

November 1, 2019

Alicia Lyford, Principal

2019-2020 EMES Family Newsletter



EMES Mission Statement

"The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum."



Dear EMES Families -

I have to say that today was a bit of a treat after all the tricks yesterday! Who would have predicted that our first weather day would happen the day after Halloween!?! I am hopeful you were all safe and dry today and weren't negatively impacted by the weather. It sounds as though some of the back roads had quite a bit of damage to them and were unsafe to travel on.



Yesterday afternoon our sixth-grade student leaders visited the younger grades to read fall and Halloween poetry with them, and gave each student a finger light and book of poems to read in the dark with. It was a special time for younger students to read with older students, and I am so proud of what leaders our 20+ SLT students are this year!

As a reminder, Parent-Teacher conferences will be held on Monday, November 11th and there will be no school for students. Some conferences will be held outside of this day as we know not everyone is able to attend on this one day. If you haven't worked with your child's teacher to sign up for a conference yet, please do so. Our aim is to have 100% attendance for our fall conferences. While you were able to see first-hand some of the great learning your children have been doing at Open House last week, this is a time for you to have a conversation with your child's teacher about how they are performing, and the goals both they and their teachers have set for them this year. The U-Arts teachers will share the work they have been doing with your students in our upcoming EMES newsletter. Stay tuned!

Please remember to set your clocks back tomorrow night as this weekend is Daylight Savings! Although we'll be feeling it on the later end, it will be nice to travel to school in the daylight beginning next week!

Have a great weekend!

Alicia

Dates to Note:

Special Election at EMES: Tuesday, November 5th

WCUUSD Board Meeting: Wed, November 6th 6:30 U-32

Parent/Teacher Conferences: Monday, November 11th

Holiday Feast: Thursday, November 14th 11:30—1:00

WCUUSD Board Meeting: Wed, November 20th 6:30 Rumney Memorial School

Band/Chorus Concert: Thursday, November 21st 6:00pm in the gym

Thanksgiving Break: Wed, November 27—Friday, November 29

Gifts for Giving: Tuesday, December 17th (snow date December 18th)



Thursdays, 3rd Graders, & the Magic of Lunch Bunch

3rd Grade Lunch Bunch is hosted by Arlyn Bruccoli, Jennifer Fitch, & Laura Giammusso

If you are wondering what is better than a group of elementary school students eager to get to the library so they can listen to a read aloud during lunch, the answer is -- not a thing. Every Thursday at 11:40 am 3rd graders head to the library for Lunch Bunch. They don't just head there, they hurry to get in before they miss any of the book. The kids and their teachers picnic in our read-aloud space and listen to the next installment of *The Wild Robot* by Peter Brown. *Each week we revisit what was happening when we last left Roz the robot and her adopted gosling Brightbill. We also start by re-reading the last chapter to give everyone a little more time to get lunch and settle in. Sometimes the events in the book are a bit intense (as you can see the expressions of our lunch bunchers). As kids head off to recess, they excitedly make predictions about what will happen next.*



Parent Meeting - BIPOC

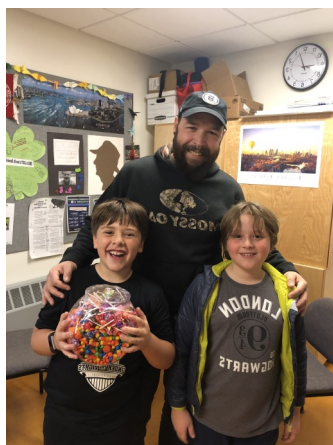
When: Wednesday, Nov. 13th, 6:30-7:30pm

Where: U-32 —930 Gallison Hill Road Montpelier, VT

More Information: Parents of Black, Indigenous & People of Color kids are invited. Shelley Vermilya & Larissa Boyd are Moms by adoption & birth-giving. We invite you to talk about the things we didn't know we needed to know, the things our kids are experiencing in school, the ways we wish we could talk about race, gender & budding adolescence.

Room 128

Child care and light refreshments provided



Congratulations to Peter O'Brien for the closest guess for the Halloween candy! Over \$100 in proceeds will go to the PE archery program! Thank you, Adam!!

