February 11, 2021

EMES Mission Statement

"The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum."

2020-2021 EMES Family Newsletter

Alicia Lyford, Principal

Dear EMES Families -

It's hard to believe that we only have one more week of learning in the month of February! The time is just flying by and we continue to feel so grateful for each day we have with your amazing children. Tomorrow marks our first day of EMES Spirit Week 2021! Check out all the ways to show your school spirit on page 3 of this newsletter.

Valentine's Day is just around the corner and classrooms have been busy making plans to celebrate this day in a safe and special way this year. Monday also marks our 100th day of in-person schooling and we have a few special events planned for that as well. As a reminder, please **DO NOT** send Valentines in with your children this year. We will make sure this is covered for you. Thank you for understanding!

This year's snow has been amazing for children to enjoy at PE and recess. Please be sure to send them in with their winter gear each day as it has been very cold these last few weeks. We do get outside every day as long as the temperatures stay at 0 degrees or above.

Our lost and found is starting to really pile up! We will spend some time next week bringing this around to students so they can see what's in there and hopefully send some belongings home!

Have a wonderful weekend and stay warm!

Alicia

Upcoming Dates To Note:

February 12th—19th: EMES Spirit Week (see details below)

February 15th: 100th day of school and Valentine's Celebrations

February 17th: 12:30 dismissal

February 22—March 2: February Break (no school for students)

March 24th: 12:30 dismissal

April 2nd: Student Led Conferences (via Zoom!) - more to come on this soon. No school for students

April 7th: 12:30 dismissal

April 19—23: April break

May 19th: 12:30 dismissal

Helping our kids recognize and manage their feelings:
Zones of Regulation as a Useful Tool
with Megan McLane, OTR, Occupational Therapist & Jamie Spector, LICSW, School Social Worker

March 4th 6:00-7:30pm on Zoom

The ZONES of Regulation®

Sometimes our kids show us their feelings with their behavior. You might have observed your child bouncing off the furniture at home, screaming at us when they are frustrated, or stuck in bed and not wanting to go outside to play. In this workshop, we are going to introduce you to a curriculum known as Zones of Regulation. The Zones are a way to help our kids (and ourselves) quickly name how we are feeling inside our bodies and use tools to manage our feelings. This curriculum is used at many of our District's schools and there are useful tools that you can use at home as well. Please register for this workshop here. We look forward to seeing you on March 4th from 6:00-7:30pm.

The WCUUSD Annual Report can be found on the EMES website and will be mailed home to all families very soon.

Second graders sit by the fire with Mr. Blanchard during a recent PE lesson

EMES 2021 SPIRIT WEEK!

February 12-19, 2021

Show your school, spirit by participating in these special days! ***REMEMBER*** all clothing, hairdos, hats, etc. must be examples of safe, respectful and responsible behavior!

"When in doubt don't wear it out!"(Or to school!)

Friday, February 12th: Colors of LOVE Day! Let's kick off **SPIRIT WEEK** by wearing the colors of LOVE! Wear your favorite shade of red or pink today!

Monday, February, 15th: Comfy Cozy Day!

Tuesday, February 16th: School Colors Day! Wear maroon and/or white today!

Wednesday, February 17th : Crazy Hat and Hair Day! Choose a safe, responsible, respectful way to show your spirit with a crazy hat or crazy hair!

Thursday, February 18th: Jersey Day/Favorite Tee Shirt Day! Support your favorite team by "sporting" a jersey that represents them, wear an EMES shirt OR wear your favorite tee shirt!

Friday, February 19th : Class Choice Day! Decide as a class how you would like to celebrate our last SPIRIT DAY! Choose a class color, rainbow day, favorite color, book character, famous person, etc!