



May

2023

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Special News...</p> <p><u>Did You Know?</u></p> <p>*Our Grains are whole-grain rich</p> <p>*We offer fresh fruits & veggies every day!</p> <p>*100% Fruit Juice is offered for both Breakfast & Lunch</p> <p>*Sunbutter & Jelly, Cheese Sandwich Available Daily</p> <p>*1% White, & Fat Free Chocolate Milk Always Available!</p> <p><u>Lunch Prices</u></p> <p>Paid: \$3.20</p> <p>Reduced: \$0.40</p> <p>Ala Carte Milk: \$0.90</p> <p>Menus are subject to change without notice.</p>
<p>1</p> <p>*Mini Corn Dogs</p> <p>*Winter Blend *Baby Carrots *Garbanzo Beans *Fresh Whole Fruits *100% Fruit Juice</p>	<p>2</p> <p>*Nachos</p> <p>*Refried Beans *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice</p>	<p>3</p> <p>*Chicken Quesadilla</p> <p>*Steamed Carrots *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice</p>	<p>4</p> <p>*Meatball Pizza Sub</p> <p>*Green Beans *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice</p>	<p>5</p> <p>*Fish sticks w/ Goldfish Crackers</p> <p>*Golden Sweet Corn *Fresh Red Pepper Strips *Zucchini Slices *Fresh Whole Fruits *100% Fruit Juice</p>	
<p>8</p> <p>*Chicken Nuggets w/ Pretzel Rod</p> <p>*Steamed Carrots *Baby Carrots *Garbanzo Beans *Fresh Whole Fruits *100% Fruit Juice</p>	<p>9</p> <p>*Waffles & Sausage Patty</p> <p>*Tater Tots *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice</p>	<p>10</p> <p>*Grilled Cheese Sandwich</p> <p>*Green Beans *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice</p>	<p>11</p> <p>*Salisbury Steak w Gravy & Dinner Roll</p> <p>*Mashed Potatoes *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice</p>	<p>12</p> <p>*Pizza Crunchers</p> <p>*Steamed Peas *Fresh Red Pepper Strips *Zucchini Slices *Fresh Whole Fruits *100% Fruit Juice</p>	
<p>15</p> <p>*Hot Dog on a Bun</p> <p>*Veggie Baked Beans *Baby Carrots *Garbanzo Beans *Fresh Whole Fruits *100% Fruit Juice</p>	<p>16</p> <p>*BBQ Chicken Melt</p> <p>*Steamed Cauliflower *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice</p>	<p>17</p> <p>*Ham & Cheese Melt</p> <p>*Green Beans *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice</p>	<p>18</p> <p>*Max Snax w/ Sauce</p> <p>*Golden Sweet Corn *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice</p>	<p>19</p> <p>½ Day of School</p> <p>No Lunch Served</p>	
<p>22</p> <p>*Corn Dog</p> <p>*Veggie Baked Beans *Baby Carrots *Garbanzo Beans *Fresh Whole Fruits *100% Fruit Juice</p>	<p>23</p> <p>*Chicken Drumstick w/ Dinner Roll</p> <p>*Golden Sweet Corn *Fresh Cucumber Slices *Side Salad *Fresh Whole Fruits *100% Apple Juice</p>	<p>24</p> <p>*Mozzarella Sticks w/Sauce</p> <p>*Mixed Veggies *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice</p>	<p>25</p> <p>*Chicken Tenders w/ Pretzel Rod</p> <p>*Steamed Broccoli *Side Salad *Grape Tomatoes *Fresh Whole Fruits *100% Orange Juice</p>	<p>26</p> <p>*Fish Melt</p> <p>*Steamed Carrots *Fresh Red Pepper Strips *Zucchini Slices *Fresh Whole Fruits *100% Fruit Juice</p>	
<p>29</p> <p>NO SCHOOL</p>	<p>30</p> <p>*Popcorn Chicken & Cheez-Its</p> <p>*Green Beans *Baby Carrot *Cold Green Peas *Fresh Whole Fruits *100% Apple Juice</p>	<p>31</p> <p>*Pizza Crunchers</p> <p>*Golden Sweet Corn *Fresh Broccoli *Celery Sticks *Fresh Whole Fruits *100% Grape Juice</p>			

DAILY

- Burgers
- Chicken Patty Sandwiches
- Pizza by the Slice



This institution is an equal opportunity provider.