

November 30, 2019

EMES Mission Statement

"The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum."



Alicia Lyford, Principal

2019-2020 EMES Family Newsletter

Dear EMES Families -

Happy Thanksgiving! I hope you all had a wonderful day with your family and loved ones and are enjoying this five-day weekend with your kiddos! During this holiday season I want to take a moment to share how grateful I am for the incredible support and involvement you provide for your children and the school on a daily basis. Those of us at EMES could not do the work we do without the ongoing support and involvement of the parents and larger community. Thank you for being involved in your child's education!

Please take some time to read through this newsletter in its entirety. There's a lot of important information in here, including a lead in the drinking water screening and numerous opportunities to "give back" to our community through our PBIS small group work.

Earlier this week, Karin Martin, our long-time administrative assistant, made the decision to resign from EMES effectively immediately. We wish Karin nothing but the best in her new endeavors. We will be working to provide temporary coverage for the EMES office beginning on Monday, and will be looking to hire a new administrative assistant in the coming weeks. If you are interested in serving on this very important hiring committee, please let me know. I would love for a few parents to serve on the committee as you all interact with the front office regularly.

I hope you have an enjoyable weekend and I look forward to seeing your children back at school on Monday morning!

Best,

Alicia

Dates to Note:

EMES Book Club: Monday, December 10th 3:30—5:00 "The Truth as Told by Mason Buttle"

Gifts for Giving: Tuesday, December 17th (snow date December 18th)

Pre-K Holiday Celebration: Friday, December 20th at 10:30 (families invited through lunch!)

Holiday Break: Monday, December 23—Thursday, January 1





Gifts For Giving 2019

DEC. 17 | SNOW DATE DEC 18

GIFTS FOR GIVING IS A DAY WHERE VOLUNTEER CRAFTERS SET UP STATIONS IN THE GYM. STUDENTS VISIT THE STATIONS TO MAKE HAND-MADE CREATIONS TO GIVE FRIENDS OR FAMILY DURING THE HOLIDAY SEASON.

VOLUNTEERS NEEDED! LOOKING FOR HELP LEADING CRAFT STATIONS & HELPING WITH STATIONS. NO NEED TO BE CRAFTY! BRING YOUR OWN IDEAS OR JUST COME TO HELP OUT. PLEASE CONTACT EMES ART TEACHER ALEX MORSE @ ALMORSE@U32.ORG TO VOLUNTEER.

**Come One Come All to the
EMES Toy Share on Friday December 6th from 3:30-5:30 or by appointment**



Help us recycle toys in our community. Toys are free and there is no need to bring one to get one.

Starting November 25th, we will be accepting new and gently used toys, games and books.

Drop them in one of the collection boxes in our hall .

Questions??? Please feel free to contact: Laura, Jamie or Jenn at 223-7936

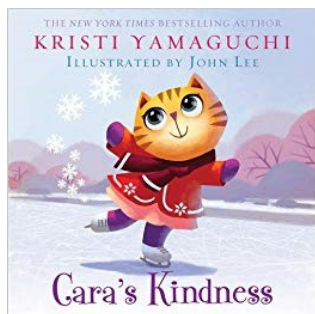


Mrs. Parker's PBIS group is working with the Central Vermont Humane Society to encourage volunteers and help get older animals adopted. A representative from the CVHS will be visiting EMES next Friday and we are creating posters to hang up in town. They are hoping to host an information stand here at EMES in the near future.

Mr. Willard's PBIS group is spending time reflecting on the kindness of others. We are recording reflections about students in our homeroom, and linking these together to make memory "chains." We will be sharing these with our homeroom classes when they are finished.



