

March 15, 2019

EMES Mission Statement

“The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum.”



Dear EMES Families,

It's so wonderful to see the sun shining this afternoon! It's been a long winter but I do believe spring is finally in the air! It's been awesome to see all the learning that's been taking place since coming back from February break. Students are wrapping up many projects that will be shared with you at our Celebration of Learning on April 4th. We are hoping you'll be able to make it to both this event as well as our student led conferences the following day. There will be a difference in what you see at these—the Celebration of Learning will be an opportunity for you to engage with all the hands-on, integrated projects students have been working on, while the student led conferences will be an opportunity for you to sit with your child and review the learning that has been happening over the course of the year. Students will show work samples, share what they're proud of and what goals they've set for themselves, and engage you in the learning. On April 4th, it'll be a busy, fun and noisy place with lots of things to try and put your hands on; April 5th will be a quiet time for reflection and sharing of more specifics around learning. We hope to see you at both!

You'll notice there are MANY upcoming board and informational meetings in the near future, mostly centered around Act 46. I encourage you to come out to these as they're super important for the future of EMES and WCSU. Your voices need to be heard, both at the school and the supervisory union level. I would also urge you to come out and vote on Tuesday, April 9th on both the U-32 and the EMES budget for next year.

We are in the beginning stages for planning for next year—our first step is determining grade configurations and then assigning teachers to classrooms. Once this work is done, we will begin the process of master scheduling and then finally student placement. Stay tuned! As the information unfolds, I will be sure to share it with you all.

Have a great St. Patrick's Day weekend! Alicia

Dates to Note:

March 18: EMES Board Meeting 5:30pm

March 27: WCSU Full Board Meeting 5:30 pm in the U-32 cafeteria

March 28: EMES Pre-K Screening

April 4: Celebration of Learning 5:30—7:00

April 4: EMES Board Informational Budget Presentation in Gym 5:30pm

April 5: Student Led Conferences—no school for students

April 8: District Organizational Meeting at U-32 6pm

April 9: Voting on U-32 and EMES School Budgets at EMES 7am-7pm

April 15—19: Spring Break!

April 30—May 10: Grades 3—6 SBAC Testing



Alicia Lyford, Principal

2018-2019 EMES Family Newsletter

Dear Families,

We were recently notified by the Washington County Deputy State's Attorney and the Department of Children and Families (DCF) of changes in the Truancy process. This requires us to change our protocols as well.

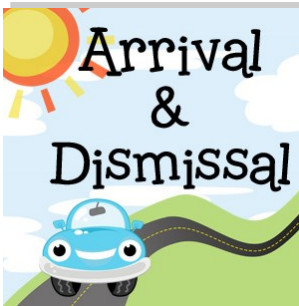
As of now, we are required by Vermont Department for Children and Families (DCF) Policy 60, to report students to DCF when they have 10 days of unexcused absences from school and again when they have 20 days of unexcused absences from school. In the past, that report may not have been made until truancy was filed. Unexcused absences are anything that are either not medically excused (Dr's note must be provided) and/or a documented learning plan (i.e., EST/504/IEP). Extended vacations that occur during the school year cannot be excused. When we make the report we will provide any additional information available including documentation of medical appointments and/or procedures, participation in flexible pathways, planned absences, etc.



In addition, with the new regulations/protocol, we must attempt to hold a coordinated service plan (CSP) meeting and/or formal restorative conference prior to filing truancy. The CSP is an attempt to determine the root cause of the absences and provide the proper outside partnerships and services to support the family to improve student attendance. In the past we have held small meetings to create an attendance contract, those types of meetings no longer fulfill our requirements.

The updated Affidavit for Truancy requires the school to report any and all communication with the family and any interventions attempted prior to filing. The goal of this new process is to provide adequate supports along the way so that kids are able to attend school rather than forced into a court process. If your child has already exceeded 15 days and a CSP meeting is warranted, we will be reaching out to you in the next couple of weeks to schedule that meeting.

Thank you for your understanding,
Alicia



Important Message About Beginning and End of Day...

We are so fortunate to have so many families be able to bring their children to and from school each day. It's wonderful to see you on a regular, if not daily basis, and we love connecting with you!

