

December 3, 2021

EMES Mission Statement

“The purpose of our school is to teach all children to become competent, caring citizens and life-long learners through a challenging and relevant curriculum.”



Dear EMES Families -

It was wonderful to welcome your children back to school on Monday morning. I am hopeful that you enjoyed the week of Thanksgiving with them. I know several of our families were quarantining during this time and I am sorry that plans had to change somewhat last minute. My hope is that the need for whole classrooms to quarantine has come to an end with our new Test to Stay protocols. On Wednesday afternoon, Nurse Dave and I trained our staff on TTS and we are ready to implement this in the event that we have another positive case within our school community. Nurse Dave also announced that 70% of EMES students ages 5-12 have already received at least one dose of the vaccine. While this decision is a personal one and vaccinating isn't right for all families, numbers like this can and will continue to help us move forward during the pandemic. We all celebrated when our surveillance test results came back on Wednesday morning with not a single positive case after the long recess. Thank you, families, for being safe over the extended holiday break! I cannot tell you how much this means to our school community.

These past few weeks have been incredibly difficult for us as we have lost several beloved members of our community quite unexpectedly. In addition, our staff have experienced a great deal of personal loss this fall with the loss of family members. In my 20 years in education, I have not experienced anything on such a large scale as this and my heart goes out to our staff, our families, and our community. Our school counselor, Mary Beth Langevin, is working with individuals, classrooms, and staff around loss and grief as needs arise. If you would like some support on how to talk to your children about loss, please don't hesitate to reach out to Mary Beth. Our community is so strong and so supportive of one another and for this we are all so grateful. I saw a beautiful example of this last Sunday evening as about 75 members of our community joined together in our gym to support our neighbors. Another beautiful example we have seen recently is with the donations that are coming in for our CARES fund. We are able to help over a dozen EMES students and families this holiday season due largely to your generosity.

We are excited to announce that basketball practices for students in Grades 3-6 will begin on Monday, December 6th. Students will be allowed to practice in the gym in their already existing pods. We will look into the possibility of games and clinics for K-2 after the new year. This is another big step from where we were a year ago and I know many of our students are excited to get back onto the court!

Enjoy this first weekend of December!

Alicia

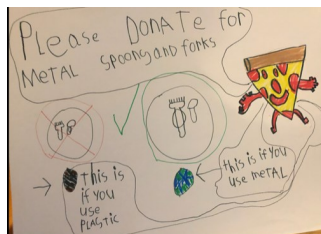
2021-2022 EMES Family Newsletter

Alicia Lyford, Principal

Upcoming Dates to Note:

- ⇒ **November 29—December 9:** EMES Mascot Submission window
- ⇒ **December 6:** 7pm PTNO Meeting—all invited! Join on Zoom
- ⇒ **December 7:** Picture Retake Day
- ⇒ **December 15:** 6pm WCUUSD Board Meeting Zoom
- ⇒ **December 22:** Unveiling of new EMES Mascot/ all school celebration
- ⇒ **December 23—January 2:** Holiday break—no school





Dear Families,

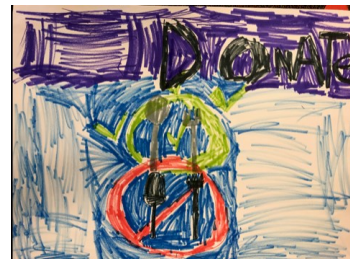
Some students in my class are very interested in helping eliminate single use plastic. They were happy to see the return of our silverware but discovered there was not enough silverware for everyone so they would like to collect some more!

"Can you please donate metal spoons and forks to the EMES lunch program so we don't have to throw

out all the plastic forks and spoons."



Mrs. Zeilenga's k/1 classroom community.



News from the PTNO:

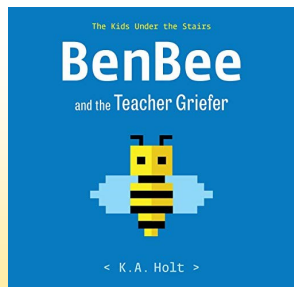
Back by popular demand is EMES Secret Neighbor! If you are interested please email Mrs. Zeilenga by **FRIDAY, DECEMBER 3rd at jzeilenga@u32.org**.

