January 10, 2020

EMES Mission Statement

"The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum."





2019-2020 EMES Family Newsletter

Alicia Lyford, Principal

Dear EMES Families -

January is always one of my favorite months at EMES and this year is no different. After the busy and eventful holiday season in November and December, I find the seven weeks between the new year and February break to be an extended period of uninterrupted learning. It's also a time for us to take a mid-year look at where we're at, review our goals for the year, and revisit our road maps to ensure that we meet the goals we set for ourselves in the fall. I am excited to announce that our Celebration of Learning will take place on Tuesday, February 18th—this is a time for families to visit classrooms and see first-hand the learning that is happening.

We had two special all-school assemblies since returning from break. Last Friday, PBIS groups shared all the work they did to "Give Back" to our community. Yesterday, we had a kindness assembly following our PBIS meetings. Student leaders shared examples of what it means to be kind and our very own Kindness Crew shared a skit on kindness over the years. We will continue to focus on kindness throughout the year and students were excited to hear that they will be recognized for acts of kindness on our front bulletin board.

There has been some buzz among our students recently that Winter Wellness will not be happening this year. Rest assured, we WILL be having Winter Wellness again this winter, but it will look slightly different. This program has been largely funded by our health and wellness EPSDT grant and unfortunately, those funds have been dwindling in recent years. Our district made the commitment this year to use the EPSDT funds to purchase a health curriculum which has been lacking in all of our schools. Given that, staff at EMES are brainstorming creative and engaging opportunities that are cost effective to the school and our families. Stay tuned for more details to come soon!

Have a great weekend!

Alicia







Dates to Note:
Jan 15: Community Budget Forum at Berlin 5:30 - 6:30
Jan 15: WCUUSD Board Meeting (Budget) at Berlin 6:30—9:00
Jan 20: MLK Day—No School for students
Jan 22: 7th Grade Parent Night at U-32 6:30—8:00
Jan 30: Community dinner and Resilience training with Joelle van Lent
Jan 31: Report cards mailed home
Feb 5: WCUUSD Board Meeting at U-32 6:30—9:00
Feb 13: I Love East Montpelier Lunch (details to come!)
Feb 18: Celebration of Learning 5:00—6:30 (snow date Feb 20)
Feb 19: Community Budget Forum at Calais 5:30—6:30
Feb 19: WCUUSD Board Meeting at Calais 6:30—9:00
Feb 22—March 3: February Break
March 3: Town Meeting Day—at EMES





Dear Parents and Guardians,

You are invited to participate in your school budget process! On Wednesday, January 15th at 5:30pm in the Berlin Elementary School Learning Center there will be a public forum to discuss the proposed school district budget for the towns of Washington Central (Berlin, Calais, East Montpelier, Middlesex & Worcester). The board appreciates hearing your thoughts on the budget and this forum is the perfect opportunity. We look forward to seeing you there!

Yours in Education,
Debra Taylor, Ph.D.

Join the School Board!



The WCUUSD Board of Directors is expanding from ten to 15 members on Town Meeting Day, which means YOU have an opportunity to make a difference in our schools and in our community. You do not have to be a teacher, a parent, or an expert to join a school board. School board members come from all sorts of backgrounds and walks of life. All you need is an open mind, good will, and an interest in supporting the education and development of our children and students, who are the most important resource any community has.

If you have the desire to make a positive impact on the lives of the next generation of Vermonters, visit your Town Clerk's office soon and pick up a petition. Gather the right number of signatures from registered voters in your town, and return the petition to your Town Clerk by January 27. That will place your name on the Town Meeting Day ballot as a candidate for the WCUUSD Board of Directors. We are eager to meet you, our new colleagues on the Board! If you want to know more about what it's like to be a member of a school board, or even if you just want to share your concerns and comments about our schools or the performance of the Board, please attend one of our meetings, or contact a current board member directly.

