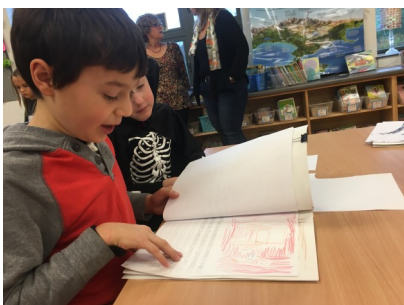


November 2, 2018



EMES Mission Statement

“The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum.”



Alicia Lyford, Principal

2018-2019 EMES Family Newsletter

Dear EMES Families -

It was great to see so many of you at our Harvest Lunch today! The food was delicious and the student leader helpers were kept busy serving and cleaning up after our three seating's. Even after nine years, I continue to find myself a little bit in awe at the strong family involvement at events like today. We understand if you weren't able to make it today, and please know that we matched children up with friends and other families if they didn't have a special guest of their own to sit with. A huge shout-out to Mrs. Christy and the SLT crew, and Annie, Jen and Monique in the kitchen for making this go as smoothly as it did!

I have been spending a lot of time in classrooms these last few weeks and have seen some great work going on both in and out of the classroom. We're looking forward to having parent/teacher conferences on Monday, November 12th and I'm hopeful this will be a time for you to hear first-hand how your child(ren) are performing at this point in the year. I would also encourage you to check out the parent portal in IC to see how your children are doing on a regular basis. Our teachers are working to put student learning opportunities into IC on a regular basis and we're hoping this will be a good way for you to stay connected with what your child is learning.

Please stop by our new Lost and Found located just outside the cafeteria. It is FULL of apparel, lunch boxes, shoes, and water bottles. We'll move it to the front of the gym for parent/teacher conference day, but if you're here between now and then please stop by to take a look.

The weather has been quite wet and cold lately but we try to get the students outside for recess if at all possible. Please be sure to send your child(ren) in with appropriate gear for winter/rainy weather. It makes for a long afternoon when they come in wet and cold!

Have a great weekend!

Alicia

Dates to Note:

Parent/Teacher Conferences: Monday, November 12th—No school for students

EMES Board Meeting: EMES Library 5:30 pm

Thanksgiving Break: November 21st—23rd

WCSU Full Board Meeting: U32 Wednesday, December 5th 5:30

Gifts for Giving: Week of December 17th—stay tuned!

Holiday Break: Saturday, December 22nd—Tuesday, January 1st





The Monster Mash was a great success! The kids and families had a great time and we were able to raise \$800.00 for the PTNO! A special thank-you to Mrs. Zeilenga, Mrs. Brown, Mrs. Fitch, Mrs. Christy, Ms. Gallagher, and Ms. Arlyn, along with our Student Leadership Team for helping to make it happen!



Lost & Found

We have a wonderful new area to contain our Lost & Found items in a more orderly fashion. They tended to completely overwhelm the table they had been resting on! *Thanks to Flor for the design work!*



As we get into the winter clothing season - the fall sweatshirts and other clothing items have piled up. We will be donating all remaining items after the next parent teacher conferences - to make room for the bulkier winter jackets and snow pants that will inevitably be left behind.

Come check it out on your next visit to school and pick up any missed belongings.

And **PLEASE LABEL** all belongings (clothing, water bottles, lunch boxes, etc.) with your child's name - it makes it so much easier to get them back to the rightful owners.

Our next book club is scheduled for Monday Dec. 3rd from 5:30-6:30 pm. The next book is Ban this Book by Alan Gatz. All 4th-6th grade students who have read Ban this Book by Dec 3rd are welcome to attend.

Books for my human to read

Playtime

brussel sprouts

pellets

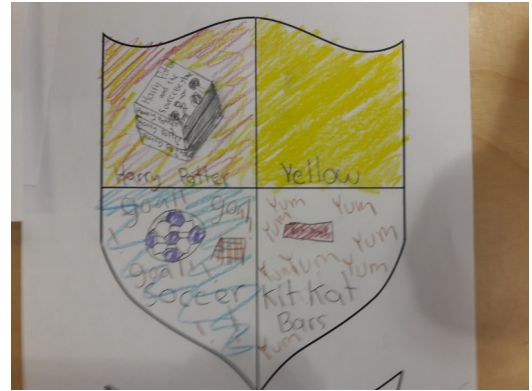
water

poop

Cleaner upped

human to love and get love

Orco



<https://sites.google.com/u32.org/emeshealthoffice/home>





When To Stay Home

The following are guidelines for sending your child to school during and after an illness. If any of these conditions do not improve or seem to be getting worse, or aren't responding to treatment, consult your healthcare provider.

COLD, SORE THROAT, COUGH

Keep your child home if cold and cough symptoms are associated with fever or swollen glands, or if they do not readily improve. Your child may attend school if there is no fever, s/he is not fatigued and is able to do school work, and if the symptoms are mild and your child can manage behaviors to prevent the spread of germs. If your doctor has prescribed antibiotics, your child must be on the antibiotics for at least 24 hours before returning to school.