A few important reminders about the beginning and end of the day...It's important to remember that our school day runs from 9:00—3:30 each day, and arriving too early on either end of the day can be really disruptive to our students and teachers. If you bring your child in before 8:45 they **MUST** go to the cafeteria to wait for class to begin. The beginning of the day is a critical time for teachers to prepare for the day, meet with other teachers, or have important student meetings. This is not a time for you to stop by with your child...although they may be happy to see you, they need this time to work and get ready for the day.

At the end of the day, we ask that you please do **NOT** walk down the hallway towards the classrooms if you are picking your child up. Please wait in the lobby until your child comes to you. Important learning is taking place in the classrooms until the bell rings at 3:30 and it is disruptive when they see and heard people in the hallway during this time. It's also a very crowded, congested place during dismissal and adding more adult bodies to the mix is not helpful.

Thank you so much for adhering to this!

92nd All State Music Festival Comes to Central Vermont - Host Families Needed

The Vermont All State Music Festival is an annual event supported by the Vermont Music Educators Association (VMEA) and operated by the Vermont All State Committee. The Festival offers musicians from Vermont's high schools the opportunity to perform in a band, orchestra, chorus or jazz ensemble under the direction of some of our nation's finest conductors. Three days of intensive rehearsals lead up to a series of performances involving all four groups. U-32 & Montpelier High School are co-hosting this year's festival and need host families for approximately 380 student participants from May 8th-11th.

To host, families would provide a bed for 2 or more students, prepare breakfast and snacks (lunch and dinner provided by U-32), transport students to and from U-32 by a driver 25 years or older, and complete the attached background check form and return to either Michele Tofel Murray, mtofelmurray@u32.org or Molly Clark, mollyclark@mpsvt.org.



Girls On The Run registration open! Our program will start on Monday March 18th, right after school. This program is open to girls in grades 3rd through 5th. Please follow the link below to register. If you have any questions please contact Mrs. Zeilenga (jzeilenga@u32.org). We are looking forward to another great season

Book Club News from Arlyn and Mrs. Shedd:

We will have 3 more meetings of the EMES Book Club this year. Please note the date changes.

Next Meeting will be from 4 pm to 5:15 pm on Tuesday March 26th.

Book: Falcon Wild by Terry Lynn Johnson

All 4th-6th grade students who have read or are reading Falcon Wild are welcome to attend.

Voting Celebration and Party!

Tuesday April 2nd from 4 pm to 5:15 pm.

All students 4th through 6th grade who have read 5 of this year's Dorothy Canfield Fisher nominees are welcome to attend.

We have moved our meetings to a 4 pm start as it appears to work better for more families. Families can make arrangements with Arlyn for their students to stay after school.

Our final meeting will be "Meet the New Books," and will be announced at a later date. This meeting will be open to all 3rd through 6th graders who would like to come learn about next year's Dorothy Canfield Fisher List.



WCSU Early Childhood Education Program



The **Washington Central Supervisory Union** is conducting a **play-based screening** for young children who are 3 and 4 years old (3 years old as of September 1, 2019) and live in the towns of ***Berlin, Calais, East Montpelier, Middlesex, or Worcester.***

Screenings will take place at:

- *East Montpelier Elementary, Thursday March 28th
- * Calais Elementary, Wednesday April 3rd
- *Berlin Elementary, Thursday April 4th
- *Rumney Memorial (Middlesex), Tuesday April 9th
- *Doty Memorial (Worcester), Wednesday April 10th

If you are interested in learning more about your child's overall growth and development, **please call your local elementary school to set up an appointment.** We strongly encourage eligible families to make an appointment.

Please contact Jen Miller-Arsenault, Director of Curriculum, Instruction, and Assessment,
at 229-0553 ext. 310 if you have any questions.