Your School Board

***News from the Art Room**: An exciting project from the 3rd grade art class!*

Third graders have been working on an exciting project the past few weeks. We have been exploring what it looks like to tell a story using only pictures. Students were introduced to the musical piece, "Pictures at an Exhibition", composed by Modest Mussorgsky. The actual paintings Mussorgsky describes through his music have been long forgotten so the student's task was to listen carefully, and illustrate the story they visualize within the music. Each student chose a part of the composition to illustrate, and their final artwork will be featured during a forthcoming concert, ***Pictures at an Exhibition: Music Inspired by Art,*** *at the Unitarian Church of Montpelier on* ***Saturday, January 18, at 7:30 pm and on Sunday, January 19, at 4:00 pm.***

Capital City Concerts has been having a lot of fun preparing for this concert, which has been detailed recently in the *Times-Argus and The Bridge. Washington D.C. pianist Jeffrey Chappell will play the Russian composer Mussorgsky's famous "Pictures at an Exhibition" – a set of pieces which describe, through music, a visit to a lost museum hung with various paintings: a bustling city market, a witch's hut, an ancient castle, unborn chicks dancing inside their shells, and other strange and whimsical scenes.*

During the concert, we will project the art the kids created while Mr. Chappell plays these thrilling, cinematic pieces by Mussorgsky. In the second half of the concert, there will be another marriage of music and art: Mr. Chappell and local flautist Karen Kevra will play a set of pieces by French composer Charles Koechlin, accompanied by stunning nature photographs taken by James Blair, a Vermont photographer famed for his work with *National Geographic.*

If you're interested in going, you can purchase tickets in advance online at www.capitalcityconcerts.org or in person (cash or check only) at Bear Pond Books in Montpelier.

SAVE THE DATE

Join us for a **free dinner**, with childcare included, for an amazing night of expertise on **Fostering Resiliency in our Children!**

Do you wonder why our youth's anxiety rate and stress is increasing?
Do you wonder how to support your child/ren through their stress and anxiety?
Do you wonder how to support the children in your community?

Please join us for a night of food and learning with dynamic speaker Joelle van Lent, Psy.D. Joelle is a licensed psychologist with a doctorate that specializes in working with families, schools and communities to improve their resilience and empower them to cope. She will help us all understand that not all stress is bad!

Where: East Montpelier Elementary School
Who: All families in the East Montpelier Community
When: Thursday, January 30, 2020. 5:30-6 dinner and 6-7 Speaker
(childcare provided)
What: Soup, bread and dessert, speaker and childcare

Please RSVP to jparker@u32.org to reserve your spot.

This evening is funded by Beth Parker's Life Changer nomination grant that she received during the 2018/2019 school year. Beth has been to 2 of Joelle's workshops and was inspired to invite her to share her wealth of knowledge with our community!

Cub Scout PACK 742
EAST MONTPELIER, VT



Cub Scout Pack 742 invites **Boys & Girls in K - 5th grade** and their families to come **LEARN ABOUT SCOUTING!!**





Pack 742 Spring 2020 Events

Jan. 6	Pack Meeting (EMES, 6:30pm)
Jan. 13/27	Den Meetings (EMES, 6:30pm)
Feb.3	**Blue & Gold Pack Meeting (EMES, 6:30pm)**
Feb. 10/17	Den Meetings (EMES, 6:30pm)
March 9	Pack Meeting (EMES, 6:30pm)
March 23/30	Den Meetings (EMES, 6:30pm)
March 15	**Pinewood Derby (EMES, noon)**
March 3	**Town Meeting Bake Sale (EMES)**
April 4-5	**Battleship Cove**
April 13	Pack Meeting (EMES, 6:30pm)
April 27	Den Meeting (EMES, 6:30pm)
May 2	**Green-up Day**
May 4	Pack Meeting (EMES, 6:30pm)
May 11/18	Den Meetings (EMES, 6:30pm)
May 15-17	**Green Mountain Council 2020 State Camporee** (Caladonia Fairgrounds, Lyndonville)
June 7	**Crossover (location TBD)**

Join us for FUN and ADVENTURE!!