VOMITING & DIARRHEA

A child with vomiting (more than once in 24 hours) and/or diarrhea (3 or more loose stools/day) should be kept home until symptoms have resolved for 24 hours and the child is able to keep down food and liquid.

FEVER

Your child may attend school with a temperature less than 100 degrees. **Your child must be fever-free, without fever-reducing medication, for 24 hours before returning to school.**

HEADACHE

A child should be kept home if a headache is severe and does not respond to treatment, and is accompanied by other symptoms such as fever.

EARACHE/TOOTHACHE

A child need not miss school due to an ear infection or a toothache if s/he is under medical treatment, has no other symptoms such as fever, and can complete school work despite the discomfort.

RED EYES

Keep your child home if the sclera (white part of the eye) appears red and produces a yellow or green crusty discharge. If your child has been diagnosed with conjunctivitis (a contagious infection and inflammation of the lining of the eyelid and sclera) s/he may return to school after 24 hours of antibiotic eye medication.

RASH

Keep your child home if your child has a sizable rash over the body or face, and if the rash is oozing or due to a contagious condition.

Note: Dehydration can develop rapidly, particularly in younger children, whenever they have any of the above symptoms. Give them plenty of fluids and consult your healthcare provider.

Thanks for your help in keeping the spread of illness to a minimum. As always, call or email if you have any specific questions.

Harvard Health Blog: [The 4 Symptoms that mean your child must stay home...](#)



November 1, 2018

Re: Holiday Gift Assistance

Dear East Montpelier Families,

The holiday season is upon us, and it is our hope that you will have a peaceful and safe holiday season. Here at EMES we have been able to provide some assistance to families during the holidays through donations and some fund raising in cooperation with the East Montpelier Fire Department. If your family could use some assistance this year, please fill out the attached signup sheet.

Please list clothing sizes and any special interest of your child(ren)
Return the attached wish list to the school office (attention: Elizabeth) by next **FRIDAY, November 9, 2018** to ensure that your name is considered for assistance.

If you'd like to contribute to our EMES Cares Fund, which is used throughout the year to help our school families, just send in your tax deductible contribution payable to 'EMES Cares Fund'.

If you have any questions or concerns, please feel free to call Elizabeth at 223-7936 x 304.

Sincerely,

East Montpelier Holiday Giving Committee

SIGN UP FOR EMES HOLIDAY HELP

Parent Name: _____ Tel#: _____

Address: _____

	Child's Name	Age	Clothing sizes	Special Interest
1				
2				
3				
4				

Return to Elizabeth Wirth by **Friday, November 9, 2018**



Community Connections Fall Inservice Day Camp November 12th, 2018



Monday, November 12th 8:00 AM—5:30 PM

Everybody in the Pool!



Grades K - 6 meeting at East Montpelier Elementary

Location: East Montpelier Elementary and the Upper Valley Aquatic Center

Shake off the stick season blues with a trip to the Upper Valley Aquatic Center in White River Junction. Play in the water playground, float the lazy river, or try out the waterslides!

The Bus will leave EMES at 9:30 AM and Return at 4:30 PM

Water safety assessments will be performed on all children before they can swim. Please contact us with any questions about swimming.

Don't forget to pack a lunch for your camper

Don't forget to bring your swimsuit, a towel, and goggles if you use them!



To register for camps:

Online Sign up

1. Fill out our online sign up form at: <https://goo.gl/forms/PMt6lOuWhD6Hzdw1>
2. If you have not already completed a 2018-2019 Registration Form*, please download a form at: [2018 - 2019 Community Connections Registration Form](#) and email it to arob@u32.org or bring it to camp.
3. Bring Payment with you to camp.

Paper Sign up

1. Complete the sign up sheet on the other side of this form and return it to school.
2. If your child has not attend a Community Connections activity this year we need a 2018-2019 Registration Form*. They are available from your school's Site Coordinator, at [2018 - 2019 Community Connections Registration Form](#) or at camp.
3. Return the sign up sheet, registration form, and payment to:
 1. Your school's front desk or its Community Connections Site Coordinator OR
 2. Scan and send it to arob@u32.org

**If you have already filled out a CC registration form, you do not need to complete another one.*





Community Connections Day Camp Info and Sign up Form

ALL THE BASICS

- CC is one of the only local organizations offering camps on school vacations. **Camps cost \$40 - \$55 per day** on a sliding scale please pay what you can to allow future students this option!
- Camp hours are 8:00 AM—5:30 PM
- **Pickups after 5:30 will be charged a \$15 late fee!**
- We need a current registration/medical form for your child. If you have not filled one out this year, we must have one before your child can attend.
- You provide lunch and we provide 2 healthy snacks.
- Transportation and admission fees are included.
- CC field trips are money-free activities. We will not go to gift shops, vending machines, arcades, etc.
- Please let us know how we may best help your child enjoy camp and discuss any special needs.
- Personal audio, phones, and video games are allowed at your own risk, and only on the bus.

PACKING LIST

- Send a healthy bag lunch with your child. (no soda or candy)
- Send appropriate clothing/items: sneakers, outdoor gear, dry socks, jackets, boots, hats, gloves, etc.
- Send a water bottle and sunscreen.
- **Please label your child's belongings!**

To report an absence call 223-3456.