— EAST MONTPELIER ELEMENTARY —

FINE ARTS NIGHT

MAY. 23, 2019 4:30–7:30 PM

STUDENT ART SHOW

K–3 FOLK DANCE FESTIVAL

4–6 CONCERT

BBQ POTLUCK

SCHEDULE

4:00–5:30 STUDENT ART GALLERY OPEN

4:30–5:30 BBQ POTLUCK DINNER

5:30–6:15 K–3 FOLK DANCE FESTIVAL

6:30–7:30 4–6 CONCERT

POTLUCK ITEMS

K: CHIPS

1ST–3RD: DRINKS

4TH–5TH: SALADS/SIDES

6TH: DESSERT

EMES: HOTDOGS/HAMBURGERS/VEGETARIAN
OPTION/CONDIMENTS

BYO SEATS/BLANKETS FOR

BBQ & FOLK DANCE FESTIVAL



CENTRAL VERMONT SOLID WASTE MANAGEMENT DISTRICT

2019 HOUSEHOLD HAZARDOUS WASTE COLLECTIONS

All events are held 9 am - 1 pm

May 4	Barre Town Garage
June 8	Tunbridge Transfer Station
July 13	Hardwick Town Garage
Aug 10	Bradford Town Garage
Sept 28	Montpelier, VT Dept of Labor

CVSWMD RESIDENTS* MAY ATTEND **ANY** COLLECTION IN **ANY** TOWN.

\$20 per car, in-district residents*
\$100 per car, out-of-district residents.

BUSINESSES, MUNICIPALITIES, and SCHOOLS:
Call at least 3 days ahead to register, 229-9383 x105

Got paint, batteries, bulbs, or electronics? See reverse side for details.



*CVSWMD District Towns: Barre City, Barre Town, Berlin, Bradford, Calais, Chelsea, Duxbury, East Montpelier, Fairlee, Hardwick, Middlesex, Montpelier, Orange, Plainfield, Tunbridge, Walden, Washington, Williamstown, and Woodbury.

CVSWMD.ORG | 802.229.9383 x105

HAZARDOUS WASTE - FEE \$ 20 PER CARLOAD - IN DISTRICT

Why is there a fee?

Household Hazardous Waste is expensive to dispose of properly. CVSWMD must contract with a company specifically trained to handle hazardous materials. The fee we charge during our collection events is a small fraction of the total per-car expense. CVSWMD subsidizes the rest of the cost. To reduce your fee, combine your load with family, friends or neighbors into one car and split the cost.

What is household hazardous waste?

Look for the words "Danger," "Poison," or "Caution/Warning" on the label. If you see any of those words, consider it household hazardous waste. Check cvswmd.org for details.

Examples include:

Bleach products (including tub, tile & toilet cleaners and laundry soaps), drain openers, oven cleaners, floor wax, solvents, tar, adhesives, pesticides, aerosols, moth balls, gasoline, kerosene, used or contaminated oil, degreasers, polishes, transmission fluid, brake fluid, spray paint.

Got Business Haz Waste?

Businesses, Schools, Municipalities, and other Institutions **MUST REGISTER** for these collections at least 3 business days ahead. To register, call 229-9383 ext.105. We will need your *EPA Site Identification number* and a detailed inventory of the materials you are bringing. (If you need assistance with your *EPA Site Identification number*, call the number above, and we will assist you.)

Fees for Businesses, Schools and Municipalities include the \$20 gate fee, plus \$1.00/lb. for materials disposed of at the event.

YEAR ROUND COLLECTIONS

Paint, batteries, bulbs and electronics have year round drop-off locations throughout VT. Check out these websites to find a location near you!

paintcare.org



call2recycle.org



lamprecycle.org



vtecycles.org



1-855-63-CYCLE



@VTZerowaste

CVSWMD.ORG | 229-9383 x105



Announcing the
**2019 VERMONT STATE
SCHOLASTIC CHESS
CHAMPIONSHIPS**

Saturday, April 6, 2019

Berlin Elementary School, Berlin, VT

All Vermont students Kindergarten through Grade 12 are eligible to participate. State champions for each grade K through 6, plus Middle School and High School champions will be determined. Swiss pairing used. (No eliminations – all players play each round.)