Mr. Rick reading to a group of second graders



PARENT/CAREGIVER COFFEE CHATS

WE ARE TRYING SOMETHING NEW AT EMES!



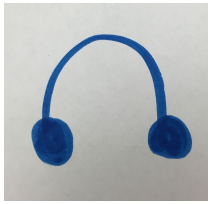
PLEASE JOIN US FOR OUR FIRST COMMUNITY COFFEE CHAT.

THE GOAL IS TO CONNECT WITH OUR COMMUNITY, AND INFORMALLY SHARE
IDEAS AND RESOURCES.

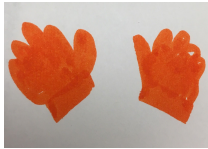
OUR FIRST GATHERING WILL BE ON MONDAY, NOVEMBER 4TH.

MEET US IN THE EMES MAKER SPACE FROM 8:30-9:30 A.M.

IF YOU CAN'T MAKE OUR FIRST GATHERING, WE ALSO PLAN TO MEET ON
11/18, 12/2, & 12/16 (SAME TIME & PLACE).



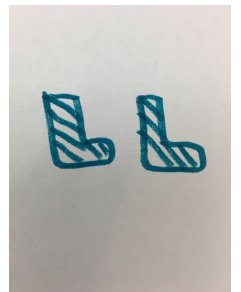
Winter Clothing Swap!



Bring in your outgrown winter gear until November 5th to the collection box in the front hall at EMES.



Stop by and pick up New-to-you gear November 7th and 8th!



If you would like a preview session, or need a specific item (s), please contact Nurse Elizabeth at 223-7936 to make arrangements



Brought to you by Girl Scout Troop 30380
Questions? sara@red-garland.com



EMES, PTNO AND YOU

EMES has a skeleton crew for our PTNO (Parent, Teacher, Neighbor Organization), and has had for the past several years. Our school could use your help!

Here's what the PTNO has done in the past:

- Artist in Residence, such as John Gailmore, Her Majesty's Circus, recycled art program and more
- Teacher grants; extra funding for all of the little consumables our teachers often pay for on their own.
- Robotics for our technology program
- Yearbook funding to keep our yearbook purchase price low
- Additional playground equipment
- STEM kits
- And more!

Here's what the PTNO needs now:

- Leadership, or co-leadership to guide the distribution of funds, host events, and work with our EMES community to help fill needs.
- Volunteers in a non-leadership positions to contribute their ideas, skills and time.
- Your vote at our annual funds distribution meeting in the spring.

If you are interested in a leadership or co-leadership position, please contact Sara Garland at sara@red-garland.com.

For non-leadership positions, stay tuned!

Make a Difference

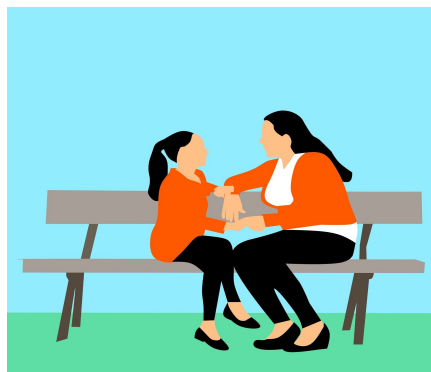
Be a Mentor

Students of all ages benefit from having a mentor. Mentors help to develop healthy and positive relationships in the community. As a mentor you have the ability to build self-esteem, confidence, and social skills which can increase resiliency. Consider being a mentees champion.

For students a mentor could be another support. According to the research done on 40 Developmental Assets for raising successful children, students benefit from developing a healthy relationship with three or more non-parent adults. A mentor could be that person for a child. Mentors provide opportunities for growth for all children.

We hope to build a community open to mentoring in our school. By making matches based on interests and personality, we hope to encourage lasting relationships between mentors and mentees. Are you willing to volunteer an hour of your time each week to support a mentee during the school day? If so please contact Mary Beth Langevin, School Counselor, to learn more about the program and the process.