Post Holiday Recycling at EMES Library. As part of our focus on giving back, students in one of our Friday morning PBIS groups are doing a battery and holiday lights recycling campaign. Check out the video on our website to learn more and bring your dead batteries and holiday lights to the EMES Library through January 10th. Please tape button batteries to reduce the risk of fire. Student groups made several public service announcements about recycling. The featured video will change periodically. Arlyn and Ted



Mrs. Gannon's PBIS group read the book Cara's Kindness by Kristy Yamaguchi about how one person helping another person can create a chain reaction of helping others. Students are giving back by helping people without being asked. They are also decorating and making cards to give to others and making chew toys to give to animals at the Humane Society.

Ms. Gallagher's PBIS group has been making thank you or kindness cards. One week we thanked people in our lives. Then the next week we sent kindness cards to folks at the Gary Residence. For our third week we thanked those in the service. This project has helped us appreciate and honor those in our community.



Ms. Fecura's PBIS group decided to spread kindness within our school. We spent time writing compliments on sticky notes and passed them around school. Students also made cards for their teachers and friends to express their gratitude towards them.

Mrs. Shedd's PBIS group has been making notes and cards to thank people in our lives. Some examples were bus drivers, siblings, specials teachers, etc.

Free to Be.. You and Me

Stage 16, the Middle School Theater Program at U-32 Middle and High School, is proud to present *Free to Be.. You and Me*, adapted for the stage by Douglas Love and Regina Safran from Marlo Thomas' book of the same name. A charming musical about the many possibilities of growing up, and how to be true to yourself along the way. At under an hour, this performance is good for all ages, especially first time theater go-ers. Don't miss your chance to see this time tested children's classic on stage. December 6 at 7:00pm and December 7 at 11:00am. U-32 Middle and High School Auditorium. Admission by donation. Directed by Heather Clark-Warner and Sylvan Williams, with music direction by Roger Grow.

Requesting Your Help with the CVFiber Community Survey

CVFiber is our 17-community-owned municipal entity that needs your input as they move forward to bring a very high-speed fiber network to your home and business. To help with their planning of the network, they need to understand your interest so we can plan for the system. This is your system. They need to know whether you currently have or don't have internet services, from whom, and whether you would be willing to sign up for CVFiber when it becomes available. The following link will take you to the five minute survey. <https://arcg.is/1uaOm1> . They need about 20% of households to complete the survey to get a picture of demand and desires. This survey will be used to help where they build out first."

Makerspace Wednesdays:

The second session of Makerspace Wednesdays started up last week. Mr. Blanchard and Ms. Morse are running a 5 week session on woodworking and printmaking for 4th graders. Interested students signed up to work in the Makerspace at lunch and recess for the next 5 weeks. This week students learned how to use these tools safely and had a chance to try them out. Next week students will begin to create using these tools



ADA Accessible Path at EMES!

Josh Ryan from Timber and Stone LLC, and our very own Mike Blanchard spent time this fall erecting a new 375' ADA accessible path that leads from the back of the building to the playground. Students and adults alike have been enjoying this lovely safe and easily accessible path this fall. Thank you, Josh and Blanch!





Giving Back Project

★ *Book Pick* ★

Mrs. Christy's and Mrs. Christiano's PBIS groups are working together on a special giving back project. The students are working hard to put together an EMES Book Swap. **We are currently accepting book donations to build our inventory until Monday, December 16th.** Once the books are collected, our PBIS groups will sort and distribute them to EMES students on our **"Book Pick Day" which will be Wednesday, December 18th.** This will look much like a RIF book give-away.

If your family has books that they have outgrown or no longer read, we'd love to have them in our swap. Books need to be suitable for students in grades Prek-6 and in good condition. We will not be accepting any adult books. Donations can be brought into EMES to either Mrs. Christiano's or Mrs. Christy's classrooms.

Hopefully, we will collect enough books so that all EMES students can receive a book that is new to them on Book Pick Day. Thank you for helping these PBIS groups make this giving back project happen.

Pupcake Sale!