Register online or by mail
Check-in 8:30-9:30 AM, First games 10:00 AM



Full details and registration information at:

<http://www.vtchess.info>

or contact Mike Stridsberg,
mike@vtchess.info, 802-223-1948

DRINKING WATER WEEK POSTER AND PHOTO CONTEST & FAIR INVITATION 2019



Dear Educator,

Some of the most plentiful, safest and cleanest drinking water on the planet can be found here in Vermont. Everyday Vermonters' health and well-being is supported by safe and reliable water supplies and the water professionals working at water treatment facilities in nearly every town. Think about what life would be like without safe and reliable drinking water. Each year we, members of the Vermont Drinking Water Week Committee, work to provide you with interesting and thought provoking concepts and activities for your students and 2019 is no exception. This year's poster and photo contest launches an exciting theme—**Water Works for Vermont!** May our enclosures assist you in enticing your students in grades 4-6 to participate.

Contest winners will be announced prior to the Fair and will be presented their award at the Fair on Friday, May 10, 2019 at the Ethan Allen Homestead in Burlington. There will be a winner in each category, Photo and Poster, and each grade, 4th, 5th and 6th, who will receive a \$100 cash prize. Honorable Mention award winners will receive a pass to the Vermont State Parks.

Students are being asked to photograph or draw a scene that reflects this year's theme.

Photos are required to be 8" x 10", unmated, color or black and white, have a title and a 25-word or fewer paragraph summarizing the connection between the photo and this year's theme- **spelling counts**.

Posters can be of any color or style but must be no larger than 8½" x 11", and **spelling counts**. Formal contest rules are included in this packet.

Please be aware that by submitting an entry or *attending the Drinking Water Week Fair, participants agree to have their picture taken and used throughout the year in or on non-profit publications, web pages, social media, presentations and special events*. Winners will also, with parental/guardian permission, be entered into the American Water Works Associations' National Drinking Water Week poster contest. In 2012, 2013 and 2014, one of Vermont's winners was chosen for national publication.

The Vermont Drinking Water Week Committee hopes that students participating in the Poster and Photo Contest and attending the Fair will appreciate their evolving role in maintaining safe and reliable water supplies. They are environmental stewards for their own lives and future generations. Your unique role as their teacher can inform and motivate them to embrace measures that will soon carve out what Vermont will become in the next few decades.

In addition to participating in our Poster/Photo contest, we hope you will consider attending the Fair. For more information, including how to sign-up, please contact Ashley Lucht at 802 585 4904 or e-mail vermontdrinkingwaterweek@gmail.com. *Reservations are required due to site limitations; reservations*

are due by Monday April 29, 2019. Space will be reserved for schools with a winning student and they will have the right of first refusal. Please share this invitation with your colleagues and let me know if you would like to receive information via email. Participation in the contest does not require attendance at the Water Fair; however, winners will be encouraged to attend to receive their award in person.

Sincerely,



Ashley Lucht
Chair, Vermont Drinking Water Week Committee

and

Sir Hydro Logic



Vermont Drinking Water Week Committee Members

◆ Green Mountain Water Environment Association ◆ Town of Hartford ◆ City of South Burlington ◆ Vermont Rural Water Association ◆ Vermont Department of Environmental Conservation ◆ Simon Operation Services ◆ Vermont Department of Health ◆ UVM Extension Watershed Alliance ◆ Vermont League of Cities and Towns ◆ Weston & Sampson ◆ ATC Associates ◆ Private Citizens ◆ RCAP Solutions
Volunteer run. Donation supported.

vermontdrinkingwaterweek@gmail.com

We're on Facebook- Vermont Drinking Water Week

Poster Contest



Photo Contest

Official Rules- 2019

- ◆ Eligibility: The contest is open to all Vermont students in grades 4, 5 and 6.
- ◆ A student may only choose one category to enter—photo or poster. A student may not submit more than one photo or poster.
- ◆ Mail or deliver all entries to:

