/ Monday, October 15th
EMES Harvest Festival: Saturday, October 6th
Hunter's Safety Class: Monday, October 8th 5:00—8:00
WCLT Music Day for 4-6: Thursday, October 11th
Open House: Thursday, October 18th 5:30 - 6:30

EMES SAYS GOODBYE TO SUSAN OLANDER!

As sad as we are for EMES, we are excited to wish Susan the best of luck on her new endeavors as she relocates to Connecticut! Susan served students and staff in the EMES kitchen for 10 years, and took off her apron one final time yesterday afternoon. Students and staff celebrated Susan and her delicious cooking during lunch on Thursday. Each class made Susan a colorful lunch try full of notes and well-

Thank you EMES kids and families for the great 10 years I've had as your Chef, getting to know you and feed you and see you all grow and move through each grade at school. My own children were at Calais and U32 when I started and now they have moved on and live in NYC and Colorado. I felt it was time for me to make some changes (after living in Vermont for 41 years) and take a new position as Catering Director for Loomis Chaffee School in Connecticut near my hometown. My partner Doug has grandchildren there now(1 month old and another on the way) and all our family and some of my oldest friends live there. We still have our home in S. Woodbury and will return often. I'm excited for the next Food Service Manager to bring new ideas and delicious breakfast and lunch menus to you next month. I've been proud to work at a school whose parents raised the funds on their own for our salad bar. We are one of the few schools in Central Vermont that offer up to 22 different fruits and vegetables daily along with lunchtime favorites. Wishing you all a very happy year ahead and I will continue to stay in touch with many of the friends I've made at this really special school. Many thanks to each of you, with love and great health to all- Susan

Hunter's Safety Class:

Tuesday Oct 9th, registration 5-5:30; class until 830pm
Tuesday Oct 16th, Class 5-8pm
Tuesday Oct 23rd, Class 5-8pm
Tuesday Oct 30th, Testing night 4:30 to 8pm

Echo Museum Pass

EMES has a library pass for the ECHO Center in Burlington. The library pass allows up to 4 people to visit ECHO for the reduced price of $7 per person. We loan the pass out for one week at time. To borrow the pass either stop by the library or send an email to abruccoli@u32.org

HarvestFestival

Harvest Festival is Coming to EMES!!!

Mark your calendars for Saturday, October 6th! We will have a farmers market, silent auction, harvest dinner, obstacle courses and fire works! We hope to see you here!

EMES All School Hike

It is time for the East Montpelier all school hike! Each year the entire school goes to various hikes in Vermont to enjoy the great outdoors. This event is a great opportunity to foster a sense of community in our school. Students have the opportunity to hike with others in various grade levels and spend time with teachers they may not know very well. As well as the obvious health benefits, hiking and walking are the number one lifelong fitness activity reported by adults. For some of our students this is their first experience hiking and all of them report having a great time!

The hike committee forms mixed age groups in hope that students will meet others from different classes and grades that they might not normally meet. We encourage students to pick a hike that might not include all their friends but suits their fitness and interest.

The hike committee will consider individual hiking abilities when making final hike assignments.

Thank you for helping your child choose a hike. **Please return the hike choice form by Wednesday Sept 12.** We will send information home about final hike assignments on Mon Sept 17.

If you are considering driving other children to a hike you must have the appropriate volunteer forms on file with the school.

Miss Gelfon got married and is now Mrs. Mishkin! While her last name has changed at school, it hasn't been changed legally yet, so her email will remain sgelfon@u32.org for this year.

Cub Scout PACK 742 EAST MONTPELIER, VT

Cub Scout Pack 742 invites **Boys & Girls in K - 5th grade** and their families to come **LEARN ABOUT SCOUTING**!!

Pack 742 Fall 2018 Events

Sept. 10	**Ice Cream Social at EMES (6:30pm at EMES)**
Sept. 14-16	Bogaree (Webelos & AOLs only), Victory Bog
Sept. 17 & 24	Den Meeting (6:30pm, EMES)
Sept. 23	Millstone Pack Hike (1pm, Millstone Hills, Barre)
Sept. 29	FallFire at Millstone Hills, Barre
Oct. 1	**Pack Meeting (6:30pm at EMES)**
Oct. 6-7	Cub Camporee "Wizarding World of Cubs"
	Family Campout, Caledonia Country Fairgrounds
Oct. 14	Owl's Head Pack Hike (1:30pm Owl's Head Groton State Forest)
Oct. 15 & 22	Den Meeting (6:30pm, EMES)
Oct. 20	Haunted Harvest (Camp Sunrise)
Oct. 27	Vermont Granite Museum Tour – Scouting Display (9am, Barre)
Nov. 3	Granite City 5K & Scout Parade (Barre)
Nov. 5	**Pack Meeting (6:30pm at EMES)**
Nov. 12 & 19	Den Meeting (6:30pm, EMES)
Nov. 18	Thanksgiving Food Baskets (tentative date EMES Fire Dept)
Dec. 3	**Pack Meeting (6:30pm at EMES)**
Dec. 10 & 17	Den Meeting (6:30pm, EMES)
Dec. 16	Holiday Gift & Food Baskets (tentative date EMES Fire Dept)

Join us for FUN and ADVENTURE!!

FOR MORE INFORMATION ON THESE EVENTS AND MORE:

Contact Matt Curtis (802) 279-4496 or e-mail Pack742.cubmaster@gmail.com

Pack 742 website| sites.google.com/site/scoutpack742/home

Pack 742 on www.facebook.com/Pack742EastMontpelierVT/

SCOUT ME IN™

Please join us for a viewing of the film Resilience

Monday, September 17, 2018

U-32 Auditorium

Light appetizers served from 6:00-6:30pm

Childcare provided

Viewing to begin at 6:30pm

Kelly Bushey, WCSU Director of Special Services, will moderate a panel discussion with the following local professionals:
Dave Melnick, LICSW, NFI Vermont
Dr. Gwen Shelton, CVPC Pediatrician
Priscilla White, Family Services
Lisa LaPlante, U-32 Director of Student Services
Cat Fair, Calais Elementary Principal

RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE chronicles the birth of a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease.

“The child may not remember, but the body remembers.”

AUDITION CALL!

For local actors in grades 5th-7th for the CC Theater Troupe production of:
D.M. Larson's

THE HYSTERICAL HISTORY OF….

Homer's story, with a twist! Join us as the Greek Gods and Goddesses hysterically insert themselves into the lives of the Spartans and the Trojans. This play has it all: History, Gods and Goddesses, Campy music, and even a little Star Wars!

AUDITION DATE: September 6, 2018
TIME: 4-6PM
VENUE: Union Elementary School Theater
1 Park Avenue, Montpelier, VT
WHO: Central Vermont 5th-7th graders
To sign up for an audition time or for more information please email Sorsha Anderson at sorsha.anderson@gmail.com
Or call Community Connections at 802.223.3456
COST: $150 - No student will be turned away for financial reasons

REHEARSAL SCHEDULE:
Rehearsals will be in Montpelier:
Generally, afterschool on Thursdays, 4-5 and 9-11 on Sunday mornings.
A recurring Thursday conflict can be worked around.
FINAL PERFORMANCE:
Friday, November 16, 2018 at 7PM
At the Union Elementary Theater