To benefit the Central VT Humane Society

All Orders Due By Thursday, November 21st

Return To Lisa Gariboldi

Pupcakes are cupcakes for your fur baby (dog)!! These will be pumpkin flavored special treats for \$1.00 each. We would like to preorder them so that our PBIS group will know how many to bake. The ingredients are listed below in case you have a dog with allergies.

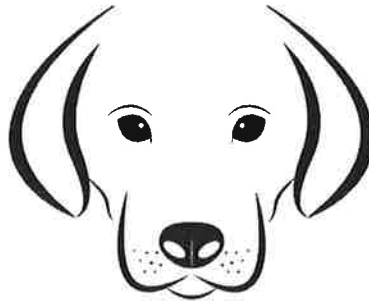
Whole wheat flour, baking powder, egg, maple syrup, pumpkin puree, carrots, greek yogurt, cream cheese, milkbone dog biscuit

Yes! I would love to pre-order #_____ Pupcakes.

(Name on order)

_____ I am sending in the correct amount of cash that is equal to \$1.00 per pupcake.

They will be delivered to your child's classroom on Friday, Dec 13
My child's homeroom teacher is _____



Sponsored by Mrs. Gariboldi and Jodi Parker's PBIS Friday morning group



Student Meals \$4 Adult Meals \$5.50

DECEMBER 2019

East Montpelier Elementary School

We are an equal
opportunity
institution
Menu subject to change

Monday

2

Chicken Noodle Soup
NO SALAD BAR

Fresh fruit bar
Choice of milk

Tuesday

3

Taco Tuesday
Salsa, Sour Cream
Hard or Soft Shell

Fresh fruit and veggie bar
Choice of milk

Wednesday

4

Corn Dogs

Fresh fruit and veggie bar
Choice of milk

Thursday

5

WG Spaghetti
w/Sauce

Fresh fruit and veggie bar
Choice of milk

Friday

6

Brunch for Lunch

Fresh fruit bar
Choice of milk

9

Corn and Ham Chowder
Manghi's Rolls

Fresh fruit and veggie bar
Choice of milk

10

Nachos
Salsa, Sour Cream

Fresh fruit and veggie bar
Choice of milk

11

WG HM Pizza

Fresh fruit and veggie bar
Choice of milk

12

Turkey Stew
Mashed Potato

Fresh fruit and veggie bar
Choice of milk

13

Oven Baked Fish
Buttered Noodles

Fresh fruit and veggie bar
Choice of milk

16

Grilled Cheese
Tomato Soup

Fresh fruit and veggie bar
Choice of milk

17

Baked Potato Bar
All the Fixin's

Fresh fruit and veggie bar
Choice of milk

18

Shepherd's Pie

Fresh fruit and veggie bar
Choice of milk

19

Hot Dogs
Tater Tots

Fresh fruit and veggie bar
Choice of milk

20

Anything Goes

Fresh fruit and veggie bar
Choice of milk

23

No
School

24

No
School

25

No
School

26

No
School

27

No
School

30

No
School

31

No
School



All meals must have 3 items, one must be a fruit or veggie....HM=Homemade WG= Whole Grain Veg=Vegetarian

Gluten free available upon request

We proudly serve, VT Maple Syrup, The Manghi's bread and rolls, Makenzie Meats & Sausage



Be a Girl Scout

HOLIDAY GAME NIGHT

Come and Join Girl Scouts!



Tuesday, December 3rd, 5:00 - 6:00 p.m.

**East Montpelier Elementary School- Maker Space
665 Vincent Flats Rd East Montpelier, VT 05651**

Join us for a Girl Scout Holiday Game and Information Night!

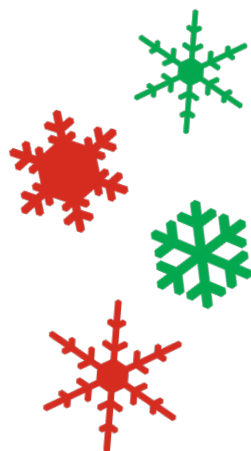
She'll make new friends, discover new passions and more at Girl Scouts! Girls are invited to wear their holiday sweater and make their own special ornament, play holiday games, and enjoy a holiday story. Bring a friend to double the holiday fun!