FOR MORE INFORMATION ON THESE EVENTS AND MORE:

Contact Matt Curtis (802) 279-4496 or e-mail Pack742.cubmaster@gmail.com

Pack 742 website| sites.google.com/site/scoutpack742/home

Pack 742 on www.facebook.com/Pack742EastMontpelierVT/



SCOUT ME IN™



Community Connections

Martin Luther King Day Camp

School In-service Day

Monday, January 20th



Monday, January 20th 8:00a.m.—5:30p.m.

Diversity Day

Winter is a wonderful time to consider the things that make us different and how to accept others and their likes and opinions. Join us for some skits, music, outdoor activities, crafts and baking based on the things that make us unique and wonderful.

Don't forget to bring your outdoor gear as we will play outside!

To register for camps:

1. Complete the sign up sheet on the other side of this form or use this link to registar online: https://docs.google.com/forms/d/e/1FAIpQLSdbNPTFmJx0MlJ993uzO02p72vMjBT5s7DUewoskw0RA8tZnA/viewform?vc=0&c=0&w=1

2. If your child has not attended a Community Connections activity this year we will also need a 2019 - 2020 Registration form. They are available from your school's Site Coordinator or at camp.

3. Return the sign up, registration form, and payment to:

- Your school's front desk or its Community Connections Site Coordinator OR
- Scan and send it to kbolduc@u32.org and mail payment separately OR
- Mail them by January 13th to: **Community Connections**
  c/o EMES
  665 Vincent Flats Rd
  East Montpelier, VT 05651



ALL THE BASICS

• CC is one of the only local organizations offering camps on school vacations. Camps cost $40 - $55 per day on a sliding scale, so please pay what you can!
• Camp hours are **8:00 AM—5:30 PM**
• Pickups after **5:30 will be charged a $15 late fee!**
• We need a current registration/medical form for your child. If you have not filled one out this year, we **must have one** before your child can attend.
• You provide lunch and we provide 2 healthy snacks.
• In the event of field trips, transportation and admission fees are included.
• CC field trips are money-free activities. We will not go to gift shops, vending machines, arcades, etc.
• Please let us know how we may best help your child enjoy camp and discuss any special needs.

- Personal audio, phones, and video games are allowed at your own risk, and only on the bus.

PACKING LIST

- Send a healthy bag lunch with your child. (no soda or candy)
- Send appropriate clothing/items: sneakers, outdoor gear, dry socks, jackets, boots, hats, gloves, etc.
- Send a water bottle.
- **Please label your child's belongings!**

Space is limited for these camps.
Register as soon as possible!
Sorry—no refunds for cancellations as we have hired staff and held a place for your child based on your registration. Payment must be received for your child to attend!

Community Connections sites are licensed childcare programs. We accept childcare subsidies– ask us about it!

Kids will be kids! But…

Community Connections staff are experienced and trained in working with kids of all ages. To protect the safety and well-being of all children, we have expectations and standards for behavior. If a child is unable to meet those standards, even with all the support we are able to provide, we may have to call the parent or guardian and ask that the child be removed from camp.

Please help us by telling us anything about your child that will help us meet his or her needs.

Sign up online (pay at drop-off) at:

https://docs.google.com/forms/d/

Note to Parents and Guardians: Vermont weather is unpredictable. We run our camps rain or shine, so please send your child dressed appropriately - layers, winter boots, warm clothes, extra clothes, indoor shoes, hats, and gloves.

My Child _____ Gender _____ Grade _____ School _____

My child _____ Gender _____ Grade _____ School _____

will attend (and I give permission to attend and be transported by bus/van when needed) the following programs:

Date	Event	Cost	Indicate ***Your*** Rate.	Pick-up/Drop- off
Monday, Jan. 20, 2019	Diversity Day Camp—MLK	**$40-$55**	$_____/ day	East Montpelier Elementary School 665 Vincent Flats Rd.

Parent name _____ Email _____

Daytime #(s) _____ Parent Signature _____

___ I have enclosed $_____ to cover my child's enrollment (cash or check to WCSU / Community Connections).

___ I am eligible for state childcare subsidies at ____ per week.

(If your subsidy does not cover the full cost of camp you may need to pay a co-pay in order to have your child attend.)