In addition, are you interested in having your child connect with a mentor at school or outside of school? If you are interested in a mentor meeting with your child at school, please contact Mary Beth Langevin. School Counselor at mlangevin@u32.org. If you are interested in connecting your child with a mentor outside of school, please contact Wendy Freundlich, at wendy.freedom51@gmail.com to learn about the Girls/Boys First program in Washington County. You may also call her at 224-6500. She is accepting applications for both mentors and mentees. With the support of mentors, we hope to find matches for many students.





November 1, 2019

Re: Holiday Assistance

Dear East Montpelier Families,

The holiday season is upon us, and it is our hope that you will have a peaceful and safe holiday season. Here at EMES we have been able to provide some assistance to families during the holidays through donations and some fund raising in cooperation with the East Montpelier Fire Department and the Old Meeting House. If your family could use some assistance this year, please fill out the attached signup sheet.

Please list clothing sizes and one special interest of your child(ren)
Return the attached wish list to the school office (attention: Elizabeth) by **Friday, Nov 8, 2019** to ensure that your name is considered for assistance.

If you'd like to contribute to our EMES Cares Fund, which is used throughout the year to help our school families, just send in your tax deductible contribution payable to 'EMES Cares Fund'.

If you have any questions or concerns, please feel free to call Elizabeth at 223-7936 x 304.

Sincerely,

East Montpelier Holiday Giving Committee

SIGN UP FOR EMES HOLIDAY HELP

Parent Name: _____ Tel#: _____

Address: _____

	Child's Name	Age	Clothing sizes	Special Interest
1				
2				
3				
4				

Return to Elizabeth Wirth by **Friday, November 8, 2019**



Community Connections
November In-service Day Camp
Monday, November 11th
Berlin, Calais, Doty, EMES, and Rumney



Friday, November 11th 8:00a.m.—5:30p.m.

Thankfulness/Veterans Day

November is a great time to consider the things we're most thankful for. Join us for some fall crafts and baking based on the things we have to be thankful for. We will also be making cards for our Veterans and whipping up some special treats for our local Police officers and Firefighters to thank them for their service.

Don't forget to bring your outdoor gear as we will play outside!

To register for camps:

1. Complete the sign up sheet on the other side of this form.
2. If your child has not attended a Community Connections activity this year we will also need a 2019 - 2020 Registration form. They are available from your school's Site Coordinator or at camp.
3. Return the sign up, registration form, and payment to:
 - Your school's front desk or its Community Connections Site Coordinator OR
 - Scan and send it to kbolduc@u32.org and mail payment separately OR
 - Mail them by November 4 to:

Community Connections
c/o EMES
665 Vincent Flats Road
East Montpelier, VT 05651



ALL THE BASICS

- CC is one of the only local organizations offering camps on school vacations. Camps cost \$40 - \$55 per day on a sliding scale please pay what you can!
- Camp hours are **8:00 AM—5:30 PM**
- Pickups after **5:30 will be charged a \$15 late fee!**
- We need a current registration/medical form for your child. If you have not filled one out this year, we must have one before your child can attend.
- You provide lunch and we provide 2 healthy snacks.
- In the event of field trips, transportation and admission fees are included.
- CC field trips are money-free activities. We will not go to gift shops, vending machines, arcades, etc.
- Please let us know how we may best help your child enjoy camp and discuss any special needs.
- Personal audio, phones, and video games are allowed at your own risk, and only on the bus.

PACKING LIST

- Send a healthy bag lunch with your child. (no soda or candy)
- Send appropriate clothing/items: sneakers, outdoor gear, dry socks, jackets, boots, hats, gloves, etc.
- Send a water bottle.
- **Please label your child's belongings!**

Space is limited for these camps.

Register as soon as possible!

Sorry—no refunds for cancellations as we have hired staff and held a place for your child based on your registration. Payment must be received for your child to attend!

Community Connections sites are licensed childcare programs. We accept childcare subsidies- ask us about it!

Kids will be kids! But...