This is a chance to learn about Girl Scouts and register to join a troop. Girls will receive a FREE Discover Girl Scouts patch.

**For further information or to register,
please contact GSGWM Customer Care**
888-474-9686 or customercare@girlscoutsgwm.org

SU 245

This is not a school-sponsored event.





November 22, 2019

Dear Washington Central Family,

During the Thanksgiving season, when we traditionally take time to give thanks, I write to express my heartfelt gratitude to all who help make our school system a great place to teach and learn.

I am thankful to serve our wonderful system of schools as Superintendent. I am grateful to our School Board for their wisdom and leadership, who give selflessly of their time, skills and talents, so all students have opportunities to learn and grow.

Thank you to our parents and guardians for having faith in our schools and for entrusting us with your wonderful children. Your children come with strong values, respect, tolerance, and appreciation.

I appreciate our volunteers who engage with us as partners. I witness a continuous demonstration of time, energy and generosity each day.

Thank you to our school professionals for your dedication to educational and organizational excellence. Thank you for striving to meet every expectation and for your ongoing professionalism and cooperation.

Finally, I am grateful for our talented, athletic, creative, inquisitive, optimistic and resilient students who inspire us every day.

During Thanksgiving, I encourage you to be inspired by the season of giving with acts of kindness and graciousness. Please take care in your travels.

Happy Thanksgiving,

Debra Taylor

Debra Taylor, Ph.D.
Superintendent of Schools

Dear Parents, Guardians and our Staff:

As part of a new law, all schools and child care providers are required to test for lead in drinking water and fix any issues when lead is found above an established action level. The intent of the law is to protect children, students, and staff from lead in these settings.

The health and safety of the children in our care and of our employees is our priority, and we are working quickly to check our system for lead.

The drinking water at East Montpelier Elementary School will be tested for lead during the week of November 25 – 30. We will collect water samples from all taps that are used for drinking and cooking and send the samples to the Vermont Department of Health Laboratory for analysis.

Why is lead a concern?

Lead poisoning can slow down a child's growth, development, and learning and can cause behavior problems. Children absorb lead more easily than adults, so they are at a higher risk for lead poisoning.

How does lead get into drinking water?

Lead rarely occurs naturally in water supplies. However, lead can get into drinking water through contact with lead pipes, plumbing fixtures and solder.

How will I be notified of the results?

You will be sent a summary of the results within 10 days after we receive the test results from the laboratory.

What will happen if there is lead in the drinking water at the facility?

Any tap that tests at or above the action level will be taken out of use for consumption. Once we fix the issue, and follow-up testing shows the lead level is at or below the action level, the tap can be used again.

We want lead levels in drinking water to be as low as possible. We will find the most effective means of fixing the problem. There are many easy and low-cost fixes to reduce lead in drinking water, including removing seldom-used fixtures or encouraging the use of filtered and properly maintained bottle fill stations.

How do children come in contact with lead?

Exposure to lead is a public health concern in Vermont. Potential sources include dust from deteriorated lead-based paint and products, including toys, keys, jewelry, pottery, dishes, imported candy and foods, and antique, vintage or salvaged goods. Lead can also be found in contaminated soil and old plumbing pipes and fixtures. While a major source of lead poisoning in Vermont children is paint, the lead in plumbing pipes and fixtures can add to a child's overall lead exposure.

To learn more about lead hazards and lead poisoning prevention, visit healthvermont.gov/lead.

Can I test the water in my home for lead?

Yes. To test your home for lead in drinking water, contact the Health Department Laboratory to order a \$12 first draw lead test kit. Call 802-338-4736 or 800-660-9997 (toll free in Vermont).

Where can I get more information?