Vermont Drinking Water Week Committee
c/o VRWA
20 Susie Wilson Rd, Suite B
Essex Junction, VT 05452-2827
- ◆ All mailed entries must be mailed in time to be received by **close-of-business April 9, 2019**. Photo and poster submissions may be *hand delivered* to the Vermont Rural Water Association offices, 20 Susie Wilson Rd, Suite B, Essex Junction, VT until close-of-business April 9th. Unfortunately, entries received after that date cannot be considered; the Committee will be judging entries the morning of April 10th.
- ◆ Student's photographs and posters must be created for the sole purpose of this contest and without collaboration with other students.
- ◆ Photos and posters will be judged in an objective manner by the Drinking Water Week Committee. Winners will be selected on artistic merit, originality, **spelling**, and portrayal of this year's theme—**Water Works for Vermont!**
- ◆ Contest winners will be announced prior to the Fair and will be presented their award at the Fair on Friday, May 10, 2019 at the Ethan Allen Homestead in Burlington. A cash prize of \$100 will be awarded to the winner of each category in each grade. Honorable Mention award winners will receive a pass to the Vermont State Parks.
- ◆ Submitted photos and posters shall become the property of the Vermont Drinking Water Week Committee. Winning photos and posters will be reproduced into a poster for distribution to our many sponsors. Posters and photos may also be used

in or on non-profit publications, web pages, social media, presentations and special events throughout the year.

- ◆ *By submitting an entry or attending the Drinking Water Week Fair, participants agree to have their picture taken and used throughout the year in or on non-profit publications, web pages, social media, presentations and special events.*
- ◆ **Poster Specific Rules:** All posters must be no larger than 8½" x 11". There are no limitations on color or technique. **SPELLING COUNTS-** posters with misspelled words will be disqualified. Please include the participating student's name, grade, teacher, school and school's phone number on the back of the poster.
- ◆ **Photo Specific Rules:** All photographs must be no larger than 8" x 10". Color or black and white photos are acceptable. NO matted photos, please! Please include the participating student's name, grade, teacher, school and school's phone number on the back of the photo. Each photo submission must include a title and 25-word or less description (i.e., caption) of the photo and its connection to this year's theme. **SPELLING COUNTS-** photo descriptions with misspelled words will be disqualified.
- ◆ Questions?
Email the Committee at vermontdrinkingwaterweek@gmail.com or call Ashley at 802 585 4904.



Vermont Drinking Water Week Committee Members

- ◆ Green Mountain Water Environment Association ◆ Town of Hartford ◆ City of South Burlington ◆ Vermont Rural Water Association ◆ Vermont Department of Environmental Conservation ◆ Simon Operation Services ◆ Vermont Department of Health ◆ UVM Extension Watershed Alliance ◆ Vermont League of Cities and Towns ◆ Weston & Sampson ◆ ATC Associates ◆ Private Citizens ◆ RCAP Solutions
- Volunteer run. Donation supported.

vermontdrinkingwaterweek@gmail.com

We're on Facebook- Vermont Drinking Water Week



VERMONT DRINKING WATER WEEK

A COMMITMENT TO INCREASE PUBLIC AWARENESS OF THE QUALITY AND IMPORTANCE OF SAFE DRINKING WATER AND WATER RESOURCES THROUGH EDUCATION

WATER FACT SHEET – 2019 THEME: “WATER WORKS FOR VERMONT”

WATER IS ESSENTIAL FOR LIFE



- Water. It cleans us and sustains us. Put simply, water is essential for life.
- Tap water is inexpensive, safe and good for the environment
- The Earth might seem like it has abundant water, but in fact less than 1 percent is available for human use. The rest is either salt water found in oceans, fresh water frozen in the polar ice caps, or too inaccessible for practical usage.
<https://www.epa.gov/watersense/how-we-use-water>
- According to USGS* the human body is 60% water and the skin is 64% water (the percentage of water also varies by age). <https://water.usgs.gov/edu/propertyyou.html>

- On average, a person can only survive without water for just a few days!
- The average body requires about 8 glasses (or two liters) of water every day
- We lose water when we breathe, sweat, cry and go to the bathroom
- Did you know that water helps carry nutrients to our cells, lubricates our joints, removes body waste, protects our organs and regulates our bodies at 98.6 degrees F?

WHERE IS THE WATER FROM?