Community Connections staff are experienced and trained in working with kids of all ages. To protect the safety and well-being of all children, we have expectations and standards for behavior. If a child is unable to meet those standards, even with all the support we are able to provide, we may have to call the parent or guardian and ask that the child be removed from camp.

Please help us by telling us anything about your child that will help us meet his or her needs.

Sign up online (pay at drop-off) at:

<https://forms.gle/zwbz1xmL4PBrjUiW7>

Note to Parents and Guardians: Vermont weather is unpredictable. We run our camps rain or shine, so please send your child dressed appropriately - layers, winter boots, warm clothes, extra clothes, indoor shoes, hats, and gloves.

My child _____ Gender _____ Grade _____ School _____

My child _____ Gender _____ Grade _____ School _____

will attend (and I give permission to attend and be transported by bus/van when needed) the following programs:

Date	Event	Cost	Indicate <u>Your</u> Rate.	Pick-up/Drop- off
Monday Nov. 11, 2019	Thankful/Veterans Day Camp	\$40-\$55	\$_____/ day	Berlin Elementary School 372 Paine Turnpike N. Berlin, VT

Parent name _____ Email _____

Daytime #(s) _____ Parent Signature _____

___ I have enclosed \$_____ to cover my child's enrollment (cash or check to WCSU / Community Connections).

___ I am eligible for state childcare subsidies at _____ per week.

(If your subsidy does not cover the full cost of camp you may need to pay a co-pay in order to have your child attend.)

Girl Scout Information Night



SKILLS TODAY. SUCCESS TOMORROW.



Free information session!

- Enjoy fun activities
- Explore our many Girl Scout programs
- Learn about volunteer opportunities
- Register
- Receive a FREE *Discover Girl Scouts* embroidered patch



Tuesday, November 12th from 5-6pm

East Montpelier Elementary School

**665 Vincent Flats Rd
East Montpelier, VT 05651**



**For further information or to register,
please contact GSGWM Customer Care**
888-474-9686 or customer care@girlscoutsgwm.org


girl scouts
of the green and
white mountains

Serving New Hampshire and Vermont

girlscoutsgwm.org

SU 245

This is not a school sponsored event.



Student Meals \$4 Adult Meals \$5.50

NOVEMBER 2019

East Montpelier Elementary School

We are an equal
opportunity
institution
Menu subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Roasted Chicken **4**
Mashed Potato

Fresh fruit and veggie bar
Choice of milk

Taco Tuesday **5**

Fresh fruit and veggie bar
Choice of milk

Cheese Ravioli **6**
Meat or Marinara Sauce

Fresh fruit and veggie bar
Choice of milk

Dress your own Grilled **7**
Burgers

Fresh fruit and veggie bar
Choice of milk

Grilled Cheese Sandwich **8**
Tomato Soup

Fresh fruit and veggie bar
Choice of milk

No **11**
School

Hot Dogs **12**

Fresh fruit and veggie bar
Choice of milk

Cereal **13**
Fruit and Yogurt

Fresh fruit bar
Choice of milk

Harvest **14**
Feast

Leftovers from **15**
Harvest Feast

Fresh fruit and veggie bar
Choice of milk

Corn Dogs **18**
Oven Fries

Fresh fruit and veggie bar
Choice of milk

Cheesy Breadsticks **19**
Marinara

Fresh fruit and veggie bar
Choice of milk

Meatball Sub **20**

Fresh fruit and veggie bar
Choice of milk

Baked Potato Bar **21**
All the Fixin's

Fresh fruit and veggie bar
Choice of milk

Birthday Celebration **22**
Chicken Patty Sandwich

Fresh fruit and veggie bar
Choice of milk

Macaroni & Cheese **25**

Fresh fruit and veggie bar
Choice of milk

Chicken Tenders **26**
Oven Fries

Fresh fruit and veggie bar
Choice of milk

No **27**
School

No **28**
School

No **29**
School

All meals must have 3 items, one must be a fruit or veggie....HM=Homemade WG= Whole Grain Veg=Vegetarian

Gluten free available upon request

We proudly serve, VT Maple Syrup, The Manghi's bread and rolls, Makenzie Meats & Sausage