If you have any questions or for more information, please dial 2-1-1.

To contact someone at EMES about the testing:

- Call Alicia Lyford at 223-7936
-

General information and a link to the summary of school or child care results and remediation, are online (NOTE: If your child's preschool or after school program is located at a school, the results will be listed under the school's name.):

- Schools: healthvermont.gov/school-drinking-water
- Child Care Programs: healthvermont.gov/childcare-drinking-water

Sincerely,

Alicia Lyford, EMES Principal



Green Up Day May 2, 2020

Mail entries to:

Green Up Vermont
PO Box 1191
Montpelier, VT
05601-1191

Or drop off at:

14-16 Baldwin St.,
Montpelier, VT
Monday-Friday
8am to 4:30pm

Questions?

Call us at 802-229-4586
or email [greenup@
greenupvermont.org](mailto:greenup@greenupvermont.org)

Artwork Deadline:

Received by
Green Up Vermont by
January 31, 2020

Poem or Essay Deadline:

Received by
Green Up Vermont
by **March 1, 2020**

501(c)(3) non-profit
greenupvermont.org

Green Up Day Poster & Writing Contest

Green Up Vermont will celebrate it's 50th anniversary of Green Up Day on May 2, 2020. Green Up Day activates volunteers from over 240 Vermont communities to clean up the roadsides and waterways for the betterment and beautification of our great state. This one-day event instills a sense of pride and ownership for all Vermonters.

The Poster Art and Writing contests are a huge part of our Green Up tradition.

- ★ Open to all students K-12. Students may submit one entry to each contests.
- ★ Entry form info must be attached to each submission.
- ★ One art entry will be chosen and used for the posters and promotion of Green Up Day.
- ★ All rights for use and production will belong to Green Up Vermont.
- ★ Entries will not be returned.

Have your Artwork Seen All Over Vermont

Guidelines for ART submissions

- Must include the words GREEN UP VERMONT
- Original free-hand work only
- Square orientation only (see templates)
- Must NOT include brand names or logos
- Relate to Vermont and litter clean-up
- Remember it is our 50th Anniversary

Winner will receive \$250

**Art Deadline: All entries must
be received by January 31**

Use Your Words to Express How You Feel About Green Up

Guidelines for POEM or ESSAY submissions

- Up to 200 words - Poem or Essay
- About Vermont's Green Up Day
- Relate to Vermont and litter clean-up
- Remember it is our 50th Anniversary

Winner will receive \$250

**Writing Deadline: All entries must
be received by March 1**

Take pride in your neighborhood! Join us on Green Up Day, Saturday, May 2, 2020

Please attach this form to the back of each entry in the upper right corner or use the guide line template provided and fill out the form on the front.

School Name: _____ Town: _____ County: _____

Student Name: _____ Grade: _____

Parent/Guardian Name: _____ Phone: _____

Teacher's Name: _____ Phone: _____ Email: _____

(Teachers, if school confidentiality prevents you from entering students info, please be sure to include your information so we can contact you.)

Print out at actual size to use as sizing template. Keep design within the box lines above.



School: _____ Town: _____ County: _____

Student Name: _____ Grade: _____

Parent/Guardian Name: _____ Phone: _____

Teacher's Name: _____ Phone: _____ Email: _____

(Teachers, if school confidentiality prevents you from entering students info, please be sure to include your information so we can contact you.)

Deadline: Artwork must be received by Green Up Vermont by January 31, 2020

Print out at actual size on 11x17 paper to use as sizing template. Keep design within this box/within the lines.



School:_____ Town:_____ County: _____

Student Name: _____ Grade: _____

Parent/Guardian Name: _____ Phone: _____

Teacher’s Name: _____ Phone: _____ Email: _____

(Teachers, if school confidentiality prevents you from entering students info, please be sure to include your information so we can contact you.)

Deadline: Artwork must be **received** by Green Up Vermont by **January 31, 2020**