- The majority of the water on earth is unchanged over time. Water constantly recycles through the water cycle on the earth and in the atmosphere.
- If your water does not come from a town or city water system, then it comes from a private drinking water source. There are three main sources of private drinking water: drilled wells, dug wells, and springs.
- A community's water facility that purifies river, surface, and/or groundwater to make it safe for drinking is called a Water Treatment Plant.
- What disinfection treatment process do water treatment plants typically use to kill harmful germs? Chlorine (sometimes Chloramine, Ultraviolet (UV), and/or ozone).
- Water Treatment Plants Repeat this process continuously: Pump, Treat, Store & Distribute – to get you safe water to consume.
- A watershed is the name for an area of land that water flows across or under on its way to a larger body of water.



WHERE & HOW MUCH WATER IS USED FROM PEOPLE'S LIVES & FOOD?

- The largest use of household water is to flush the toilet, and after that, to take showers and baths
<https://water.usgs.gov/edu/qa-home-percapita.html>
- How many gallons does the average person use daily? Estimates vary, but each person uses about 80-100 gallons of water per day. <https://water.usgs.gov/edu/qa-home-percapita.html>
- Agriculture is a thirsty business! A hefty 80% of consumptive water in the U.S. goes towards agriculture <https://www.ers.usda.gov/topics/farm-practices-management/irrigation-water-use/>

DID YOU KNOW?

- Approximately 1 billion people worldwide don't have access to safe water* - but that could be solved. "The world has the money to make it happen. In fact, it would take 1/3 what the world spends on bottled water in one year to pay for projects providing water to everyone in need." *CBS News, FLOW the movie*
- Chemical formula for water is H₂O - which is two hydrogen atoms and one oxygen atom
- Natural water has a Ph level of about 7, and a gallon weighs 8.35lbs (pounds)*
- The purpose for building a dam on a river to create a reservoir may include: Irrigation, flood control, recreation, drinking water source and hydropower.
- A natural or manmade water body whose purpose is to collect and store water is called a reservoir.
- When rain soaks through garbage at landfills, it can pick up harmful substances and is then called leachate. Landfills are now designed to protect groundwater from this substance.
- Did you know that sand and gravel are nature's filters – they help remove dirt from river water as it sinks down through it?
- Water is considered the "universal solvent," as it dissolves more substances than any other liquid.
- Dollars at work: Water infrastructure investment in 2018: \$25,997,514.40 source: Vermont's State Revolving Funds (includes: drinking, wastewater, stormwater) For pipes, tanks, engineering & more.
- According to VRWA (Vermont Rural Water Association), there are currently about 1,245 certified drinking water operators and 515 licensed wastewater operators in VT, and altogether these personnel have received a total of 6,762 hours of training in 2018. That's a lot of training!



HOW CAN I HELP PROTECT & CONSERVE DRINKING WATER?



- Using reusable water bottles helps reduce pollution and save money too, since tap water is cheaper! When you do use a disposable water bottle, recycle it!
- Do you get your water from a private well? It's smart to test your private drinking water source regularly. Ask your parents about that. In VT, you can get help to test your water at the Health Dept. Laboratory. You can call: 802-338-4736 or 800-660-9997 (toll-free VT) for information. Check out: healthvermont.gov/water
- Old shower heads use up to 5 gallons of water per minute. Water-saving shower heads* only use 2 gallons per minute. <https://water.usgs.gov/edu/activity-percapita.php>
- EPA is the acronym for the Environmental Protection Agency, a government office that regulates drinking water in the United States. Their website has resources about what you can do.
- When you brush your teeth, don't let the water run! You can save a gallon right there.
- An automatic dishwasher uses only 4 to 7 gallons of water; while hand washing dishes can use 20.
- When your family replaces plumbing fixtures, shop for EPA "WaterSense" labelled items.
- Talk about what you've learned about drinking water - and its importance, with everybody!

*USGS – United States Geological Survey serves the Nation by providing reliable scientific information to describe and understand the Earth; minimize loss of life and property from natural disasters; manage water, biological, energy, and mineral resources; and enhance and protect our quality of life.

*Weight of a gallon of water: If using the correct significant figures, 8.35lbs (62.43/7.48)

*When shopping for water dispensing fixtures, look for EPA's "Water Sense" on the label, indicating that the product has met EPA's water efficiency standards.

* Approximately 1 Billion people lack clean drinking water (Water.org says 844M and Water for People says 2.1B)