Note to Parents and Guardians: It's Winter in Vermont, and the weather is unpredictable. We run our camps rain or shine, so please send your child dressed appropriately - layers, walking shoes, warm clothes, extra clothes, rain coats, hats, gloves.

Space is limited for these camps.

Register as soon as possible!

Sorry—no refunds for cancellations as we have hired staff and held a place for your child based on your registration.

Payment must be received for your child to attend!

Community Connections sites are licensed childcare programs. We accept childcare subsidies- ask us about it!

Kids will be kids! But...

Community Connections staff are experienced and trained in working with kids of all ages. To protect the safety and well-being of all children, we have expectations and standards for behavior. If a child is unable to meet those standards, even with all the support we are able to provide, we may have to call the parent or guardian and ask that the child be removed from camp.

Please help us by telling us anything about your child that will help us meet his or her needs.

My child _____ Gender _____ Grade _____ School _____

My child _____ Gender _____ Grade _____ School _____

Date	Event	Cost	Indicate <u>YOUR</u> Rate	Pick-up/Drop-off
___ Monday, Nov. 12	Everyone in the Pool!	\$40-\$55	\$_____ / day	East Montpelier Elementary School 665 Vincent Flats Rd. East Montpelier

will attend (and I give permission to attend and be transported by bus/van when needed) the following programs:

Parent name _____ Email _____

Daytime #(s) _____ Parent Signature _____

___ I have enclosed \$_____ to cover my child's enrollment (cash or check to WCSU / Community Connections).

___ I am eligible for state childcare subsidies at _____ per week

(If your subsidy does not cover the full cost of the camp and the cost of attending CC during the rest of each week you will need to pay a co-pay in order to have your child attend.)

Perseverance in the Library: A Reading Game

Your Name: _____

Perseverance is continuing to try to do something even if there are challenges. When you persevere, you don't give up.

Read 5 Nonfiction books from our Library where someone overcomes challenges.
Read 5 and win a prize.

1.

Book Title
Author
What was the challenge?
Share an example from the book that showed perseverance:

2.

Book Title
Author
What was the challenge?
Share an example from the book that showed perseverance:

3.

Book Title
Author
What was the challenge?
Share an example from the book that showed perseverance:

4.

Book Title
Author
What was the challenge?
Share an example from the book that showed perseverance:

5.

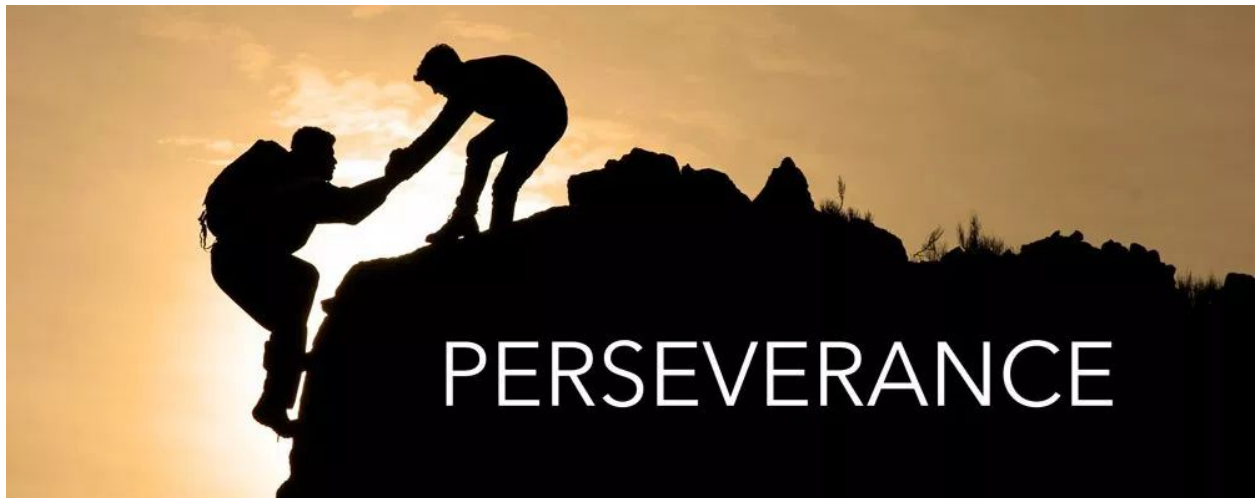
Book Title
Author
What was the challenge?
Share an example from the book that showed perseverance:

Perseverance in the Library: A Reading Game

Read 5 Nonfiction books from our Library where someone overcomes challenges.

Read 5 books and win a prize.

Perseverance is continuing to try to do something even if there are challenges. When you persevere, you don't give up.



Upstander Comics

During our Digital Citizenship class, 4th & 5th graders have been creating comics that show how to stand up to bullying online. Students are creating comics that show the strategies of telling someone to stop (not engaging in a dialogue), seeking help from a trusted adult, and walking away from situations where you or others are being mistreated. Comics were created using Make Beliefs Comix.

Bad Messages by Maddie



This comic was created at www.MakeBeliefsComix.com. Go there and make one now!