On Monday, December 6th at 7pm we will have a special PTNO meeting for those interested in attending. Here is the link: [PTNO Zoom Link](#)



Don't Forget To Send In Your Submissions For Our Next Mascot!

We are still accepting submissions for who or what you think the next EMES mascot should be! Please [submit your recommendations](#) by Thursday, December 9th. Voting will take place over the week of December 13—17 with an unveiling of our new mascot on Wednesday, December 22nd! In the winter/spring we will decide on a logo for our new mascot!



EMES Nov Book Club EMES Book Club has been rescheduled

5th & 6th Grade: Tuesday Dec 14 afterschool until 5

4th Grade: Monday Dec 20th afterschool until 5

Book: Benbee and the Teacher Griefer

- Arlyn, Mrs. Giammusso, & Mrs. Shedd



PRACTICAL SKILLS FOR RESILIENT FAMILIES

HOSTED BY WCUUSD



FREE TO WCUUSD PARENTS/CAREGIVERS

- Learn about 5 Types of Resilience
- Understand your Protective Patterns
- Use Research-based skills to center yourself, build connection, and collaboration in your family

QUESTIONS:

Jamie Spector
jspector@u32.org

REGISTRATION
DEC. 16
6:00 - 7:30PM

Free Resource for Parents from
Dovetail Learning.

Join us for a...

On-Demand Virtual Screening of the Documentary 'LIKE'
Understanding and Creating Balance in Social Media

Extended until December 9th

<https://watch.eventive.org/indieflix/play/6154c2ae6671f80062ef90e2>



LIKE breaks down why we find social media so irresistible, examines who is controlling who, and gives you the tools to pivot to a more balanced and contented relationship. It features Silicon Valley entrepreneurs, including the co-creator of the 'LIKE' button, experts in brain science and regular teenagers.



DECEMBER 2021

East Montpelier Elementary School

All students eat free.
Adult Breakfast \$4.00
Adult lunch \$5.50

Monday



Homemade Chicken
Noodle Soup
Manghi's Rolls

6

Sandwich of the day:
Turkey & Cheese

Baked
Potato Bar
All the fixin's

13

Sandwich of the day:
Turkey & Cheese

Whole Grain Corndog
Oven Fries

20

Sandwich of the day:
Turkey & Cheese

No
School

27

Tuesday

Taco Tuesday
Hard or Soft Shell
Seasoned Ground Beef,
Cheddar

7

Sandwich of the day:
Tuna Salad

Taco Tuesday
Hard or Soft Shell
Seasoned Ground Beef,
Cheddar

14

Sandwich of the day:
Tuna Salad

Holiday Meal
Roast Turkey
Stuffing, Mashed Potato
Gravy

21

Sandwich of the day:
Tuna Salad

No
School

28

Wednesday

Homemade Macaroni
and Cheese

1

Sandwich of the day:
Ham & Cheese

Homemade Pizza
Cheese, Pepperoni or
Meat Lovers

8

Sandwich of the day:
Ham & Cheese

Whole Grain Spaghetti
Meat Sauce

15

Sandwich of the day:
Ham & Cheese

Anything
Goes!

22

No
School

29

Thursday

Stir fry with
Brown Rice, Chicken
and Vegetables

2

Sandwich of the day:
Egg Salad

Chicken Patty
Sandwich
Whole Grain Roll

9

Sandwich of the day:
Egg Salad

Brunch For
Lunch

16

Sandwich of the day:
Egg Salad

No
School

23

No
School

30

Friday

Mackenzie Hot Dogs
Oven Fries

3

Sandwich of the day:
Raspberry Cream Cheese

Homemade Lasagna
Garlic Cheese Bread

10

Sandwich of the day:
Raspberry Cream Cheese

Chicken Caesar
Salad Bar

17

Sandwich of the day:
Raspberry Cream Cheese

No
School

24

No
School

31

This institution is an equal opportunity provider

Menu Subject to Change

Vegetarian option available daily, students and staff need to order vegetarian.

Salad Bar, Fresh Fruit and Milk offered Daily